

UPDATED COVID-19 FAMILY AND STAFF PROTOCOLS

December 22, 2020

Dear FPS Parents, Guardians, and Staff,

Attached you will find at-a-glance information you need about COVID-19 for our return to school following Winter Break.

- Winter Break Travel Advisory
- Guidance Flow Chart
- FPS COVID-19 Protocols Overview
- Daily Self Checklist
- COVID-19 Notification Plan (flow chart)

During school hours, please continue to notify your school principal and/or school nurse of a positive COVID-19 test result. Do not send your child to school while you are waiting for test results. If you receive a positive test result outside of school hours, call the FPS hotline 203-255-8785 to leave a message and notify us.

These health and safety protocols were developed in consultation with Sands Cleary, Director of Public Health, and Jill Mitchell RN, Nursing Supervisor, Assistant Director of Public Health, Town of Fairfield.

We suggest posting them somewhere handy where you can refer to them. Please contact your school nurse with any questions.

As always, the health and safety of our students, staff and community is our priority.

Respectfully,

Mike Cummings
FPS Superintendent

Angelus Papageorge
COVID-19 Health and Safety Compliance Liaison

IMPORTANT DEFINITIONS:



Case: Individual who tests positive for sars-cov-2 by laboratory-confirmed PCR or Antigen Test.



Close Contact: Person exposed for 15 minutes or more, cumulative in a 24 hour period, within six feet of a case.



School setting: Classroom, other interior school location, bus stop, bus or other form of transportation, school grounds, or school-related event held at other locations.

Contact tracing: Close contacts in the school setting will be identified by the School Nurse, Principal and Central Office working with the Fairfield Health Department's Contact Tracing Team and advised to quarantine for 14 days.

Winter Break Travel Advisory December 21, 2020



However you are planning to enjoy your winter break, you should be aware of new travel guidelines.

A new [Travel Advisory](#) was issued by the Governor on 12/18/20 and is effective immediately. Anyone traveling into Connecticut from a state or territory, other than New York, New Jersey, or Rhode Island, or from a country other than the United States, is directed to self-quarantine for a 10-day period from the time of last contact within the identified state or country.

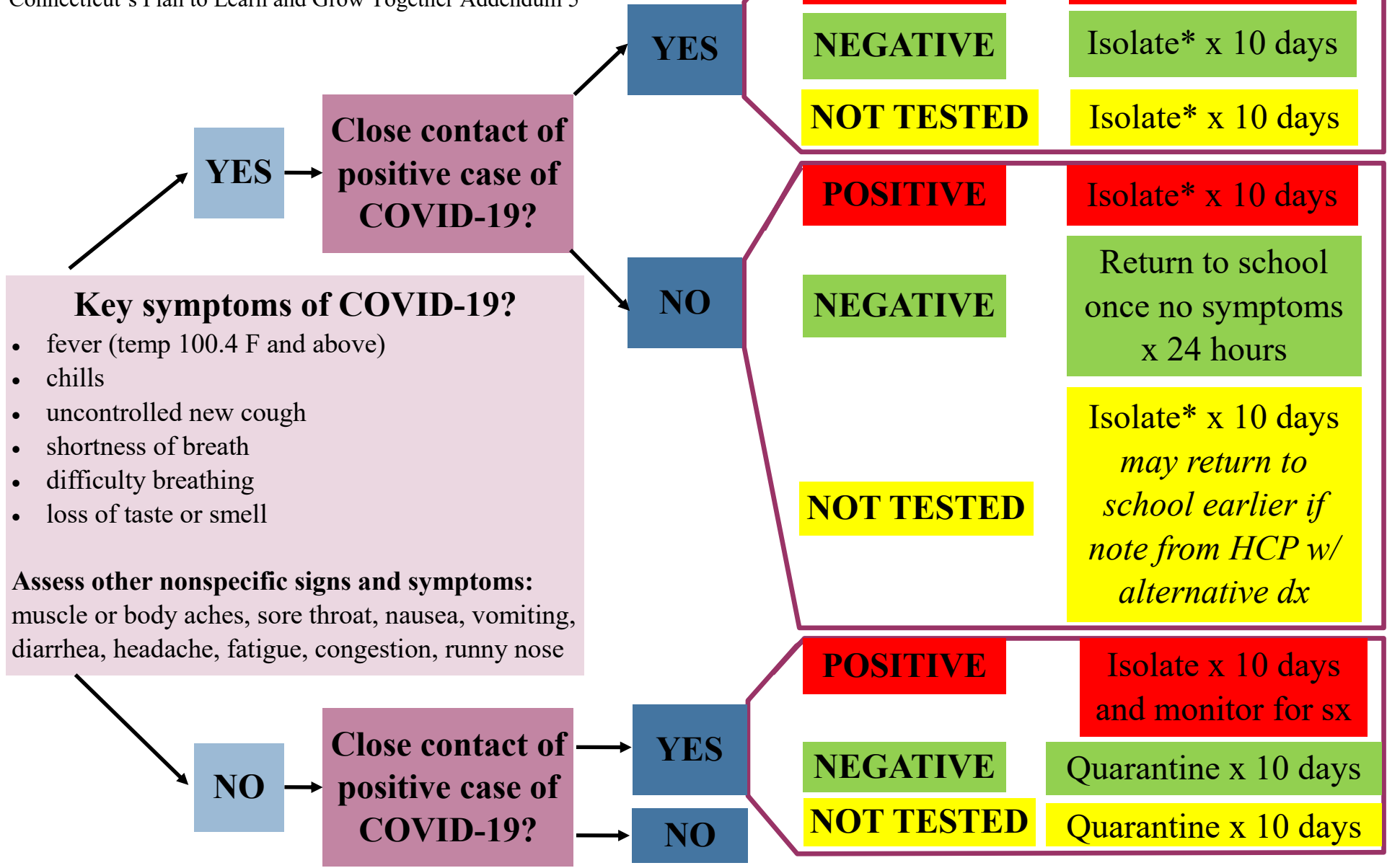
There are several very important points in this new advisory:

- This applies to all foreign and domestic travel that is 24 hours or longer with the exception of travel to NY, NJ and RI.
- The quarantine is now 10 days long.
- Individuals may continue to test out of travel quarantine and all tests - with the exception of COVID-19 antibody tests - may be used. Testing may happen 72 hours prior to leaving the travel destination or upon arrival in CT. You cannot test out prior to leaving CT if your trip to an affected state is less than 72 hours and more than 24 hours.
- All test results and other documentation must still be submitted to the state. Violations may still be reported.

The CDC has more information at [COVID-19: Holiday Celebrations](#).

Guidance for COVID-19 Scenarios in Schools

based on CSDE/DPH Adapt, Advance, Achieve:
Connecticut's Plan to Learn and Grow Together Addendum 5



*Isolate for at least 10 days since the onset of symptoms **and** until at least 24 hours without fever (without fever-reducing medications) **and** improvement in other symptoms

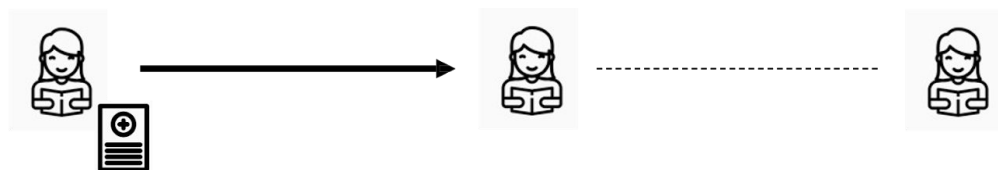
COVID-19 PROTOCOLS OVERVIEW FOR STUDENTS, FAMILIES, AND STAFF

- **If your child or you (staff) are experiencing COVID-19 like symptoms or check any item on the COVID-19 Daily Self Checklist OR are waiting for test results:**
 - **STAY HOME**
 - Call your school to notify them of your child's/your absence and let them know of any COVID-19 symptoms or exposure. Your school nurse will follow-up with you.
 - Call your Healthcare Provider to discuss the possibility of getting tested.
- **If your child or you (staff) tests positive**
 - Parents and staff are required to report a positive COVID-19 test result to their Principal and/or School Nurse.
 - School will follow the FPS COVID-19 Notification Plan (attached).
 - You will be contacted by the Fairfield Health Department Contact Tracing Team who will provide additional guidance.
 - Information related to case investigations is confidential and private health information will not be disclosed by FPS or the Fairfield Health Department.
- **If your child or you (staff) becomes ill during the school day**
 - The School Nurse will follow protocols as established by the State Department of Health, CT State Department of Education and Fairfield Health Department.
- **What about siblings?**



Sick Child	Case	Contact
If a student is sick but has not been diagnosed with COVID-19, their siblings do not need to be excluded from school	If a student is a case, their siblings will need to self-quarantine for 10 days after their last known exposure.	If a student is a contact, their siblings do not need to be excluded from school; the siblings only would need to exclude if they have direct contact with a case.

- **Who needs to quarantine?**



Case	Contact	Contact of a contact
Self-isolate until no longer infectious	Self-quarantine for 10 days after last known exposure	No need to isolate or quarantine

- Anyone with a known close or direct contact to a positive case will be contacted by their school nurse or the Fairfield Contact Tracing Team and given guidance at that time.
- Anyone who is asked to quarantine cannot go to school and should stay home for 10 days after their last known exposure.
- **If your child or you (staff) is ill with non-COVID-19 like illness**
 - As always, your child/you must be fever free for at least 24 hours without fever-reducing medications and have an improvement in other symptoms before returning to school.



STUDENT AND STAFF COVID-19 DAILY SELF CHECKLIST

Complete this check each morning before you/your child leaves for school. If you CHECK any item below, your child/you must STAY HOME, and you must notify your child's school nurse and principal.

Please check your child/yourself for these symptoms:

- Fever of 100.4 degrees or higher
- Chills or feeling feverish
- New, uncontrolled cough
- Shortness of breath or difficulty breathing
- Loss of sense taste or smell
- Sore Throat
- Significant fatigue, muscle or body aches
- New onset of severe headache, especially with fever
- Diarrhea, nausea, vomiting, abdominal pain

If your child/you have any of these symptoms, they/you may have an illness that puts them/you at risk for spreading illness to others. For a full list of COVID-19 symptoms, click here:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Have your child/you had close contact (within 6 feet of an infected person for at least 15 minutes cumulative in a 24 hour period) with a person with confirmed COVID-19 in the last 14 days?

- Yes
 - No
-

Do you have a household member who has tested positive for COVID-19 or has had symptoms of COVID-19 in the last 14 days?

- Yes
 - No
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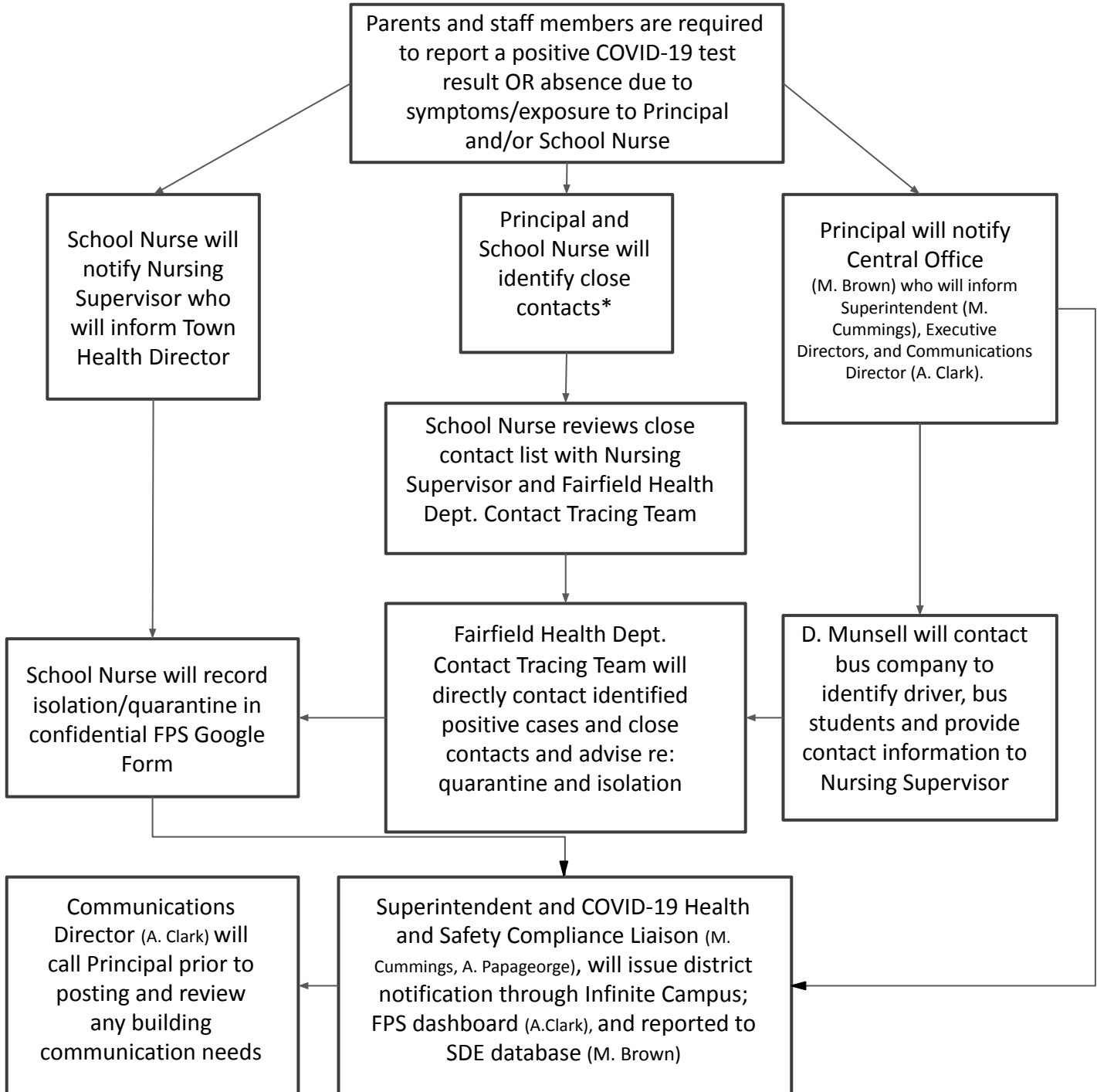
Have you traveled to any areas identified in the State of Connecticut's Travel Advisory <https://portal.ct.gov/coronavirus/travel> in the past 14 days?

- Yes
 - No
-

This form is for at-home use and does not need to be submitted to the school.

COVID-19 NOTIFICATION PLAN 2020-2021

The goal of the COVID-19 Notification Plan is to provide a safe, rapid and efficient response to a report of a COVID-19 positive case in staff or students in our school community.



*Close contacts in the school setting as identified by CT DPH are defined as follows:
 Contact: A person exposed to a Case; 15 minutes or more (cumulative within 24 hours) within six feet of a Case.
 School setting: classroom, other interior school location, bus stop, bus or other form of transportation, school grounds, or school related event held at other locations.