



JANUARY 2021 - LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| 4 Christmas Break NO SCHOOL | 5 Penne Pasta - GL,D Veggie Marinara / Garlic Bread-GL,D Steamed Garlic Broccoli Chocolate Chip Cookie-D,GL,E Olive Oil, Butter, Parmesan | 6 BBQ Chinese Chicken Sandwich - GL, SY Jasmine Rice Vegetable Egg Roll - GL, E, SY, F Chocolate Chip Cookie-D,GL,E Soy Sauce, Duck Sauce | 7 Slow Cooked Soft Chicken Taco - GL Sauteed Corn - D Garlic Black Bean Brown Rice Chocolate Chip Cookie-D,GL,E Guacamole, Sour Cream, Salsa | 8 Cheese, Pepperoni or Bacon Pizza-D, GL Steamed Broccoli Chocolate Chip Cookie-GL,D,E Parmesan, Pesto |
| 11 Breaded Chicken Sandwich - GL,D,E Macaroni & Cheese - D, GL Sauteed Garlic Green Beans - D Chocolate Chip Cookie-D,GL,E Bacon, Tomato | 12 3 Cheese Ravioli - D, GL, E Garlic Bread-GL,D Steamed Garlic Broccoli Olive Oil, Butter, Parmesan | 13 Texas Toast Grilled Cheese-D,GL Tomato Soup - D Tater Tots / Garlic Broccoli Chocolate Chip Cookie-D,GL,E Ketchup | 14 Baked Chicken Tender - GL, SY French Fries Sauteed Garlic Green Beans - D Chocolate Chip Cookie-D,GL,E Ketchup, Honey Mustard, BBQ Sauce | 15 100% Beef Burger - GL French Fries Carrot Sticks Chocolate Chip Cookie-D,GL,E Ketchup, Mustard, Relish, Tomato, American Cheese |
| 18 MLK Day NO SCHOOL | 19 Buttered Spaghetti - GL,D Veggie Marinara Sauce Steamed Garlic Broccoli / Garlic Bread- D,GL Chocolate Chip Cookie-D,GL,E Olive Oil, Butter, Parmesan | 20 Meatball Grinder - D, GL, E Marinara Sauce Roasted Cauliflower Waffer Fries Parmesan, Ketchup | 21 Baked Chicken Wings Celery & Carrot Sticks Tator Tots Blue Cheese, BBQ, Honey Mustard, Ranch, Thai Chili | 22 Cheese, Pepperoni or Bacon Pizza-D, GL Steamed Broccoli Chocolate Chip Cookie-GL,D,E Parmesan, Pesto |
| 25 Crunchy Beef Taco - C Sauteed Corn - D Yellow Rice Chocolate Chip Cookie-D,GL,E Guacamole, Sour Cream, Salsa | 26 Cavatappi Pasta w/Bolognese Sauce - GL,D Garlic Bread-GL,D Steamed Garlic Broccoli Chocolate Chip Cookie-D,GL,E Olive Oil, Butter, Parmesan | 27 Grilled Chicken Gyro- GL Basmati Rice- D Grilled Asparagus Chocolate Chip Cookie-D,GL,E Tzatziki, Tomato, Feta, Onion | 28 Pancakes- GL,D,SY,E Sausage / Home Fries Chocolate Chip Cookie-D,GL,E Maple Syrup | 29 100% Beef Burger - GL French Fries Carrot Sticks Chocolate Chip Cookie-D,GL,E Ketchup, Mustard, Relish, Tomato, American Cheese |

* All lunch prepared fresh daily *

* Due to Covid-19 Health & Safety Procedures - Salad Bar is temporarily closed *

*** Prepackage Caesar or House Salad available Daily ***

* Soup available on certain days *

* Fresh Fruit Available Daily *

* Chocolate Chip Cookies available everyday

* Apple Juice, Regular and Chocolate Milk included with lunch.

Bread, Pizza, Pancakes, Pasta

***Allergens: Soy -SY, Gluten - GL,
Dairy - D, Eggs - E, Shellfish - SF,
Corn - C**