Menu
subject to change.
Free meals for ages 18 and under
this school year 2020-2021

# Hamden Public Schools Lunch Menu January 2020

| | | | | | | |
|---|---|---|---|---|---|---|
| 4 | 5 | 6 | 7 | 8 | | |
| Chef's Choice Assorted Pre-wrapped meals | Chef's Choice Assorted Pre-wrapped meals | Chef's Choice Assorted Pre-wrapped meals | Chef's Choice Assorted Pre-wrapped meals | Chef's Choice Assorted Pre-wrapped meals | | |
| All meals served with | All meals served with | All meals served with | All meals served with | All meals served with | | |
| choice of vegetable | choice of vegetable | choice of vegetable | choice of vegetable | choice of vegetable | | Weekend Meals: |
| choice of fruit | choice of fruit | choice of fruit | choice of fruit | choice of fruit | | dismissal at all |
| Choice of milk | Choice of milk | Choice of milk | Choice of milk | Choice of milk | | |
| 11 | 12 | 13 | 14 | 15 | | |
| Chef's Choice Assorted Pre-wrapped meals | Chef's Choice Assorted Pre-wrapped meals | Chicken Nuggets with pretzel or dinner roll | Hamburger on a Bun | Cheese Pizza | | |
| | | Vegetable of the day | Vegetable of the day | Vegetable of the day | | |
| All meals served with | All meals served with | Choice of Fruit | Choice of Fruit | Choice of Fruit | | |
| choice of vegetable | choice of vegetable | Choice of Milk | Choice of Milk | Choice of Milk | | |
| choice of fruit | choice of fruit | | | | | |
| Choice of milk | Choice of milk | | | | | |
| 18 | 19 | 20 | 21 | 22 | | |
| MARTIN LUTHER KING JR. DAY | Pizza Bosco Sticks (2) | Chicken Drumstick with Dinner Roll or Pretzels | Cheeseburger on Bun | Cheese Pizza | | |
| | All meals served with | All meals served with | All meals served with | All meals served with | | |
| No School TODAY | choice of vegetable | choice of vegetable | choice of vegetable | choice of vegetable | | |
| | choice of fruit | choice of fruit | choice of fruit | choice of fruit | | |
| | Choice of milk | Choice of milk | Choice of milk | Choice of milk | | |
| | "B" Lunch for week: Chef's Choice | "B" Lunch for week: Chef's Choice | "B" Lunch for week: Chef's Choice | "B" Lunch for week: Chef's Choice | | |
| | "C" Lunch: Bagel Lunch | "C" Lunch: Bagel Lunch | "C" Lunch: Bagel Lunch | "C" Lunch: Bagel Lunch | | |
| | "D" Lunch: Veggie Burger on Bun | "D" Lunch: Veggie Burger on Bun | "D" Lunch: Veggie Burger on Bun | "D" Lunch: Veggie Burger on Bun | | |
| 25 | 26 | 27 | 28 | 29 | | |
| Chicken Tenders with Dinner Roll or Pretzel | Grilled Cheese Sandwich | Mexi-Beef Style Nachos | Grilled Chicken with Teriyaki Sauce over brown rice | Cheese Pizza | | |
| All meals served with | All meals served with | All meals served with | | All meals served with | | |
| choice of vegetable | choice of vegetable | choice of vegetable | All meals served with | choice of vegetable | | |
| choice of fruit | choice of fruit | choice of fruit | choice of vegetable | choice of fruit | | |
| Choice of milk | Choice of milk | Choice of milk | choice of fruit | Choice of milk | | |
| | | | Choice of milk | | | |
| "B" Lunch for week: Chef's Choice | "B" Lunch for week: Chef's Choice | "B" Lunch for week: Chef's Choice | | "B" Lunch for week: Chef's Choice | | |
| | | | "B" Lunch for week: Chef's Choice | | | |
| "C" Lunch: Bagel Lunch | "C" Lunch: Bagel Lunch | "C" Lunch: Bagel Lunch | | "C" Lunch: Bagel Lunch | | |
| | | | "C" Lunch: Bagel Lunch | | | |
| "D" Lunch: Veggie Burger on Bun | "D" Lunch: Veggie Burger on Bun | "D" Lunch: Veggie Burger on Bun | | "D" Lunch: Veggie Burger on Bun | | |
| | | | "D" Lunch: Veggie Burger on Bun | | | |