

# Jan. Conditioning

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1		1	2
3	4	5	6	7	8	9
10	11 Conditioning 3:15 DHS Meet @ South End	12	13 Conditioning 3:15 DHS Meet @ South End	14	15	16
17	18 MLK Day No school	19	20 Conditioning 3:15 pm DHS Room 2205	21	22	23
24	25 Conditioning 3:15 DHS Meet @ South End	26	27 Conditioning 3:15 DHS Meet @ South End	28	29	30
31						

Bring: 1-water 2-running shoes 3-outdoor and indoor soccer shoes

# Feb. Conditioning

## 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Conditioning 3:15 DHS Meet @ South End	9	10 Conditioning 3:15 DHS Meet @ South End	11	12	13
14	15 Conditioning 3:15 DHS Meet @ South End	16	17 Conditioning 3:15 DHS Meet @ South End	18	19	20
21	22 President's Day No School	23	24 Conditioning 3:15 DHS Meet @ South End	25	26	27
28	1 Tryouts 3:30 Location: TBD	2 Tryouts 3:30 Location: TBD	3 Tryouts 3:30 Location: TBD	4	5	6

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