

# JANUARY 2021

## MENU FOR **GRADE 3-4-5 - MIDDLE SCHOOL (6,7,8) - HIGH SCHOOL (9,10,11,12)**

	January 4 - January 8 2021	11 January - 15 January 2021	January 18 - January 22, 2021	January 25 - January 29 2021
MONDAY	CHRISTMAS BREAK	Pasta carbonara <b>(cereals containing gluten, egg, milk)</b>	Homemade Genoese pesto pasta <b>(cereals containing gluten, milk, nuts)</b>	Pasta with tomato and basil <b>(cereals containing gluten)</b>
	CHRISTMAS BREAK	Zimino	Chickpea cream	Leek cream
	CHRISTMAS BREAK	Roast veal	Turkey cuts	Meatloaf with mozzarella heart <b>(cereals containing gluten, eggs, milk)</b>
	CHRISTMAS BREAK	Spinach pie <b>(cereals containing gluten, milk, eggs)</b>	Scrambled eggs with bacon <b>(eggs)</b>	Vegetable and ricotta pie <b>(cereals containing gluten, milk, eggs)</b>
	CHRISTMAS BREAK	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
TUESDAY	CHRISTMAS BREAK	Homemade pesto lasagna <b>(eggs, milk, cereals containing gluten, nuts)</b>	Meat tortellini with cheese <b>(cereals containing gluten, milk)</b>	Ricotta and spinach ravioli with butter and sage <b>(cereals containing gluten, eggs, milk)</b>
	CHRISTMAS BREAK	Savoy cabbage cream	Mixed legume soup <b>(cereals containing gluten)</b>	Lentil soup
	CHRISTMAS BREAK	Pork stew with soy sauce <b>(soy)</b>	Homemade fish nuggets <b>(cereals containing gluten, fish, eggs)</b>	Salmon fillets in cherry tomato sauce <b>(fish)</b>
	CHRISTMAS BREAK	Eggplant meatballs <b>(cereals containing gluten, eggs)</b>	Vegetable meatballs <b>(eggs, milk, cereals containing gluten)</b>	Eggplant parmigiana <b>(cereals containing gluten, milk)</b>
	CHRISTMAS BREAK	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
WEDNESDAY	CHRISTMAS BREAK	Pasta and beans <b>(cereals containing gluten)</b>	Pasta with vegetarian ragu <b>(cereals containing gluten)</b>	Pasta with meat ragu <b>(cereals containing gluten)</b>
	CHRISTMAS BREAK	Red cabbage soup	Potatoes cream	Carrot and ginger cream
	CHRISTMAS BREAK	Salmon fillets with cherry tomatoes <b>(fish)</b>	Meatballs In Tomato Sauce <b>(cereals containing gluten, eggs, milk)</b>	Stuffed cabbage rolls <b>(eggs, cereals containing gluten, milk)</b>
	CHRISTMAS BREAK	Zucchini parmigiane <b>(milk)</b>	Zucchini parmigiana <b>(milk)</b>	Cheese omelette <b>(eggs, milk)</b>
	CHRISTMAS BREAK	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
THURSDAY	Pasta with tuna and tomato <b>(cereals containing gluten, fish)</b>	Rice with tomato	Paella <b>(cereals containing gluten)</b>	Pasta and beans <b>(cereals containing gluten)</b>
	Minestrone	Peas cream	Peas cream	Pappa al pomodoro
	Roast turkey in gravy sauce	Homemade Chicken Nuggets <b>(cereals containing gluten, eggs)</b>	Cod fillets au gratin with cherry tomato sauce <b>(cereals containing gluten, fish)</b>	Roast pork with rosemary potatoes
	Genoese meatloaf <b>(cereals containing gluten, eggs, milk)</b>	Eggplant parmigiana <b>(milk)</b>	Vegetable burger <b>(cereals containing gluten, eggs, milk)</b>	Mozzarella in carrozza <b>(cereals containing gluten, milk, eggs)</b>
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
FRIDAY	Rice with tomato	Pasta with salmon cream <b>(cereals containing gluten, fish)</b>	MEXICAN THEME DAY	Rice with tomato
	Lentil cream	Tuscan ribollita <b>(cereals containing gluten)</b>	MEXICAN THEME DAY	Potatoes cream
	Pizza margherita <b>(cereals containing gluten, milk)</b>	Hamburger <b>(eggs, milk, cereals containing gluten)</b>	MEXICAN THEME DAY	Pizza margherita <b>(cereals containing gluten, milk)</b>
	Ham and cheese rolls <b>(milk)</b>	Spelt and barley pie with vegetables <b>(cereals containing gluten)</b>	MEXICAN THEME DAY	Genoese meatloaf <b>(cereals containing gluten, eggs, milk)</b>
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
<p>** In many preparations rice flour is used instead of 00 flour. Gluten-free and lactose-free options are always available. Pasta in bianco is always available. For any question or request, ask Pedevilla staff or write to <a href="mailto:isgfeedback@pedevilla.it">isgfeedback@pedevilla.it</a></p>				

