


JAN 15
2021
MAR 1

WINTER WARM UP

FITNESS CHALLENGE



Walk  Run  Bike  Move

*You choose **how**, **when**, and **where** you do it, just move your way to 50K by March 1!*



Vadnais Heights

Sign up by January 15, 2021

\$10 for medal & challenge packet - while supplies last

Option to sign up for free (no medal)

cityvadnaisheights.com