



The Early Education Center at Wesleyan Christian Academy

WEEKLY DINING MENU

January 4th - January 15th, 2021

	4th Monday	5th Tuesday	6th Wednesday	7th Thursday	8th Friday
AM Snack	100% Fruit Juice Rice Krispies ® Milk	100% Fruit Juice Cheerios(WG) Milk	100% Fruit Juice Waffle Sticks Milk	100% Fruit Juice Blueberry Muffin Milk	100% Fruit Juice Reduced Sugar Cinnamon Toast Crunch Milk
Lunch	Chicken Nuggets Brown Rice(WG) Green Peas Diced Pears Milk Vegetarian Mandarin "Chicken"	Cheese Quesadilla Green Beans Peaches Milk Cheese Quesadilla	Turkey Meatloaf Roll(WG) Carrots Pineapple Milk Vegetarian Meatballs	Chicken Tacos Broccoli Tortilla Mixed Fruit Milk Vegetarian "Chicken" Tacos	Cheese Tortellini Marinara Cauliflower Mandarin Oranges Milk Cheese Tortellini
PM Snack (Early Ed and After School)	Goldfish ® Milk	Yogurt Raisins	Cheddar Cheese Stick Crackers	Cheerios Milk	Sun Butter Graham Crackers

	11th Monday	12th Tuesday	13th Wednesday	14th Thursday	15th Friday
AM Snack	100% Fruit Juice Rice Krispies ® Milk	100% Fruit Juice Biscuit Milk	100% Fruit Juice Cheese Toast(WG) Milk	100% Fruit Juice Waffles Milk	100% Fruit Juice Bagel & Jelly Milk
Lunch	Chicken Nuggets Brown Rice (WG) Broccoli Mixed Fruit Milk Vegetarian Mandarin "Chicken"	Philly Steak Bun (WG) Green Peas Pears Milk Beefless Tips and Rice	Turkey Sausage Biscuit Tater Tots Mandarin Oranges Milk Black Bean Burger	Sliced Ham Roll(WG) Baked Beans Peaches Milk Crispy "Chicken" Tenders	Beef Tacos Brown Rice(WG) Pintos Pineapple Milk Beefless Tacos
PM Snack (Early Ed and After School)	Graham Crackers Milk	Yogurt Carrots	Applesauce String Cheese	Reduced Sugar Cinnamon Toast Crunch Milk	Fruit Cup Crackers