

SHADY SIDE

ACADEMY

Senior School
WEEK 2 (FEBRUARY 8– FEBRUARY 14)

Gluten free options are available daily.
* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Ham & Cheddar Crustless Quiche Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Burritos Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Chocolate Chip Waffles Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Chef's Choice Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Sausage Egg & Cheese Biscuit Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
Comfort Combo		Creamy Mushroom Soup w/ Hummus & Artichoke Sandwich Combo		Beef Stew w/ Grilled Provolone Sandwich Combo		Scrambled Eggs or Farmer's Breakfast Bowl	Assorted Scrambled Eggs or Bacon Egg & Cheese Muffins
Deli Sandwich	Ham & Cheddar on Pretzel Bun	Ham & Cheddar on Pretzel Bun	Ham & Cheddar on Pretzel Bun	Ham & Cheddar on Pretzel Bun	Ham & Cheddar on Pretzel Bun	Blueberry Cinnamon Granola Crepes	Chef's Choice
A Little Extra	Spicy Chicken Sandwich or BLT Chicken Salad (scoop, croissant, wrap)	Spicy Chicken Sandwich or BLT Chicken Salad (scoop, croissant, wrap)	Spicy Chicken Sandwich or BLT Chicken Salad (scoop, croissant, wrap)	Spicy Chicken Sandwich or BLT Chicken Salad (scoop, croissant, wrap)	Spicy Chicken Sandwich or BLT Chicken Salad (scoop, croissant, wrap)	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Potato Breakfast Meat Assorted Breads Fresh Baked Treats Assorted Cold Cereals
Main Plate	Korean Sausage Bowl or Metz Mac Wrap BBQ Lays Fruit Salad	Cowboy Salad or Sweet & Sour Chicken Steamed Rice Snap Peas	Italian Spaghetti Bowl or Roasted Turkey Mashed Potatoes w/ Gravy Corn	Spicy Noodle Bowl w/ Crispy Tofu or Italian Chicken Ciabatta Lays Tomato Mozzarella Salad	Chicken Caesar Salad or Cheese Calzone Garden Rice Roasted Cauliflower		
Evening Main Plate	Chicken Korma or Vegetable Tikka Masala Basmati Rice Garlic Naan Peas	Greek Night	Assorted Wings or Buffalo Tofu Sliders Tater Tots Vegetable Medley	Valentine's Dinner	Chicken Monterey or Pierogis Rice Pilaf Fresh Vegetables	Chef's Choice	Beer Battered Fish or Creamy Macaroni & Cheese Hush Puppies Fresh Vegetables