



Athletics Opt-In Policies

1. I understand that face masks are to be worn to and from all tryouts and practices. Athletes must keep the face mask on until otherwise instructed by their coach. Participants should bring a ziploc bag for mask storage.
2. I understand that the use of masks will not be required for athletic participation. Masks will be utilized up until the time that practices or pre-contest warm-ups begin.
3. I understand that if my child selected at-home learning, he/she will have his/her temperature checked prior to the start of practice.
4. I understand that physical distancing will be utilized when at all possible. Student-athletes will be reminded about the importance of physical distancing, limiting what they touch, separating from others when sneezing or coughing, and using hand sanitizer or washing hands often.
5. I understand that if an individual tests positive at the school and is not wearing a mask, anyone who was directly exposed to that person, including at an athletic practice or contest, will be notified and required to quarantine for 10 days.
6. I understand that high school athletes will utilize multiple designated changing areas on the athletic campus. Masks will be required to be worn while changing.
7. I understand that restrooms will be restricted to emergencies only. Restrooms will be designated by activity locations.
8. I understand that athletes will need to depart campus as soon as their tryout, practice, or competition concludes. There will be no loitering on campus following any athletic event.
9. I understand that parents are restricted from being on campus during tryouts and practices, with the exception of the parking garage or West Drive. Parents are to remain in their cars in these areas and should be mindful of being on time following their child's practice.
10. I understand that decisions on spectators for on-campus events will be determined and communicated at the appropriate time. This will vary from venue to venue.
11. I understand that masks will be required for all forms of athletic transportation. For sports where transportation is not provided (such as high school cross country, golf, rowing, track & field and tennis), plans will be left up to individual families to determine how their child will attend practices and events for these athletic activities. This is an existing policy. Masks will be strongly recommended if students choose to carpool.
12. I understand that athletes are required to bring their own labeled water bottles with them daily.