

Spotting It- Stopping It

Bullying Prevention On the Bus

What is Bullying?

Bullying is unwanted, aggressive behavior among school age children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, overtime. Both kids who are bullied and who bully others may have serious, lasting problems.

Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, excluding someone from a group on purpose.



Types of Bullying...

There are three types of bullying:

1) **VERBAL BULLYING** is saying or writing mean things.

Verbal bullying includes teasing, name calling, inappropriate sexual comments, taunting and threatening to cause harm



Types of Bullying, continued...

2) SOCIAL BULLYING is sometimes referred to as relational bullying which involves hurting someone's reputation or their relationship with others.

Social bullying also includes leaving someone out on purpose, telling other children not to be friends with someone, spreading rumors about someone and embarrassing someone in public.



Types of Bullying, continued...



3) PHYSICAL BULLYING involves hurting a person's body or possessions.

Physical bullying is very frightful as it includes various types of physical contact. Physical bullying falls into the category where the person doing the bullying chooses a smaller and weaker person, knowing they can't fight back for themselves. Several types of physical bullying include hitting/kicking/pinching, spitting, tripping/pushing, taking or breaking someone's things. It can also involve making mean or rude hand gestures.

What Motivates Children Who Bully?

The bully in the past could have been bullied, so he or she will feel that everybody needs to be treated that way, they could also try and get revenge on the people who were bullying them. Sometimes bullies don't know they are bullies, bullies can be nice people but they might take a joke to far. Sometimes people want to boost their popularity at school so they will bully a person and everybody will know him.



Characteristics of the Typical Victim of Bullying

- **Insecure Personality-** Children who appear submissive, passive, and an anxious are more likely to be bullied than peers who do not exhibit these traits.
- **Lower Peer Acceptance-** May have few or No friends
- **Perceived as “Different”** - Kids who stand out from the crowd for any reason can easily become the target of bullies.
- **Physical Appearance-** Any aspect of their physical appearance that sets them apart from others in their age group.
- **Overprotective Parents-** prevent a child from learning how to handle conflict. Which actually makes it more likely that they will be victimized by peers.



Bullying occurs at school and at home

Bullying occurs at school, outside on school grounds during recess or after school, and on the school bus.

Bullying may also occur at home between siblings or in the community where congregate.



When There are Suspicions of Bullying

1. Stay clam and try not to overreact; bullies like attention
2. Emphasize the difference between tattling and reporting
3. Remind students that they can come to you if they need help.
4. Follow the school reporting procedure



What Can We Do To Prevent Bullying

1. Establish a positive atmosphere on the bus. Be clear, fair, and consistent about the rules.
2. Treat students the way you want to be treated and the way you want them to treat each other.
3. Learn and use their names. Introduce yourself.
4. Get to know all of the students on your bus, including the students who bully.
5. Submit positive bus referral.



How Strong Is the Link Between Bullying and Suicide?

Bullying victims are between 2 to 9 times more likely to consider suicide than non-victims according to the latest research. Get the facts and statistics on bullying caused by suicide.

www.parents.com/kids/problems/bullying-and-suicide/



All Adults Work Together

Working together as a team, we can accomplish more.

- Parents
- Teachers
- Principals
- Bus Drivers
- Bus Assistants



Workplace Bullying Is On The Rise

Workplace bullying is a persistent pattern of mistreatment from others in the workplace that causes either physical or emotional harm. It can include such tactics as verbal, nonverbal, psychological, physical abuse and humiliation. This type of workplace aggression is particularly difficult because, unlike the typical school bully, workplace bullies often operate within the established rules and policies of their organization and their society.



Click on the Link Below

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