

Kindergarten Readiness List

Social/Emotional		We are working on this	Yes, my child can do this
1	My child can follow 2-step directions consistently and is beginning to follow 3-step directions.		
2	My child can remember and follow routines (ex: dinner, bath, brush teeth, read bedtime story, go to bed).		
3	My child can tell about his/her own feelings (ex: I feel happy, I feel sad, I feel excited).		
4	My child can calm him/herself when frustrated or upset.		
5	My child can put on his/her own coat.		
6	My child can use the bathroom independently.		
7	My child can wash his/her hands.		
8	My child can put away toys, clean up small spills and pick up after him/herself.		
9	My child shares, takes turns and helps others.		
10	My child adjusts to new situations and/or people.		
11	My child plays cooperatively with others.		
12	My child can comfort others.		
13	My child has the opportunity to play regularly with the same friends his/her age.		
Physical		We are working on this	Yes, my child can do this
1	My child can run, jump and gallop.		
2	My child can stand on one foot.		
3	My child can throw and catch a large ball.		
4	My child can kick a ball.		
5	My child can cut using scissors.		
6	My child can hold and use a pencil.		
7	My child can buckle, zip, snap, and button.		
Language		We are working on this	Yes, my child can do this
1	My child can use words to express his/her thoughts and needs.		
2	My child can name and describe familiar things in his/her world.		

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3	My child uses new words every day.		
4	My child speaks clearly and is understood by most people.		
5	My child can speak in 4-6 word sentences.		
6	My child can talk about things that happened in the past, with details.		
7	My child can have a conversation on one topic with another person, taking turns talking.		
Cognitive		We are working on this	Yes, my child can do this
1	My child can think of more than one way to solve a problem.		
2	My child shows curiosity and seeks answers to questions.		
3	My child shows flexibility and creativity in play and problem solving.		
4	My child can group things by color, shape, or size, etc.		
5	My child can sit still, stay focused and stick with an activity.		
Literacy		We are working on this	Yes, my child can do this
1	My child knows 5-10 rhymes or children's songs.		
2	My child knows if words start with the same sound (for example: big, brown, bear).		
3	My child can hear parts of words (ex: hap-py, 2 parts or 2 syllables).		
4	My child recognizes and names 10-20 upper and 10-20 lower case letters.		
5	My child says the correct sounds for 10-20 letters.		
6	My child is familiar with the parts of a book: cover, title, pages, words, etc.		
7	My child reads with an adult or listens to a story daily; he/she can talk about and retell a story.		
8	My child "writes" a story by drawing pictures and/or using letters.		
9	My child can write his/her name and identify the letters.		
10	My child can say the alphabet.		
Math		We are working on this	Yes, my child can do this
1	My child can count 10-20 objects, pointing to each object.		
2	My child can count out loud, in order, up to 20.		

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3	My child is beginning to understand and use the words more, less and the same.		
4	My child can identify numbers 1-10.		
5	My child connects numbers 1-10 with the matching set of objects.		
6	My child identifies common shapes (ex: circle, square, triangle, rectangle).		
7	My child matches and sorts simple shapes.		
8	My child uses measuring tools in play (ex: cups, spoons, ruler, scale).		
9	My child uses words to describe things by size, shape, and weight (ex: big, circle, heavy).		
10	My child can put things in order (ex: 1st, 2nd, 3rd).		
Personal Information		We are working on this	Yes, my child can do this
1	My child knows his/her first name, last name and parents' names.		
2	My child knows his/her address and phone number.		
3	My child can name 10 body parts (head, shoulders, knees, fingers, etc.).		
4	My child knows his/her age and birthday.		