

January 2021 After School Snack

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Snack - choice of 2 Milk or Grain or M/MA or Fruit or Veg - 3/4c	Cheese Stick & Muffin	Milk Cereal Bowl	Breakfast Bar Juice	Yogurt Cup & Bug Bites	Sun Chips Juice
2	11	12	13	14	15
Snack - choice of 2 Milk or Grain or M/MA or Fruit or Veg - 3/4c	Cheese Stick Craisin & Peaches	Milk Animal Crackers	Breakfast Bar Craisins & Carrot Sticks	Chips Whole Apple	Bug Bites Juice
3	18	19	20	21	22
Snack - choice of 2 Milk or Grain or M/MA or Fruit or Veg - 3/4c	NO SCHOOL	Milk Mini Cinni	Animal Crackers Juice	Small Muffin Peaches & Craisins	Milk Cereal Bowl
4	25	26	27	28	29
Snack - choice of 2 Milk or Grain or M/MA or Fruit or Veg - 3/4c	Milk Bug Bites	Cheese Stick & Muffin	Milk Banana Bread	Cheese Cubes & Cornbread	Muffin Whole Apple