

\_\_\_\_\_  
Student name

\_\_\_\_\_  
Date of birth

\_\_\_\_\_  
Parent/guardian name

\_\_\_\_\_  
Telephone number

\_\_\_\_\_  
Mailing address

\_\_\_\_\_  
City State Zip code

\_\_\_\_\_  
School

\_\_\_\_\_  
Grade Student ID number

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

**DIET ORDER**

Federal law and USDA regulation require school nutrition programs to make reasonable modifications to accommodate children with disabilities. Under the law, a disability is defined as an impairment which substantially limits a major life activity, which can include allergies and digestive conditions, but does not include personal diet preferences.

1. List the food(s)/beverage(s) to be avoided:

2. How does ingestion of the food/beverage affect the child:

3. List all food(s)/beverage(s) to be substituted:

\_\_\_\_\_  
Signature of state-recognized medical authority\*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Email address

\_\_\_\_\_  
Telephone number

\*A licensed health care professional authorized to write medical prescriptions in Washington State.

Nutrition Services recorded:

\_\_\_\_\_  
Date Initials

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Persons with disabilities who require alternative means of communication for program information (e.g. braille, large print, audiotape, American Sign Language, etc.) should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the federal relay service at (800) 877-8339. Additionally, program information may be made available in languages others than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requestewd in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter by mail to: U.S. Department of Agriculture (USDA), Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410; or fax it to: (202) 690-7442; or email it to: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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