



## Holiday Planning and Survival Resources

The holidays can be a tricky time for kids with learning differences. Change in routines, endless gatherings and social pressures can zap the cheer right out of the season. Even favorite traditions can turn into a test of stamina and patience. Families everywhere are struggling to make appropriate plans during this pandemic. We have compiled these resources for you, which include ways to minimize stress and maximize well-being for your family during this unusual holiday season.

- [Holidays during the Pandemic](#) from ChildMind.org
- [How to Take the Stress Out of the Holidays](#) from ChildMind.org

## UPCOMING EVENTS

December 8, 6:15 PM  
[DCBDD Discovery Series: STABLE Accounts/Social Security/Trusts & Estate Planning](#)

December 9, 1:00 PM  
[Webinar: Mid-Year Motivation Guide: Helping Your Child Persist With Hybrid or Online Learning](#)

December 10, 5:30 PM  
[DACC Virtual Open House](#)

December 12, 9:30 AM

- [Autism and Preparing for the Holidays](#) from Seattle Children's The Autism Blog
- [Holiday Tips](#) from the Autism Society
- [16 Holiday Survival Tips for Kids with ADHD](#) from Understood.org
- [How to Help Siblings Get Along](#) from ChildMind.org

## Parent Information Series

Thank you to those who attended our **November Parent Information Series on Tips & Tricks for At Home Learning** on November 19th via Microsoft Teams. If you were unable to join us, the PowerPoint including the links discussed is available [here](#).

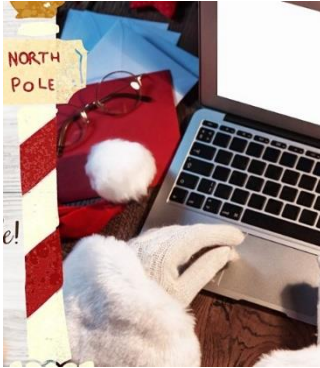
Look for information at the beginning of January about our next virtual parent training on the topic of Executive Functioning, which will be held via Microsoft Teams at 6:30 PM on Thursday, January 28<sup>th</sup>. Parent Mentor Virtual Coffee Chats will also be coming soon, and we are always here to help you with any questions or concerns. Contact your [Parent Mentor](#) any time.

[Independence Toolkit Training](#)

## Resources

The Ohio Department of Education has released a new [Resource Guide for Families and Caregivers](#) that provides helpful ideas and advice about how to support students as they navigate remote learning.

The Educational Service Center of Central Ohio (ESC) works hard every day to serve schools, their staff members, and students. Ultimately that service is intended to serve the communities and families that are a part of those schools. In a continued effort to serve schools, their staff members, and students, the ESC has created this compilation of resources and tools for parents - [Parent & Family Supports webpage](#).



## ZOOM with Santa on December 9th

Have you heard? Santa is joining us from the North Pole by Zoom! Participants will get to share their secret holiday wish with Santa and hear him read The Polar Express! Send a letter to Santa for a chance to have him read and respond to your letter LIVE during the Zoom call. Bring your coco and cookies and put on your favorite holiday attire for a holly jolly time! **You must RSVP no later than December 7th.** [Click here to R.S.V.P.](#)



## Pennsylvania Training and Technical Assistance Network (PaTTAN)

Families and professionals supporting children with disabilities face additional challenges. You are not in this alone. PaTTAN, in collaboration with the Bureau of Special Education, has created a [website to provide Resources and Supports for Educators, Families, and Students](#) during the pandemic. These supports are provided at no cost via the Bureau of Special Education, Pennsylvania Department of Education.



## DACC Virtual Visit and Open House

The Delaware Area Career Center (DACC) is an off-site elective that gives students college and career exploration opportunities, college credits, industry credentials and more. Due to the pandemic, the career center is offering virtual "visits" this year. The DACC has compiled all new virtual resources, including a [virtual Open House on December 10th](#), on its website for future students and families. [Learn more about DACC's Virtual Visits.](#)



## Buckeye Olympics



## Positive Behavioral Supports Video



## Syntero School-Based Prevention Program

Buckeye Olympics is a new student organization at The Ohio State University that is focused on providing a platform where students with intellectual and developmental disabilities can learn various sports (including dance) and compete at an annual event held in the Spring semester. For more information, please check out their [website](#) and [registration form](#).

Created in the United Kingdom, this is a [short animation](#) - just six minutes long – that gives an overview of what the Brits call "PBS," and explains how PBS approaches work in practice when supporting an individual.

Did you know your child could receive FREE mental health & substance use PREVENTION services through a partnership between Syntero and your school district?! [Syntero's School-Based Prevention Program](#) provides support in the areas of both mental health and substance use-related needs for students in grades K-12.

---

740-657-4050  
OLENTANGY SCHOOLS  
7840 Graphics Way, Lewis Center, 43035  
*Copyright © 2019, All rights reserved.*

---