

# Winter BINGO



TRY OUT A NEW RECIPE	BUNDLE UP & TAKE A WALK OUTSIDE	MAKE A WARM BEVERAGE FOR SOMEONE YOU LOVE	GIVE YOURSELF ONE NIGHT OF QUIET	DONATE FOOD OR CLOTHING TO A LOCAL CHARITY
JOURNAL FOR TEN MINUTES	CREATE A CALM SPACE WITH CANDLES, MUSIC, ETC.	DO 25 RANDOM ACTS OF KINDNESS	ASK A FRIEND HOW THEY'RE DOING AND REALLY LISTEN	LEARN HOW TO SAY, "HAPPY HOLIDAYS" IN THREE DIFFERENT LANGUAGES
SET A NEW YEAR'S RESOLUTION THAT FOCUSES ON STRENGTH	BAKE COOKIES FOR A NEIGHBOR	PUT ON FUZZY SOCKS	MAKE A HOMEMADE GIFT FOR A FRIEND	CREATE A NEW FAMILY OR FRIEND TRADITION
MAKE A PILLOW FORT	TEST OUT COCOA & CIDER RECIPES	TAKE A BREAK FROM SCREENS	VOLUNTEER AT A LOCAL PET SHELTER	CREATE A WINTER FEEL-GOOD PLAYLIST
MAKE PAPER SNOW FLAKES	WRITE LETTERS OF GRATITUDE TO THREE PEOPLE WHO GIVE YOU STRENGTH	COZY UP WITH A GOOD BOOK	HELP OUT A NEIGHBOR	HOST A VIRTUAL SPECIAL MEAL WITH YOUR FAMILY OF CHOICE

# Winter BINGO


