



Secondary Bagged Breakfast January 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL HOLIDAY BREAK
4	5	6	7	8
Muffin and Cheese Stick Mixed Fruit Cup 1% Milk 1% Chocolate Milk	Cereal Bar Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Cereal Bowl Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Bagel Cream Cheese Fruit Cup 1% Milk 1% Chocolate Milk	Muffin and Cheese Stick Tropical Fruit Cup 1% Milk 1% Chocolate Milk
11	12	13	14	15
Cereal Bar Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Cereal Bowl Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Bagel Cream Cheese Peach Fruit Cup 1% Milk 1% Chocolate Milk	Muffin and Cheese Stick Peach Fruit Cup 1% Milk 1% Chocolate Milk	Cereal Bar Assorted Fruit Juice 1% Milk 1% Chocolate Milk
18	19	20	21	22
Cereal Bowl Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Bagel Cream Cheese Fruit Cup 1% Milk 1% Chocolate Milk	Muffin and Cheese Stick Mixed Fruit Cup 1% Milk 1% Chocolate Milk	Cereal Bar Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Cereal Bowl Assorted Fruit Juice 1% Milk 1% Chocolate Milk
25	26	27	28	29
Bagel Cream Cheese Fruit Cup 1% Milk 1% Chocolate Milk	Muffin and Cheese Stick Mixed Fruit Cup 1% Milk 1% Chocolate Milk	Cereal Bar Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Cereal Bowl Assorted Fruit Juice 1% Milk 1% Chocolate Milk	Bagel Cream Cheese Fruit Cup 1% Milk 1% Chocolate Milk

A full student lunch consists of 5 components; Protein, Grain, Vegetable, Fruit and a choice of Milk. Milk choice include 1% White and 1% Chocolate. This institution is an equal opportunity provider.

* Menu subject to change