

**Mrs. Ochinero's First Grade**  
**Parent Lesson Plans**  
(January 4-8, 2021)

**English Language Arts (once a day)/Artes del idioma inglés (una vez al día)**



ZOOM CLASS MEETING LINK ONLINE! (Synchronous Instruction)

**MONDAY-FRIDAY\* at 9 A.M. - 11:30 A.M.**

\*Friday class sessions will be shorter with added asynchronous instruction/ lessons found in Seesaw and under each subject heading on this document.

Benchmark ELA/ELD Unit 5/ Unit Theme: Technology at Work

Our Essential Question: How can technology make a difference in our lives?

MATERIALS NEEDED FOR LIVE SESSIONS:

**Mini-decodable phonics book 13a: "Shade Lake"**

**My Shared Readings 3 & 4 : "Carrier Pigeons" & "Atom's Day Off"**

**Math Mats: 5-5 (Monday), 5-6 (Tuesday), 5-7 (Wednesday), 5-8 (Thursday)**

MATERIALS NEEDED FOR ASYNCHRONOUS WORK:

Math

**Happy Numbers(iPad)**

**Practice and Reteaching Workbook: Lessons 5-5, 5-6, 5-7, & 5-8**

Math Journal

ELA/ELD

**Reading A-Z/Razz Kids-1 book recording per day (iPad)**

New manilla envelope with:

~High Frequency Words Lists 1-6/New Weekly Word Work Packet for List 1

Monday: Word Work~Rainbow Write (use **dice** to see what color to trace the words), Tuesday: Word Work~Mark It Up, Wednesday: Word Work~Scramble

It, Thursday: Word Work~Funky Letters, & Friday: Word Work~Order It

My Shared Readings- "Carrier Pigeons" & "Atom's Day Off"

Friday's word work: Find the long /a/ words in "Shade Lake"

(+ HFW: **many, start**)

Writing:

New Writing Packets: Write a Star Sentence (US Mailbox and letter picture) and *Where do you want to go on a field trip this year?*

For use with the new synchronous component: ***On Wednesdays, We Write***

Writing Journal

My Shared Readings/Mini-decodable

(Students will need their supply bags, writing ABCs, A-Z and 1-120 templates in sheet protectors and \*flash cards + dice from zipper cases all week.)

ELA/ELD:

Monday:

Trace the letters Aa-Zz on your "***Manuscript Formation Guide***" with your finger and then try it using the eraser side of your UNSHARPENED pencil

Read your “Shade Lake” phonics decodable. You may read along and/or record a page.

**Tuesday:**

Place your “*This Is My Alphabet*” paper inside the blue report cover with the plastic front first. Then using a whiteboard marker, write your letters Aa-Zz over the “*This Is My Alphabet*” page using your manuscript formation guide to help you with the order and steps for making each letter of the alphabet. You can write on your white board or in your journal also if you are missing any supplies.

- + Add a \$1,000,000 sentence to My Shared Readings “Carrier Pigeons”(Tuesday) and “Atom’s Day Off” (Thursday), then illustrate it

**Monday-Thursday: Listen to the readings for the week on Seesaw. Think about the stories. Complete the sentence frames orally and/or in your Writer’s Journal.**

**Monday-Tuesday:**

For “Carrier Pigeon”

*Before \_\_\_\_\_ it was hard to send messages./ (Answers: radios, telephones, or computers)*

**Wednesday- Thursday:**

For “Atom’s Day Off”

\_\_\_\_\_ left for her job./ (Answer: Data)

\_\_\_\_\_ did all the chores./ (Answer: Atom)

\_\_\_\_\_ took a break./ (Answer: Atom).

\_\_\_\_\_ brought home super./ (Answer: Data)

**Friday:**

**Writing Options:** Complete the sentence frames above in your Writer’s Journal, recall information for “*Robots at Work*”, or retell the story “*What a Great Idea*” with dialogue and add the responses to your Writer’s Journal.

**“Robots at Work”:**

How do you use technology?

*I use the \_\_\_\_\_ to talk to someone. (Answer: phone)/ I use the \_\_\_\_\_ to listen to music. (Answer: radio)*

*I have used a \_\_\_\_\_. (Answer: computer, )*

**“What a Great Idea”:**

What did Alarm Duck and Morris say to each other?

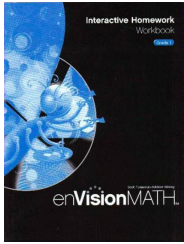
*“Quack, quack! \_\_\_\_\_, \_\_\_\_\_!” said Alarm Duck. (Answer: Wake up, Morris) “Stop! I’m \_\_\_\_\_,” said Morris. (Answer: awake)*


Friday’s phonics word work: Find the long /a/ words in “Shade Lake” (+ HFW: many, start). Record yourself reading them and/or write them in your journal.



	<p><b>MUST DOS~ASYNCHRONOUS ONLINE INSTRUCTION</b></p>
<p>✓</p>	<p><b>***See Daily Theme ELA Activities on Seesaw with materials in new first grade packets/please take a picture of word work pages and submit on Seesaw in Activities***</b></p> <p><b><u>Monday</u></b> On your iPad, please go to SEESAW, then go to <u>Activities</u> for today's assignment:</p> <p><b><u>Tuesday:</u></b> On your iPad, please go to SEESAW, then go to <u>Activities</u> for today's assignment:</p> <p><b><u>Wednesday</u></b> On your iPad, please go to SEESAW, then go to <u>Activities</u> for today's assignment:</p> <p><b><u>Thursday</u></b> On your iPad, please go to SEESAW, then go to <u>Activities</u> for today's assignment:</p> <p><b><u>Friday</u></b> On your iPad, please go to SEESAW, then go to <u>Activities</u> for today's assignment:</p> <p><b>NOTE: CONTINUE GOING TO SEESAW <u>EACH DAY</u> TO FIND ASSIGNMENTS (Posted at 10 a.m. this week on M-Th and 9:31 a.m. on Fridays) FOR YOU TO COMPLETE AFTER OUR LIVE ZOOM MEETINGS AS YOUR ASYNCHRONOUS ONLINE PORTION OF THE INSTRUCTIONAL DAY</b></p> <p>(The complete directions for all activities are found on Seesaw. Please find the bow tie icon on your iPad and go to <i>Mrs. O's Outstanding First Graders</i> for the detailed instructions.</p>

<p><b>Mathematics/Matemáticas</b> (una vez al día) (once a day)</p>	
<p>✓</p>	<p><b>MUST DOS~ASYNCHRONOUS INSTRUCTION</b></p> <p><b>Activities to work on using pages found in your curriculum packets:</b> (Math Mats for Topic 5 synchronous time should be placed the <b>Green</b> folder) *Note that in Seesaw, you will see instructions and a video of the teacher reading and answering the Reteaching and Practice pages found in your blue Common Core Reteaching and Practice Workbook.</p> <p>Please follow along to complete the assignments listed.* ~Math Topic 5: Lessons 5-5 through 5-8</p>



	<p><b>This week's lessons are Topic 5-5 (Monday), 5-6 (Tuesday), 5-7 (Wednesday), 5-8 (Thursday), and Flashcard practice in Math Journals +</b></p> <p><b>Happy Numbers</b>  <b>(Monday-Friday).</b></p> <p><b><u>Wednesday:</u></b> ~Use your <b>120 Chart</b>. Practice saying your numbers out loud from 1-120. Try to do this 5 times today.</p> <p><b><u>Thursday:</u></b> Use your <b>BLANK 120 Chart</b>. (Template is inside the sheet protector) Then fill in the blank boxes using a whiteboard marker on top of the plastic cover to write your numbers from 1-120. Please use your 120 Chart to help you do this correctly. Try to go as far as you can in no more than 15 minutes. Flashcard Drill/ in your Math Journal</p> <p><b><u>Friday:</u></b></p> <ul style="list-style-type: none"> <li>• Flashcard practice/record sums &amp; differences in your Math Journals (use at least 10 cards front and back)</li> </ul>
	<p>ZOOM CLASS MORNING MEETINGS begin every day, MON.-FRI., at 9 A.M.</p>

P.E/Art	
✓	<p><b><u>PE</u></b> *</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> GoNoodle or Play outside/Juega afuera 20 mins.</li> </ul> <p>Our <b>Little Hero PE</b> time is on <b>Mondays at 11:00</b>. Coach D will be joining our Zoom class directly. <u>Please bring a water bottle with you.</u></p> <p><b><u>Art</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Illustrate your My Shared Reading responses for “Carrier Pigeons” &amp; “Atom’s Day Off”</li> </ul>

Social Studies/Science /Estudios Sociales / Ciencias	
	<p>ZOOM CLASS MEETINGS MONDAY-FRIDAY* at 9 A.M. -11:30 A.M. *Friday class sessions will be shorter with added asynchronous instruction/assignments listed under Seesaw Activities)</p>
✓	<p><b><u>Science/Ciencia</u></b> (MUST DO) See Seesaw Activities as posted</p>

✓	<p><b><u>Social Studies/Ciencias Sociales (MUST DO)</u></b></p> <p><b>See Seesaw Activities as posted</b></p> <ul style="list-style-type: none"> <li>• Unit 4 “Then and Now” Lesson 1: What was life like long ago?</li> </ul> <p>Ongoing: Review Zoom Expectations and Workspace in Seesaw Activities  Vocabulary: <i>login, logging in, mute, unmute, video, chat, passcode, classcode</i>  <b>Independently practice logging on to Zoom*, Seesaw, Kids A-Z/Razz Kids, and Happy Numbers everyday.</b></p> <p>Please have STUDENTS practice logging into ZOOM <b>DAILY</b> so that they can eventually do this independently. 😊</p> <p>*See Mrs. Ochinero’s ZOOM LINK on Class Dojo under Class Story and Parent Messages and on Seesaw under Student Announcements</p>
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### All Online Programs/Programas en línea

	<p><b><u>Seesaw</u></b>–Messages and Announcements  as well as <u>Student Work and Online Activities</u> found here</p> <p><b><u>Class Dojo</u></b>–Messages and Announcements</p> <p><b><u>Parent Square</u></b>–Messages and Announcements</p> <p>Asynchronous Daily Practice for Reading and Math on <b>Kids A-Z and Happy Numbers</b></p> <p style="text-align: center;">***SEE ZOOM INVITATION/LINK and MEETING DATES POSTED ALSO  IN: SEESAW under Student Announcements,  PARENT SQUARE classroom message &amp;  CLASS DOJO in Class Story and Parent Messages,  FOR OUR LIVE ZOOM CLASS MEETINGS (M-F @ 9a.m. )***</p>
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### Office Hours/Horas de oficina

✓	<p>If you have any questions, contact me between 12 - 3 pm /Si tiene alguna pregunta, contácteme entre las 12 y las 3 p.m.</p> <p>Mrs. Sinead Ochinero: cell (408) 775-0714</p> <p>Email: <a href="mailto:sinead.ochinero@arUSD.org">sinead.ochinero@arUSD.org</a></p>
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**Smiles/Sonrisas,  
Mrs. O/Sra. O**

Please watch our class **Seesaw** account  
for video lessons, links, and activities (past and current)  
to help with and to enhance  
your child’s distance learning.  
Thank you for all you are doing to support and facilitate learning at home!

Por favor, mire nuestra **Seesaw**  
para lecciones en video, enlaces y actividades  
para ayudar y mejorar  
el aprendizaje a distancia de su hijo.  
¡Gracias por todo lo que está haciendo para apoyar y facilitar el aprendizaje en casa!

Vui lòng xem của chúng tôi **Seesaw**  
cho các bài học video, liên kết và các hoạt động  
để trợ giúp và tăng cường  
học tập từ xa của con bạn.  
Cảm ơn bạn vì tất cả những gì bạn đang làm để hỗ trợ và tạo điều kiện học tập tại nhà!

