



ROBBINSDALE Area Schools

Individual focus. Infinite potential.

Codsiga karantiilka kooban (ee xiriirka dhow)

Marka loo eego tilmaamaha cusub ee xiriirka dhow ee WCM, ardayda leh hal khibrad xiriir dhow waxaa laga yaabaa in loo tixgeliyo taariikhda ku soo noqoshada hore ee dugsiga haddii ay buuxiyaan shuruudaha qaarkood. WCM waxay ku sii talineysaa in ikhtiyaarka ugu aaminka badan ardaydu uu yahay inay karantiil ku jiraan 14 maalmood oo buuxa. Hase yeeshee, waxaan fahamsanahay inay jiri karaan xaalado gaar ah oo u oggolaan kara muddo gaaban oo karantiil ah. Dugsiyada Aagga Robbinsdale ayaa tixgelin doona codsiyada soo celinta hore iyadoo loo eegayo xaalad kiis-ka-kiis ah ka dib 10 maalmood oo buuxa oo karantiil ah. Xilligan, **degmadu ma ansixinayso codsiyada karantiil 7 maalmood ah** ee ku noqoshada dugsiga ama barnaamijyada.

Si aad u codsato soo noqoshada hore ee ardaygaaga, fadlan buuxi meelaha soo socda kuna soo celi foomka Isku-duwaha COVID-19 ee dhismahaaga/kalkaaliyaha caafimaadka ee dugsiga. DHAMMAAN soo noqoshada hore, ardaydu waa in aanay lahayn wax calaamado ah oo keliya ay lahaaheen hal xiriir oo u dhow.

***Haddii xubin qoyskaaga ka mid ah uu ku dhaco COVID, xaq uma lihid soo noqoshada hore waxaadna u baahan tahay karantiilo 14 maalmood oo buuxa.**

Magaca Ardayga: _____

Magaca Waalidka/Mas'uulka: _____

Da'da, Fasalka, Dugsiga: _____

Taariikhda soo-gaadhista ugu dambaysay ee COVID: _____

Taariikhda hore u soo laabashada ee la codsaday (waa inay ka dambeysaa 10 maalmood oo karantiil ah): _____

Tusaale: Ardayga waxaa ugu dambeysay shaqsi qaba COVID 01/12/2020. Maalinta koowaad ee karantiimiddu waxay bilaabmaysaa 2/12 Waxayna socotaa ilaa maalinta tobnaad ee 11/12. Taariikhda soo celinta ugu horreysa ee la codsan karo waxay noqon doontaa 12/12.



CODSIGA 10 MAALMOOD OO KARANTIIL AH (Soo noqo kadib dhammaadka 10 maalmood oo karantiil ah. Foomamka laguma ansixin doono ka hor 10 maalmood oo buuxa.)

Hubi waxyaabaha soo socda ee khuseeya ilmahaaga (DHAMMAAN waa in la hubiyaa si loogu qalmo):

- 1) Ardaygaygu malaha wax calaamado ah
- 2) Ardaygaygu MA MUUJININ toгнаansho COVID-19
- 3) Ma jiro qof guriga ardayga ka tirsan oo muujiyay toгнаansho COVID-19
- 4) Ardaygeygu kuma noola ama ka shaqeeyo dhisme ay adag tahay in laga fogaado dadka kale isla markaana fayrasku si fudud ugu faafo dad badan, sida xarun daryeel muddo dheer ah.
- 5) La xiriirka ardaygayga ee qof qaba COVID-19 wuxuu lahaa bilow iyo dhammaad. Tusaale ahaan, xiriirka qofka kuugu dhow ayaa dhacay
 - Dugsiga
 - Dhacdo spoorti
 - Shaqo
 - Kulan bulsho
 - Waxaad u safartay banaanka Minnesota sababo aan ka ahayn ka gudubka xuduudaha shaqada, waxbarashada, daryeelka caafimaadka, badbaadada shaqsiga, ama amniga, oo dhammaan waxyaabaha kor ku xusan waa run. Ogow: Muddadaada "soo-gaadhista" waxay dhammaanaysaa markaad guriga timaaddo. Wixii macluumaad dheeraad ah, fiiri [Badbaadinta Naftaada iyo Kuwa Kale: Safarka](#).
- 6) 10 maalmood ka dib karantiil, waxaan oggolahay inaan ka eego ardaygayga calaamadaha illaa maalinta 14 oo aan guriga ku hayo haddii ay **wax** calaamado ahi soo baxaan.

Markaad saxeexo tan, waxaad ogolaatay in dhammaan calaamadaha kore ay sax yihiin.

Saxiixa Waalidka (Fadlan daabac magacaaga) _____ Taariikh _____

Fadlan bixi lambarka taleefanka aad doorbideyso ama cinwaanka emaylka si aad ula socoto dalabkaaga _____

Foomkan emayl ugu soo celi Isku-duwaha COVID-19 ee Dhismahaaga /Kalkaaliyaha Caafimaadka Dugsiga si loo oggolaado. Qoysasku waxay ikhtiyaar u leeyihiin inay foomka soo dhigaan xafiiska hore, sidoo kale.

Dugsiga Sare Armstrong : [Anna Hjerpe](#)
Dugsiga Sare Cooper: [Samantha Kraft](#)
Xarunta Waxbarashada Crystal: [Heidi Haines](#)
Dugsiga Hoose Forest: [Megan Haefs](#)
Dugsiga Hoose FAIR Pilgrim Lane: [Erin Haefs](#)
Dugsiga FAIR Crystal: [Jennifer Rainerson](#)
Akedemiyada Robbinsdale Highview: [Jana Schneider](#)
Dugsiga Hoose Lakeview: [Erin Haefs](#)
Dugsiga Hoose Meadow Lake: [Jennifer Rainerson](#)
Xarunta Waxbarashada New Hope: [Heidi Haines](#)
Dugsiga Hoose Neill: [Mattie Melin](#)

Dugsiga Hoose Noble: [Sydney Franz](#)
Dugsiga Hoose Northport: [Sydney Franz](#)
Dugsiga Dhexe Plymouth: [Sharon Cassidy](#)
Dugsiga Dhexe Robbinsdale: [Val Minder](#)
Xarunta Kala-guurka ee Robbinsdale: [Heidi Haines](#)
Dugsiga Hoose RSI: [Mattie Melin](#)
Dugsiga Dhexe Sandburg: [Jana Schneider](#)
Dugsiga Hoose SEA: [Megan Haefs](#)
Dugsiga Hoose Sonnesyn: [Cindy Rogers-Block](#)
Dugsiga Hoose Zachary Lane: [Cindy Rogers-Block](#)

Isduwayaasha COVID ayaa la socon doona qoysaska wixii ku saabsan xaaladda codsiga.