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Student Health Services

District Medical Advisor

The Bethany Board of Education (Board) directs the Superintendent to appoint a Bethany Public School District (District) medical advisor and appropriate medical support service personnel including nurses that are recommended by the Superintendent.

The District Medical Advisor, in cooperation with the Board and the local Health Department for the District, shall:

- 1. plan and administer the school's health program,
- 2. advise on the provision of school health services,
- 3. provide consultation on the school health environment, and
- 4. perform any other duties as agreed between the advisor and the appointing Board.

School health efforts shall be directed toward detection and prevention of health problems and to emergency treatment, including the following student health services:

- 1. appraising the health status of student school personnel,
- 2. counseling students, parents, and others concerning the findings of health examination,
- 3. encouraging correction of defects,
- 4. helping prevent and control disease,
- 5. providing emergency care for student injury and sudden illness,
- 6. maintaining school health records.

Health Records

There shall be a health record for each student enrolled in the District which will be maintained in the school nurse's office. For the purposes of confidentiality, records will be treated in the same manner as the student's cumulative academic record.

Student health records are covered by the Family Educational Rights and Privacy Act (FERPA) and are exempt from the Health Insurance Portability Act (HIPAA) privacy rule. However, it is recognized that obtaining medical information from health care providers will require schools to have proper authorization and to inform parents/guardians that such information once released by health care providers is no longer protected under HIPAA but is covered under FERPA.

Regular Health Assessments

The Bethany Board of Education (Board) requires each student enrolled in the Bethany Public School District (District) to undergo health assessments as mandated by state law. The purpose of such health assessments shall be to ascertain whether a student has any physical disability tending to prevent him/her from receiving the full benefit of school work and to ascertain whether school work should be modified in order to prevent injury to the student or to secure a suitable program of education for him/her. Such health assessments must be conducted by one (1) of the following qualified providers for health assessments: 1) a legally qualified practitioner of medicine, 2) an advanced practice registered

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nurse or registered nurse, who is licensed under state statute, 3) a physician assistant, who is licensed under state statute, 4) the school medical advisor or 5) a legally qualified practitioner of medicine, an advanced practice registered nurse or a physician assistant stationed at any military base. The Board will provide written prior notice of the health assessments required under these administrative regulations to the parent or guardian of each student subject to assessment. The parent or guardian shall be provided a reasonable opportunity to be present during such assessment or he/she may provide for such assessment him/herself. No health assessment shall be made of any public school student unless it is made in the presence of the parent or guardian or in the presence of another school employee. Any student who fails to obtain the health assessments required by these administrative regulations may be denied continued attendance in the District.

Prior to enrollment in kindergarten, each child shall have a health assessment by one of the following medical personnel of the parents/guardians choosing to ascertain whether the student has any physical disability or other health problem tending to prevent him or her from receiving the full benefit of school work and to ascertain whether such school work should be modified in order to prevent injury to the student or to secure for the student a suitable program of education:

- 1. a legally qualified physician,
- 2. an advanced practice registered nurse,
- 3. a registered nurse,
- 4. a physician's assistant,
- 5. a district medical advisor,
- 6. a legally qualified practitioner of medicine, an advanced practice registered nurse or a physician assistant stationed at any military base.

Such health assessment shall include:

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure.
- 2. Updating of immunizations required under Connecticut General Statutes § 10-204 and as periodically amended.
- 3. Vision, hearing, postural, and gross dental screenings.
- 4. Any other information including a health history as the physician believes to be necessary and appropriate.

Health assessments shall also be required in grade 6 by a legally qualified physician of each student's parents/guardians own choosing, or by the District Medical Advisor to ascertain whether a student has any physical disability or other health problems. Such health assessments shall include:

- 1. Physical examination which shall include hematocrit or hemoglobin tests, height, weight, and blood pressure.
- 2. Updating of immunizations required under Connecticut General Statutes § 10-204a and the Department of Public Health, Public Health Code, 10-204a-2a, 10-204-3a, and 10-204a-4.

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- 3. Vision, hearing, postural, and gross dental screenings.
- 4. Any other information including a health history as the physician believes to be necessary and appropriate.

A child will not be allowed, as the case may be, to begin or continue in school unless health assessments are performed as required. Students transferring into the District must provide evidence of required Connecticut vaccinations, immunizations, and health assessments at enrollment and prior to school attendance.

Health assessments will be provided by the District Medical Advisor without charge to all students whose parents/guardians meet the eligibility requirement of free and reduced-price meals under the National School Lunch Program.

The Board shall annually designate a representative to receive reports of health assessments and immunizations from health care providers.

Health assessment results and recommendations signed by the examining physician or authorized medical personnel shall be recorded on forms provided by the Connecticut State Board of Education and kept on file in the school. Upon written authorization from the student's parent/guardian, original cumulative health records shall be sent to the chief administrative officer of the District to which such student moves and a true copy of the student's cumulative health records maintained with the student's academic records. The Superintendent, or his/her designee, shall notify parents/guardians of any health-related problems detected in health assessments and shall make reasonable efforts to assure that further testing and treatment are provided, including advice on obtaining such required testing or treatment.

Students who violate Board requirements for health assessments and immunizations will be excluded from school after appropriate parental/guardian notice and warning.

Vision Screening

All students in grades K, 1, 3, 4 & 5 will be screened using a Snellen chart, or equivalent screening, by the school nurse. Additional vision screenings will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student in question. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent shall cause a written notice to be given to the parent/guardian of each student found to have any defect of vision, with a brief statement describing such defect.

As necessary, special educational provisions shall be made for students with disabilities.

Hearing Screening

All students will be screened for possible hearing impairments in grades. K, 1, 3, 4 & 5. Additional audiometric screenings will be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent shall cause a written notice to be given to the parent/guardian of each student found to have any defect of hearing, with a brief statement describing such defect.

As necessary, special educational provisions shall be made for students with disabilities.

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Postural Screening

School nurses will screen all female students in grade 5 for scoliosis or other postural problems. Additional postural screenings will also be conducted in response to appropriate requests from parents/guardians or professionals working with the student. Results will be recorded in the student's health record on forms supplied by the Connecticut State Board of Education, and the Superintendent shall cause a written notice to be given to the parent/guardian of each student found to have any postural defect of problem, with a brief statement describing such defect or disease.

As necessary, special educational provisions shall be made for students with disabilities.

Oral Health Assessments

Parents/guardians are encouraged to have oral health assessments for their child(ren) prior to public school enrollment. Such assessment may be conducted by a dentist, dental hygienist, physician, physician assistant, or an advanced practice registered nurse, if he or she is trained in conducting such assessments as part of a Department of Public Health approved training program. When conducted by a dentist the oral assessment must include a dental examination. If another such provider conducts the assessment, it must include a visual screening and risk assessment.

A child's public school enrollment continued attendance shall not be denied for his/her failure to receive the oral health assessment.

Immunizations/Vaccinations

No student will be allowed to enroll in district schools without adequate immunization against the following diseases:

- 1. Measles
- 2. Rubella
- 3. Poliomyelitis
- 4. Diphtheria
- 5. Tetanus
- 6. Pertussis
- 7. Mumps
- 8. Hemophilus influenza type B
- 9. Hepatitis B
- 10. Varicella (Chickenpox)
- 11. Hepatitis A
- 12. Pneumococcal disease
- 13. Influenza
- 14. Meningococcal disease
- 15. Any other vaccine required by Connecticut General Statutes §19a-7f

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All students in grades K-6 are required to have received two (2) doses of measles, mumps, and rubella vaccine or serologic proof of immunity. Students entering kindergarten shall show proof of having received two (2) doses of varicella vaccine, laboratory confirmation of immunity, or present a written statement signed by a physician, physician assistant, or advanced practice registered nurse indicating the individual has had varicella based on family or medical history.

Students shall be exempt from the appropriate provisions of this policy when:

- 1. they present a certificate from a physician or local health agency stating that initial immunizations have been given and additional immunizations are in process under guidelines and schedules specified by the Commissioner of Health Services; or
- 2. they present a certificate from a physician stating that in the opinion of such physician, immunization is medically contraindicated because of the physical condition of such child; or
- 3. they present a statement from their parents/guardians that such immunization would be contrary to the religious beliefs of such child or his/her parents/guardians; such statement to be officially acknowledged by a notary public or a judge, a court clerk/deputy clerk, a justice of the peace, or a Connecticut attorney, or
- 4. in the case of measles, mumps, or rubella, present a certificate from a physician, physician assistant, or advanced practice registered nurse, or from the Director of Health in such child's present or previous town of residence, stating that the child has had a confirmed case of such disease; or
- 5. in the case of Hemophilus influenza type B has passed his or her fifth birthday; or
- 6. in the case of diphtheria, tetanus and pertussis have a medical exemption confirmed in writing by a physician, physician assistant, or advanced practice registered nurse (per C.G.S. 19a-7f).

The school nurse will report to the District Medical Advisor and local directors of health of any occurrence of State of Connecticut defined reportable communicable diseases.

Student Medical Care at School

School personnel are responsible for the immediate care necessary for a student whose sickness or injury occurs on the school premises during school hours or in school-sponsored and supervised activities.

If a child's injury requires immediate care, the parent/guardian will be contacted by the school nurse, the Principal, or his/her designee, and advised of the student's condition. When immediate medical or dental attention is indicated, and when parents/guardians cannot be reached, the student will be transported to the nearest hospital.

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Legal Reference: Connecticut General Statutes § 10-203

Connecticut General Statutes § 10-204

Connecticut General Statutes § 10-204a

Connecticut General Statutes § 10-204c

Connecticut General Statutes § 10-205

Connecticut General Statutes § 10-206

Connecticut General Statutes § 10-206a

Connecticut General Statutes § 10-207

Connecticut General Statutes § 10-208

Connecticut General Statutes § 10-208a

Connecticut General Statutes § 10-209

Connecticut General Statutes § 10-210

Connecticut General Statutes § 10-212

Connecticut General Statutes § 10-212a

Connecticut General Statutes § 10-213

Connecticut General Statutes § 10-214

Connecticut General Statutes § 10-214a

Connecticut General Statutes § 10-214b

Connecticut General Statutes § 10-217a

20 U.S.C. 1232g

42 U.S.C. 1320d-1320d-9, Public Law 104-191

Public Act 18-168 §§ 7-9, 539 & 540

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