

Student Name \_\_\_\_\_  
School/Teacher \_\_\_\_\_

PHOTO  
IF  
AVAILABLE

FRANKLIN SPECIAL SCHOOL DISTRICT  
FOOD ALLERGY ACTION PLAN

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

This student cannot eat or handle this food, or any food containing this as an ingredient as there is a risk of anaphylaxis (extremely severe allergic reaction).

\*\*\*\*\*  
SECTION BELOW TO BE COMPLETED BY STUDENT'S PHYSICIAN  
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**STEP 1: PREVENTION:** To prevent exposure, FSSD schools have a policy of no sharing of food at school. In addition, there is no food allowed on school buses. All schools can provide an allergy alert cafeteria table or zone, and an allergy alert classroom(s) where every effort is made to prevent exposure to the food allergen. Please indicate below if the student requires the above accommodations, or indicate if the parent can choose their preference for this child.

Student should be assigned to "Allergy Alert" lunch table/zone:    \_\_\_ Yes \_\_\_ No \_\_\_ Parent/Guardian Choice

Student should have an "Allergy Alert" classroom:                \_\_\_ Yes \_\_\_ No \_\_\_ Parent/Guardian Choice

**STEP 2: TREATMENT**

**Administer medication if child has ingested or come in to contact with the above named food OR if ingestion is suspected and symptoms are observed.**

Mouth: Itching, tingling, or swelling of lips, tongue, mouth:	___ Epinephrine	___ Antihistamine
Throat: Itching, throat closing up, hoarseness, hacking cough:	___ Epinephrine	___ Antihistamine
Gut: Nausea, abdominal cramps, vomiting, diarrhea:	___ Epinephrine	___ Antihistamine
Lung: Shortness of breath, repetitive coughing, wheezing:	___ Epinephrine	___ Antihistamine
Heart: Thready pulse, low blood pressure, fainting, pale, bluish discoloration	___ Epinephrine	___ Antihistamine
Other: _____	___ Epinephrine	___ Antihistamine
If reaction progressing or several of above areas affected:	___ Epinephrine	___ Antihistamine

**\*\*The severity of symptoms can quickly change to potentially life threatening\*\***

It is my opinion that this student \_\_\_ is \_\_\_ is NOT (check one) competent to possess an epinephrine auto-injector (if provided by the parent/guardian) to self-administer on school property or at school events according to this health care plan.

**STEP 3: EMERGENCY CALLS**

CALL 911 after epinephrine is administered. State that child is having an anaphylactic reaction and has received initial dose of epinephrine and additional may be needed.

**MEDICATION DOSAGE:**

**Epinephrine:** \_\_\_\_\_ **Inject intramuscularly per manufacturer instructions.**

Quantity Received: \_\_\_\_\_ Medication Expiration Date: \_\_\_\_\_

Possible Side Effects: \_\_\_\_\_

**Antihistamine:** \_\_\_\_\_ **(medication, dose, route).**

Quantity Received: \_\_\_\_\_ Medication Expiration Date: \_\_\_\_\_

Possible Side Effects: \_\_\_\_\_

Additional Orders/Considerations: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**PARENT/GUARDIAN TO COMPLETE THE SECTION BELOW**

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Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Emergency Contact if parent not available: \_\_\_\_\_

(Authorized to act in behalf of parents if we are unable to contact parent)

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Please describe any previous reaction(s) and date of reaction that your child has had to this food. Describe symptoms and treatment that was required for the reaction(s).

My child \_\_\_\_\_ will \_\_\_\_\_ will NOT (check one) possess an epinephrine auto-injector (provided by parent) to self-administer on school property or at school events according to this health care plan. I release FSSD or its employees from liability as a result of my child's failure to carry or administer the medication according to the physician orders in this individualized healthcare plan.

Epipen/Epipen Jr. provided by parent/guardian WILL be carried by child on Bus # \_\_\_\_\_.

- **EPINEPHRINE AUTO-INJECTORS ARE TO BE PROVIDED BY THE PARENT/GUARDIAN TO BE KEPT AT SCHOOL AND AVAILABLE FOR THE STUDENT DURING SCHOOL AND ON FIELD TRIPS. IF STUDENT IS A BUS RIDER, ADDITIONAL AUTO-INJECTOR SHOULD BE PROVIDED FOR BUS TRANSPORTATION. IN THE EVENT THAT AN EPINEPHRINE AUTO-INJECTOR IS NOT AVAILABLE, 911 WILL BE CALLED.**
- **EXPIRED AUTO-INJECTORS MUST BE REPLACED. AN EXPIRED AUTO-INJECTOR CANNOT BE ADMINISTERED BY THE SCHOOL NURSE OR OTHER TRAINED ASSISTIVE PERSONNEL.**
- **MEDICATIONS MUST BE PICKED UP BY A PARENT/GUARDIAN AT THE END OF THE SCHOOL YEAR. MEDICATIONS NOT PICKED UP WILL BE DISPOSED OF ACCORDING TO STATE REGULATIONS.**

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**SCHOOL NURSE TO COMPLETE THE SECTION BELOW**

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The following staff are trained to administer Epinephrine for this student:

\_\_\_\_\_ Location in building: \_\_\_\_\_  
 \_\_\_\_\_ Location in building: \_\_\_\_\_  
 \_\_\_\_\_ Location in building: \_\_\_\_\_

Location in building of child's Epinephrine: \_\_\_\_\_

On field trips, Epinephrine will be with: \_\_\_\_\_

I understand that health information regarding my child will be kept confidential, but shared with school personnel on a need to know basis in order to protect the health and safety of my child. I release the Franklin Special School District from any legal claim and assume full responsibility for any adverse reactions my child may suffer as a result of taking or failing to take the medication. I understand that my child may be administered medication/procedures on field trips or in the absence of a school nurse by unlicensed, trained personnel (such as a teacher/school employee). I understand that my child will be administered medications and emergency treatment as indicated by the physician orders on other side of this form. This treatment will be administered even if a parent/guardian cannot be reached. The physician completing the other side of this form has permission to provide this and other information regarding my child's health needs to the school nurse, principal or designated assistive personnel. The school nurse has my permission to speak with my child's physician regarding this plan and related health issues to promote the health and safety of my child. I understand and agree that my child may be assisted with medication administration/procedures on field trips or in the absence of a school nurse by unlicensed trained personnel (such as a teacher). I understand that if emergency medications have not been provided by the parent/guardian, 911 will be called. I agree that this health plan meets the needs of my child.

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Nurse Name

\_\_\_\_\_  
Nurse Signature

\_\_\_\_\_  
Date