



The Early Education Center at Wesleyan Christian Academy

WEEKLY Allergen Friendly DINING MENU

December 21st - January 6, 2020

	21st Monday	22nd Tuesday	23rd Wednesday	24th Thursday	25th Friday
AM Snack	100% Fruit Juice Milk/Water Cheerios	100% Fruit Juice Milk/Water Sausage	100% Fruit Juice Milk/Water Bacon		
Lunch	Roasted Chicken Brown Rice Green Beans Mandarin Oranges Milk or Juice	Cheeseless Philly Steak Corn Tortilla Green Peas Apple Sauce Milk or Juice	Roasted Turkey Pasta with Marinara Baby Carrots Pears Milk or Juice	Christmas Eve	Christmas
PM Snack (Early Ed and After School)	Hummus Celery Sticks	Rice Cake Clementine	Apple Slices Tortilla Chips		

	28th Monday	29th Tuesday	30th Wednesday	31st Thursday	1st Friday
AM Snack	Break	Break	Break	Break	Break
Lunch					
PM Snack (Early Ed and After School)					



The Early Education Center at Wesleyan Christian Academy

WEEKLY Allergen Friendly DINING MENU

January 4th - January 15th, 2020

	4th Monday	5th Tuesday	6th Wednesday	7th Thursday	8th Friday
AM Snack	100% Fruit Juice Milk/Water Rice Chex	100% Fruit Juice Milk/Water Sausage	100% Fruit Juice Milk/Water Cheerios	100% Fruit Juice Milk/Water Sun Butter Rice Cake	100% Fruit Juice Milk/Water Cinnamon Chex
Lunch	Beef Taco Brown Rice(WG) Green Peas Diced Pears Milk or Juice	Pig in a Blanket Corn Tortilla Green Beans Peaches Milk or Juice	Allergen Friendly Meat Loaf Rice Carrots Pineapple Milk or Juice	Chicken Tacos Corn Tortilla Broccoli Mixed Fruit Milk or Juice	Allergen Friendly Pasta with Meatsauce Cauliflower Mandarin Oranges Milk or Juice
PM Snack (Early Ed and After School)	Rice Cake Raisins	Applesauce Cinnamon Chex	Banana Celery Sticks	Cheerios Fruit Cup	Sun Butter Carrots

	11th Monday	12th Tuesday	13th Wednesday	14th Thursday	15th Friday
AM Snack	100% Fruit Juice Milk/Water Cinnamon Chex	100% Fruit Juice Milk/Water Sliced Ham	100% Fruit Juice Milk/Water Cheerios	100% Fruit Juice Milk/Water Rice Cake and Jelly	100% Fruit Juice Milk/Water Rice Chex
Lunch	Beef Taco Brown Rice(WG) Broccoli Mixed Fruit Milk or Juice	Pig in a Blanket Corn Tortilla Green Peas Pears Milk or Juice	Allergen Friendly Meat Loaf Rice Cauliflower Mandarin Oranges Milk or Juice	Chicken Tacos Corn Tortilla Baked Beans Peaches Milk or Juice	Allergen Friendly Pasta with Meatsauce Green Beans Pineapple Milk or Juice
PM Snack (Early Ed and After School)	Apple Slices Carrots	Rice Cake Raisins	Applesauce Tortilla Chips	Cheerios Fruit Cup	Sun Butter Celery Sticks