

A choice of milk is provided at breakfast and lunch daily.

January 2021 Middle, High School Barbour and Montessori Menu

Meal	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Breakfast	Breakfast Kit	Cereal Bowl Strawberry Cup	Small Muffin/Bread Applesauce	Mini Cinnis Pears	Breakfast Bar Fruit Cocktail
Lunch	Corn Dogs (mini or regular)	Turkey Sandwich w/Cheese/WG Bun	Meal to go:	Pizza	Taco Stick w/Salsa
Entrée 1 or Entrée 2	Grilled Cheese	Cheese or French Bread Pizza	Turkey Sandwich w/Cheese & Chips	Hummus, Cheese Cubes & Pretzels	Chef Salad
Fruit or Veg Fruit or Veg	Baked Fries Mandarin Oranges	Seasoned Green Beans Juice Box	Veggie Juice Peaches	Deli Roaster Potatoes Slushie Cup	Refried Beans Orange Juice
	11	12	13	14	15
Breakfast	Breakfast Kit	Small Muffin/Bread Mandarin Oranges	Mini Cinni Juice Box	Breakfast Bar Peaches	Cereal Bowl Orange Juice
Lunch	Chicken Patty w/Cheese WG Bun	Burritos w/Salsa	Meal to go:	Pizza	All Beef Hot Dog/WG Bun
Entrée 1 or Entrée 2	Cheese Filled Breadsticks w/ Marinara	Chef Salad	Sun Butter/Cheese/Bug Bites	Yogurt/Cheese/Bug Bites	Grilled Cheese
Fruit or Veg Fruit or Veg	Mashed Potatoes w/Gravy Pineapple Tidbits	Corn Strawberry Cup	Baby Carrots w/Dip Applesauce	Baked Fries Pears	Vegetarian Beans Baked Fries
	18	19	20	21	22
Breakfast		Mini Cinni Orange Juice	Breakfast Bar Pineapple Tidbits	Cereal Bowl Strawberry Cup	Small Muffin/Bread Applesauce
Lunch	NO SCHOOL	Hamburger/Cheeseburger WG bun	Meal to go:	Pizza	Spaghetti w/Meat Sauce
Entrée 1 or Entrée 2		Cheese or French Bread Pizza	Yogurt/Cheese/Bug Bites	Chef Salad	Sun Butter & Cheese Stick
Fruit or Veg Fruit or Veg		Baked Fries Fruit Cocktail	Fresh Veggies w/Dip Mandarin Oranges	Green Beans Juice Box	Garden Salad Peaches
	25	26	27	28	29
Breakfast	Breakfast Kit	Breakfast Bar Pears	Cereal Bowl Fruit Cocktail	Small Muffin/Bread Pineapple Tidbits	Cinni Minis Juice Box
Lunch	Walking Tacos	Lasagna	Meal to go:	Pizza	Fish Sandwich w/Cheese
Entrée 1 or Entrée 2	Cheese or French Bread Pizza	Hummus, Cheese Cubes & Pretzels	Turkey Sandwich w/Cheese	Omelet/Banana Loaf	Yogurt/Cheese/Bug Bites
Fruit or Veg Fruit or Veg	Refried Beans Corn	CA Blend Veggies Mandarin Oranges	Fresh Veggies w/Dip Orange Juice	Baked Sweet Potato Fries Slushie Cup	Garden Salad Strawberry Cup