

# White Bear Lake Schools Did You Know?

## AFFORDABLE School Linked Mental Health Services are available in your district!

All agencies serve diverse communities with face to face, online and telephone appointments.

Please talk with your School Social Worker, Counselor or Psychologist  
or connect with the agencies listed directly below:



### Northeast Youth and Family Services

(WBL High Schools North and South Campus and Central and Sunrise Middle Schools )

- CONTACT: 651-757-4071 (Tracy Allen, intake coordinator, NYFS WBL office). If you receive voicemail, please leave a message.

### Natalis Counseling & Psychology Solutions

(Lake Aires and Matoska Elementary Schools )

- CONTACT: 651-796-3957 (Tony Vue, Natalis School Linked Coordinator (St. Paul Office). If you receive voicemail, please leave a message.



### North Homes Children and Family Services

(Birch Lake, Otter, Vadnais and Lincoln Elementary Schools )

- CONTACT: Rachel Bougalis, MS LPCC 320-282-5302



### Family Innovations

(Oneka and Willow Elementary Schools )

- CONTACT: 612-746-7329 (f you receive voicemail, please leave a message.  
**\*Tell them you attend White Bear Lake Area Schools)**



**School-Linked Mental Health services are for students experiencing social, emotional or behavioral problems.**



**If your child is covered by any health insurance plan, providers will bill the insurance company and assess the co-pay required. However, if you are uninsured, underinsured, have a high deductible or co-pay amount that you are not able to pay, grant funds can help cover these costs** through the Department of Human Services, the Suburban Ramsey Family Collaborative and the Ramsey County Children's Mental Health Collaborative.