



December 18, 2020

WINTER BREAK DECEMBER 21 - JANUARY 1

 Happy Holidays! 

MESSAGE FROM PRINCIPAL VANDERVEER



Dear RHS Students and Families:

I hope this message finds you and yours in good health and looking forward to the Winter Break. I cannot think of a time when a break felt more welcome or more needed.

This fall, we have continued to learn from, reflect on, and improve our strategies for remote learning, and student and family feedback has been a very important part of that process. In 2021, we will be looking to include students in our RHS building equity team, our RHS student cabinet, and the LWSD student advisory board. Each of these teams will highlight student voice, providing students the chance to share their thoughts, concerns, and unique perspectives on a variety of issues connected to their experiences in school. Once we return from break, students will learn more about the application and/or nomination process for participating in these groups.

Work has also continued on our campus to upgrade and improve our building. This fall, an entry control system was installed in our Main Office. This new visitor entrance (similar to what you may have seen in many LWSD elementary and middle schools) will help to direct visitors to the Main Office and allow RHS to keep all doors secured during the school day.

RHS staff and student leadership are also planning for different ways to engage and celebrate our students. Today in Homeroom, students enjoyed the virtual Winter Spirit Assembly, featuring student performances, artwork, and games. Thank you to all of the students and staff who worked remotely to create this amazing celebration!

On behalf of the RHS staff, we wish you a very Happy Holiday and a joyous New Year!

Jill VanderVeer
Principal, RHS

2021-22 COURSE SCHEDULE

Online Registration

New: Online registration information for the 2021-2022 school year

Students will learn about registration during homeroom on January 5th and January 12th. *See schedule below.*

Students will need to log into their Skyward account from home and input their course requests.

"In house" refers to registration of *current* 9th, 10th, and 11th grade students. In house students may register online with Skyward any day or time between January 12 and January 26 at 3pm.

8th graders that are registering will not have an open window like in house students. Instead, RHS counselors are working with the middle schools and "going" to their classes on info day, and then again on submission day.

Date	Activity
Tuesday, 1/5 Homeroom	<ul style="list-style-type: none"> • Homeroom teachers will play the 2021-22 Registration video during homeroom to current 9th, 10th, and 11th graders. • Students will use the Course Choice Sheet and Course Catalog (available on the RHS Website under "Counseling/Course Registration") to fill out the Course Registration Worksheet. • The course catalog, registration videos and handouts will be available on the RHS website under Counseling/Course Registration.
Tuesday, 1/12 Homeroom	<ul style="list-style-type: none"> • Homeroom teachers will play the 2021-2022 Course Submission video during homeroom for current 9th, 10th, and 11th graders. • Students will submit course requests in Skyward. • The LAST day to enter course requests in Skyward will be on Tuesday, 1/26 at 3 p.m.

LWSD EMERGENCY COORDINATION CENTER

Covid-19 Updates

New: Did you know LWSD has an Emergency Coordination Center (ECC) team that has been working non-stop since the pandemic began to provide a safe environment for students and staff? The ECC, with help from other district leadership, has created and continually updates the [LWSD COVID-19 Safety Plan](#). This plan includes a collection of guidelines from federal, state and local agencies on how best to address safety concerns related to COVID-19. The safety plan is currently in use to keep our staff and students safe who are learning and/or working in-person. In addition, the ECC provides support in many ways including having responsive Leads who provide guidance, answer questions and respond to positive and suspected cases in LWSD buildings. Leads include: Attestation & Screening, Communications, Custodial, Medical, PPE, and Security. The ECC Lead coordinates team actions and leads positive case responses.

An essential part of the COVID-19 Safety Plan is that each district building has their own COVID-19 Safety Team, which includes a Medical Coordinator (nurse) and is supported by the ECC. Each building COVID-19 Safety Team is put in place to help implement our safety policies and procedures at their specific site. Our Medical Coordinators' deep knowledge and professional medical experience make them an invaluable resource during this pandemic. Refer to this section in each edition of this newsletter for any changes to our COVID-19 Safety Plan. The most recent edition to our Safety Plan includes an updated definition of "close contact" as well as the Symptom Flow Chart our district uses.

[Click here to view the LWSD COVID-19 Safety Plan.](#)

RHS SPORTS START AGAIN!



New: RHS is very excited to begin sports conditioning on January 11, 2021. The steps below are for students interested in this optional opportunity.

- All students will sign up for SPORTS CONDITIONING in [Final Forms](#) (this is SEPARATE from signing up for a particular sport which many have already done).
 - Your physical must be up to date.
 - All forms must be signed indicating you will follow all safety protocols.
 - You will need to select a 1st sport AND a 2nd sport in case your first choice does not have enough participants. You will be allowed to train with ONE sport only (one hour, two times per week).
- Sign-ups will need to be completed by Thursday, January 7
- Sessions will be held Monday & Wednesday OR Tuesday & Thursday. Your session will be 4:15pm to 5:15pm OR 5:30pm to 6:30pm.
- Students-athletes will be temperature checked and will attest to being symptom free prior to entering the facility.
- All workouts will take place on campus and OUTDOORS.
- Students and coaches will be required to wear masks before, during, and after workouts.
- Students will be assigned into pods of six (6). Coaches will communicate pods by the evening of January 10, 2021 via Final Forms and/or e-mail.
- There is no fee for these work-outs.
- No spectators. In order to reduce the risk of exposure non-participants are not allowed at these workouts.
- Transportation will be offered from local elementary schools if needed. This will be a choice when filling out your form.

YES SUPPORTS LWSD STUDENTS



New: Youth Eastside Services support groups are available for LWSD high school and middle school students at no cost for the 2020-2021 school year (all virtual). Click [here](#) for list of support classes offered for students.

YES also offers Fee-For-Service Agency based groups of classes and services available for students and families.

Update: Click [here](#) for list of available **Community Resources**, such as Youth Support & Programs, Counseling (Mental Health and Drug/Alcohol), Support Groups & Help Lines.

RHS & EVERGREEN HEALTH



Hello! My name is Julie George. I am the new EvergreenHealth social worker. I have over 20 years experience working in hospitals, clinics, and schools. My primary role at Redmond High School is to provide brief mental health support for students, parents, and staff. I am available to meet virtually if you are feeling down, struggling with school, worrying about things, or just wanting someone to talk to. I can also help connect you to resources in the community. Feel free to talk to your counselor for a referral or reach out directly to me at c-jgeorge@lwsd.org. The information you share with me will remain confidential unless I am concerned about the safety of you or someone else.

STUDENT MENTAL HEALTH & SUICIDE PREVENTION



For families of students:

Student mental health & suicide prevention

School breaks can open up a whirlwind of different emotions for students. The change in structure or loss of traditions, in an already odd year, can be tough for some students that may be already struggling. We want to share the follow resources from the UW Forefront project. Here are some tips specific for parents/guardians, should you find that your student is struggling with mental health or thoughts of suicide.

[Safety steps to keep your family healthy](#)

More local resources can be found here:

[Resources from Evergreen](#)

[Mental health resources](#)

RHS Counseling team

COMMUNITY FEEDBACK

We want your input!

RHS Equity Team Parent Outreach Survey

Thank you to the parents who responded so far. We really appreciate your input! We would love to see a higher participation rate. Please feel free to share this survey with other RHS parents in the community.

The RHS equity team is comprised of 29 certificated and classified staff members from every department in the school. Centering our work is the goal to make our school more equitable—a place where students, no matter their race, ethnicity, gender, sexual orientation, or ability, are able to access what they need to be successful. Specifically, this year one of our vehicles for this will be to engage the community more in our equity efforts. This survey is for info gathering purposes only.

Click [here](#) for survey.

BEST PRACTICES

Passwords

Before winter break: Students, if you have a few minutes in the next week or so, please record your password in a secure, digital place---like a secure, cloud-based note app on your phone.

Each January we have many students who come to the library after winter break to have their passwords reset. This year, forgetting a password over break would be a lot more debilitating until we are able to reset it remotely.

Thank you, RHS Library Staff

SENIORS: PLAN AHEAD FOR REQUESTS



Reminder: For all seniors applying to colleges through Common Application, Coalition, or other application platforms - *a reminder that counselors will not be checking email over winter break.* The letters of recommendation requests and transcript requests are due to your counselor no later than *2 school weeks before your first deadline.*

Thank you!
Have a wonderful winter break.
Counseling Center

RHS CLUB NEWS

Speech & Debate

Congratulations! This month, the RHS Speech and Debate Club attended two tournaments: Bellevue and Auburn Riverside.

Congrats to **Pranati Dani**, who placed 2nd in Informative Speaking at Auburn Riverside, earning a bid to the National IE Tournament of Champions. Additionally, congrats to **Jay Dharmadhikari**, who placed 3rd in Congressional debate, and **Zayna Aarbi**, who advanced to finals in Dramatic Interpretation.

From Bellevue, congrats to **Conan Lu**, who placed 2nd in Congressional debate, as well as **Aylin Sarikaya** and **Stuart Asplund**, for advancing to Congressional debate finals.

RHS MATH TEAMS COMPETE

Math is Cool

Congratulations to the **RHS Math Teams** for their stellar performance in the online *Math Is Cool* competition. This competition hosted hundreds of mathematics students around the state to show off their individual and team math skills.

Team Competition:

1st place in the State 9/10 division - Wilson Liu, Medha Venkatapathy, Aadit Ambadkar

1st place in the State 11/12 division - Conor Kennedy, Raghav Narula, Arnav Narula, Rayna Bhattacharyya

Individual Competition:

Algebra 2 Division:

Aryan Kondapally – 2nd place

Nishant Malpani – 4th place

Pre-Calculus Division:

Medha Venkatapathy – 2nd place

Pratyush Kore – 5th place

Joseph Kaim – 8th place

Calculus Division:

Wilson Liu – 2nd place

Conor Kennedy – 7th place

Raghav Narula – 12th place

PLAYGROUNDS, TRACKS, FIELDS



Update: All **LWSD playgrounds, tennis courts and tracks** are open to the public on evenings and weekends. These will be closed to the public during the school day from 7:30 a.m. - 4:00 p.m.

All LWSD fields remain closed 7 days a week/24 hours per day. This is in accordance with city, county and state guidance.

Reminders:

- Large, organized activities are not allowed.

- Play is limited to groups of 5 or fewer.
- Face coverings and 6 feet physical distancing are required.
- Hands should be washed after play.
- Please note that some elementary schools have childcare on site until 6:00 p.m. so play structures may be in use until that time.

LWSD will update our communities as more facilities become open to the public. Thank you for your cooperation in helping to slow the transmission of COVID-19.

WEATHER EVENTS & SERVICE OUTAGES



Weather events & internet/service Outages – What to expect

We know that our Pacific Northwest weather can be unpredictable. Please take a few minutes to review the information below so you know what to expect when there is a weather event or power outage during a school day.

Power and internet outages:

If a student/teacher experiences a power or internet outage:

- Contact your teacher or school to report the outage.
- If you lose power or connection during a Microsoft Teams class session and you are unable to connect, you should attempt to connect as soon as a connection is available.
- If your teacher is suddenly absent without notification from a Microsoft Teams class, you should leave the session and re-enter after 15 minutes. If the teacher is still absent from Microsoft Teams you may end class.
- The teacher will follow up with individual students or the class as soon as possible.
- You should take note of asynchronous activities you could do without an internet connection.
- You can also continue to work on previously assigned classwork.

Weather events (snow days)

Snow days during remote learning will work differently than a normal school year. If snow or inclement weather affects a school day, remote instruction will continue and in-person students receiving special services will shift to all

remote learning for that day. There will not be late starts due to snow or weather events.

Announcements will be made to staff and families via our SchoolMessenger system (by phone, email, and by text messaging for those signed up), district website posting, and social media postings. We will also use FlashAlert.net, which reports directly to local media and provides text alerts to anyone who signs up.

STICKER CONTEST FOR SOPHOMORES!



Attention Class of 2023! Looking to build school spirit and express some creativity? Take part in our sophomore class sticker design competition! You have the opportunity to submit your designs, and the winning design will be voted on by the class of 2023 and sold as stickers for a class fundraiser! Don't forget - our Redmond colors are Redmond Green and Vegas Gold! *If you have questions or would like to use the official Redmond logo or symbols, please reach out to William Sugden at s-wsugden@lwsd.org.*

Click [here](#) for the submission form.

COUNSELING NEWS



New video: Mental Health & Resiliency Video from RHS Counselors!

RHS counselors created a video presentation focusing on mental health that includes evidence-based strategies for coping with stress and anxiety, particularly during remote learning. In addition, the video highlights effective strategies for managing schoolwork during remote learning. Last month counselors presented this video to 9th grade Lifetime Fitness classes during their November mental health unit.

Click [here](#) for the video.

Want to make an appointment? RHS counselors want to let you know that **our appointment book is now up and running**. Need to talk to your counselor? Book a virtual appointment with your counselor! The process is all online and very simple.

- Go to our website, [RHS Counseling Center](#)
- Click on the BOOK HERE link at the top of the page, right hand side
- Find your counselor, fill in the questions, make an appointment that is convenient for you.

All meetings will be conducted through Microsoft Teams. Once you make an appointment, you will get an email invite for the meeting with the appropriate link to the Teams meeting. Questions? Reach out to your counselor.

Kimberly Herring (A—Ch')

kiherring@lwsd.org

Lindsey Hanson (Cha—Fot)

lihanson@lwsd.org

Sarah Gray (Fou—Jo)

sgray@lwsd.org

Molly Schwarz (Ju—Ku)

mschwarz@lwsd.org

Katie Bunyard (Kw—Mane)

kbunyard@lwsd.org

Ellen Zambrowsky-Huls (Mani—Pre)

ezambrowsky-huls@lwsd.org

Justine Oshiro (Pri—Step)

joshiro@lwsd.org

Alisa Zemke (Ster—Z)

azemke@lwsd.org

FREE INTERNET FOR ELIGIBLE FAMILIES



***Reliable connectivity* to the internet is critical for student success during remote teaching and learning.** The state recognizes this need and has partnered with Ziplly Fiber, Comcast/Xfinity and Presidio to create [Washington's K-12 Internet Access Program](#), which gives eligible families free internet access so students can connect to online learning from home.

This internet access opportunity will potentially provide families with faster and more reliable connectivity than hotspots, which will better support our students. Eligible families can receive free internet access through June 30, 2021.

LWSD has developed the following [webpage for families to check eligibility](#), choose a provider in their area, request an access code and sign-up for service.

ATTENDANCE UPDATE

How to report an Absence

Reporting an Absence:

School attendance has always been important. Research has shown a correlation between student attendance and student graduation.

If your child is unable to attend school on either a synchronous or asynchronous day, please contact the school to report the absence. Each school has an "Attendance Line" phone number or email address for families to use to report the absence as excused. You can reach our school at rhsattend@lwsd.org. Or leave a message by phone at 425-936-1810. [To see complete attendance information, click here.](#)

Informar de una ausencia:

La asistencia a la escuela siempre ha sido importante. Las investigaciones han demostrado una correlación entre la asistencia de los estudiantes y la graduación de los estudiantes.

Si su hijo no puede asistir a la escuela en un día sincrónico o asincrónico, comuníquese con la escuela para reportar la ausencia. Cada escuela tiene un número de teléfono o una dirección de correo electrónico de "Línea de Asistencia" para que las familias la usen para reportar la ausencia como excusada. Puede comunicarse con nuestra escuela en rhsattend@lwsd.org o llame al 425-936-1810. [Para ver la información completa de asistencia, haga clic aquí.](#)

UPDATES FOR SENIORS

CLASS *of* 2021

Reminder: Need a letter of recommendation or transcript in January?

For all seniors applying to colleges through Common Application, Coalition, or other application platforms - *a reminder that counselors will not be checking email over winter break.* See above article regarding deadlines for letters of recommendation and transcripts.

Senior photos are due February 1st!

Please take a photo of your senior to be used as their yearbook portrait.

Photos should clearly show the students face and not include any other people. Students must follow dress code and no words should be added to the image. The photo must be in portrait format. Please keep in mind that the image will be fairly small so it should be a close up of the student. Please check image size before uploading. Our program will not allow large scale photos, 5"x7" photos are preferable with a resolution between 75 PPI and 300 PPI.

To submit a photo, please use the link below. Select the image you want to share and fill in the student's information such as name, grade, and email. If guidelines are not followed, we will use the seniors school ID photo in the yearbook. If students have not taken a school ID photo and their senior photo does not meet the requirements listed above, they will not be pictured in the yearbook.

[Click here to submit photo](#)

Graduation date: LWSD has announced our Class of 2021 Graduation information. Redmond High School's graduation is scheduled for **Monday, June 14, 2021 at 5:00pm at the UW Alaska Airlines Arena.** Please note that this is still subject to change depending on safety/pandemic parameters this spring.

Cap & Gown: Be sure and fill out the information on the contact card. Once you submit your contact card, you will be directed to the National Achiever/Herff Jones ordering website to order your cap and gown.

Order deadline: January 31, 2021

[Contact card for ordering cap & gown](#)

Questions? Call National Achiever/Herff Jones at 425-357-1338.

Or email support@nationalachiever.com

If students cannot afford their gowns please reach out to Mrs. Zambrowsky-Huls for assistance through *RHS Help*.

Seniors: See the list of upcoming **college application deadlines** in the *College & Career Center* section of this newsletter.

RHS CALENDAR

Coming Up....

- Dec 21 - Jan 1:** Winter Break / No school
- Jan 4:** First school day of 2021
- Jan 5:** Homeroom presentation about 2021-22 online registration
- Jan 7:** Sports sign-up due
- Jan 11:** Sports conditioning begins
- Jan 12:** Homeroom presentation about 2021-22 online registration
- Jan 13:** Virtual Future Freshmen Parent Night
- Jan 18:** MLK Jr. Day / No school
- Jan 22:** Last day of 1st Semester
- Jan 26:** PSAT / NMSQT for 11th graders
- Jan 26:** 2021-22 online registration closes
- Jan 31:** Seniors - Cap & Gown orders due
- Feb 1:** Seniors - Photos due for the yearbook
- Feb 11-12:** No school - Mid-Winter Break
- Feb 15:** No school - Presidents Day

TECH HELP AT RHS



When having software issues, students should still contact ftaccess@lwsd.org or phone 425-936-1322 for the Family Technology Access support line.

Two recent and crucial service improvements for families include offering an **automated call back and/or automated VM to ticket options** to the Family Technology Access line as well as **language interpretive services** during our 7 a.m. to 7 p.m. hours of support 7 days a week.

However, for hardware issues, Redmond High offers in-person tech help. To access this service, use the driveway east of the main entrance, labeled *Deliveries and Staff Only*. Park your car next to the sign for the library, and wearing a mask, walk up to the back door of the library. Note: this is an outdoor service, so *come dressed for the weather*.

We are open from 2 p.m. to 4 p.m., Monday - Friday.

If students forget their computer password – go to the RHS Library Teams page or email the library at Library-RHS@lwsd.org

If students forget their Skyward password – go to Skyward and click on “Forgot Password”

For help with parent access to district tools – Email parentquestions@lwsd.org

COLLEGE & CAREER CENTER



Interested in WANIC for the 2021-2022 school year?

What is WANIC? WANIC is the ***Washington Network for Innovative Careers***. The WANIC Skill Center offers high quality tuition-free technical and professional training for high school Juniors and Seniors. These year-long, advanced-level Career and Technical Education (CTE) programs are based on rigorous academic and industry standards and prepare students for career and college readiness. WANIC programs offer dual credit opportunities (both high school and college credit) and/or lead to industry certifications. Programs are designed in three period blocks allowing extended time to not only learn the theory of a subject, but to also get authentic hands-on lab experience. All classes earn Occupation Education high school credits and may offer other course equivalencies towards high school graduation requirements. Online registration will open on February 2, 2021.

Classes include:

- Automotive Technology
- Cisco Networking
- Culinary Arts
- Dental Careers
- DigiPen Art & Animation
- DigiPen Music & Sound Design
- DigiPen Video Game Programming
- Fire & EMS
- Health Science Careers/Nursing
- Medical Careers
- Sports Medicine

To learn More about the WANIC program- please join us for 2 upcoming "Live Wednesday" events. This is open to students & parents.

WANIC presentation: Wednesday January 13 at 12 noon. Live link: <https://tinyurl.com/y9bgfzro>

Digipen presentation: Wednesday January 13 at 1:30 pm. Live link: <https://tinyurl.com/y8sswmw2>

Questions? Contact Andrea Cothran at acothran@lwsd.org

Seniors –upcoming application deadlines:

These are just a few – visit individual institution admission webpages for more information on the school of your choice!

Arizona State: January 15, 2021

Central Washington: March 1, 2021

Digipen: Fall 2021 priority deadline February 1, General application deadline April 1

Eastern Washington: February 1, 2021 priority deadline, September 1, 2021 final deadline

Oregon State: February 1, 2021

Pacific Lutheran: January 15, 2021

Seattle Pacific: January 15, 2021

Seattle University: January 15, 2021

University of Arizona: May 3, 2021

University of British Columbia: January 15, 2021

University of Colorado – Boulder: January 15, 2021

University of Oregon: January 15, 2021

University of Puget Sound: January 15, 2021

USC: January 15, 2021 regular deadline

University of Washington – Bothell: January 15, 2021

Washington State: January 31, 2021

Western Washington: regular decision, January 31, 2021

Whitman: January 15, 2021

Whitworth: March 1, 2021

