

SHADY SIDE

ACADEMY

Senior School
WEEK 4 (FEBRUARY 22– FEBRUARY 28)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Breakfast Burrito Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Ham Egg & Cheese Muffin Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Cheesy Scrambled Eggs w/ Biscuits Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Taquitos Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Chocolate Chip Waffles Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
Comfort Combo		Hearty Vegetable Soup w/ Southwest Mushroom Sandwich Combo		Cheeseburger Soup w/ Grilled Chicken Sandwich Combo		Breakfast Chimichangas or Assorted Scrambled Eggs	Scrambled Eggs or Loaded Breakfast Grilled Cheese
Deli Sandwich	Vegetable Hummus Wrap	Vegetable Hummus Wrap	Vegetable Hummus Wrap	Vegetable Hummus Wrap	Vegetable Hummus Wrap	French Toast Sticks	Apple Streusel Pizza
A Little Extra	Boneless Wings or Tuna Salad (scoop, croissant, wrap)	Boneless Wings or Tuna Salad (scoop, croissant, wrap)	Boneless Wings or Tuna Salad (scoop, croissant, wrap)	Boneless Wings or Tuna Salad (scoop, croissant, wrap)	Boneless Wings or Tuna Salad (scoop, croissant, wrap)	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals
Main Plate	Loaded Garden Salad or Nashville Hot Chicken Sandwich Waffle Fries Broccoli	Honey Butter Garlic "Chick'n" Bowl or Bacon Ranch Turkey Quesadilla Cajun Mac & Cheese Green Beans	Caribbean Jerk Tofu Bowl or Philly Cheese Steak Steak Fries Roasted Zucchini	Barbacoa Beef Bowl or Chipotle Turkey Club Pretzels Fruit Salad	Veggie Fried Rice Bowl or BBQ Pulled Chicken Sandwich Crinkle Cut Fries Corn		
Evening Main Plate	Beef Roast w/ Mushroom Gravy or Bruschetta Flatbread w/ Balsamic Glaze Mashed Potatoes Vegetable Medley	Roasted Chicken w/ Red Pepper Cream Sauce or Spinach Phyllo Roll-ups Cavatappi Vegetable Medley	Garlic Herb Pork Loin or Kale & White Bean Stew Sweet Potato Wedges Vegetable Medley	Boarder's Choice	Avocado Chicken or Crispy Tofu w/ Pineapple Slaw Santa Fe Rice w/ Black Beans Fresh Vegetables	Ball Park Night	Chef's Choice