

# Feb. Conditioning

## 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Conditioning 3:15 DHS Meet @ South End	9	10 Conditioning 3:15 DHS Meet @ South End	11	12	13
14	15 Conditioning 3:15 DHS Meet @ South End	16	17 Conditioning 3:15 DHS Meet @ South End	18	19	20
21	22 President's Day No School	23	24 Conditioning 3:15 DHS Meet @ South End	25	26	27
28	1 Tryouts 3:30 Location: TBD	2 Tryouts 3:30 Location: TBD	3 Tryouts 3:30 Location: TBD	4	5	6

Bring - 1-Water – 2 Running Shoes – 3- Outdoor and Indoor Soccer Shoes

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