

Confirmation Formation Checklist

Due April 2022

All of the following must be completed outside of CCF and School time

Formation

- *7th Grade Large Group Sessions*
 - *Cancelled because of COVID*
- *8th Grade Large Group Sessions*
 - 1st Date _____
Parents Initial _____
 - 2nd Date _____
Parents Initial _____
 - 3rd Date _____
Parents Initial _____
- *Confirmation Retreat- Summer 2021*
 - Date _____
Parent's Initial _____
- *Confirmation Faith Sharing Interview- September 2021*
 - Date _____
Parent's Initial _____

Parish Community

- *Attend Junior High Youth Ministry Social Event (one)*
 - Date/Event _____
Parents Initial _____
- *Attend Parish Social Events (Fish Fry, Spaghetti Dinner, Donut Social, etc.) (three)*
 - 1st Date/Event _____
 - 2nd Date/Event _____
 - 3rd Date/Event _____
Parent's Initial _____

*Please note that some of these items on the checklist and service logs may not be possible to accomplish depending on where we are with COVID. Please accomplish what you can and don't worry about what you can't.

Spirituality

- *Participate at OLGC Youth Mass (one)*
 - Date _____
 - Parents Initial _____
 - *Participate at Stations of the Cross or Pray the Rosary in Mary's Garden at OLGC (circle one)*
 - Date: _____
 - Parent's Initial _____
 - *Spend 5 hours in Adoration of the Blessed Sacrament (Holy Hour)*
 - **See attached Adoration Log**
 - *Celebrate Confession at least twice*
 - 1st: Parent's Initial _____
 - 2nd: Parent's Initial _____
 - *Visit one of the below (circle one)*
 - Cathedral of St. Thomas Moore in Arlington, VA
 - Basilica of St. Mary in Old Town Alexandria, VA
 - Basilica of the National Shrine of the Immaculate Conception in D.C.
 - Franciscan Monastery in D.C.
 - JPII National Shrine in D.C. (Visit the JPII Museum)
 - Other _____
- Date: _____ Parent's Initial _____

Service

Please see the backside of this page and the 3 attached service logs.

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SERVICE

- **A total of 30 Hours of Service is to be completed in the following areas**
- **Please record on the attached Service Logs**

OLGC Liturgical Service (10 Hours)

- To be completed at Weekend Masses
- Please contact Gerard Hall at liturgy@olgcv.org to sign up for any of these ministries:
 - Children's Liturgy of the Word
 - Altar Serving
 - Lectoring
 - Ushering
 - Music/Choir

OLGC Community Service (10 Hours)

- CCF Catechist Aide
 - Contact Amy MacKinnon at ccfcoordinator@olgcv.org
- Parish Lenten Fish Fry Prep and Service
 - Signupgenius to come
- Fall Fest Booths
 - Signupgenius to come
- 1st Eucharist Retreat
 - Signupgenius to come
- Parishioners who need assistance
- Other

Please note that Derek Rogers will be hosting service opportunities throughout the year as possible depending on COVID. Please keep your eye out on email for more details.

Local Community Outreach (10 Hours)

Local Community Outreach should fit into one of the Corporal or Spiritual Works of Mercy (see below). Examples include:

- Local soup kitchens
- S.O.M.E- So Others Might Eat
- C.H.O- Committee Helping Others
- The Lamb Center
- Hope Center
- Tutoring
- Local Cemeteries- clean the gravestones

Corporal Works of Mercy

- Feed the Hungry
- Give Drink to the Thirsty
- Shelter the Homeless
- Visit the Sick
- Visit the Prisoners
- Bury the Dead
- Give Alms to the Poor

Spiritual Works of Mercy

- Counsel the Doubtful
- Instruct the Ignorant
- Admonish the Sinner
- Comfort the Sorrowful
- Forgive Injuries
- Bear Wrongs Patiently
- Pray for the Living and the Dead