



# NORTH COAST SECTION, CIF

*Rianne Pfaltzgraff, President*

*Pat Cruickshank, Commissioner of Athletics*

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5 Crow Canyon Ct., Suite 209, San Ramon, CA 94583 Tel.: (925) 263-2110, Fax: (925) 263-2120, Web: [www.cifncs.org](http://www.cifncs.org)

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Good Afternoon!

As most of you are aware, the Governor's Office and the California Department of Public Health (CDPH) released updated guidelines late yesterday. While these guidelines give us some hope and make the path to returning to competition a bit clearer, there is still much to be determined regarding when that might happen. One of the things they were very clear about is that competition cannot begin until at least January 25, 2021 and that they will reassess that date on January 4, 2021.

Using the updated guidelines and the dates that they have given us, and in consultation with our NCS President, we will remain in summertime activities until we determine a first day of practice. We will look at the updated guidance that they release on January 4<sup>th</sup>, work with our leadership and schools and decide on how we move forward. In the meantime, schools may continue to condition and even practice, as stated in the new guidelines, if their school administration agrees, and it is within what your county allows. Practice means that you can have your entire team together, if you are outside, with 6 feet of social distancing, and within stable cohorts. This also gives all sports the opportunity to be together over the next 3 weeks or so and does not limit it to Season 1 sports only. This at least gives you some direction during the holidays and allows us to see what update CDPH puts out in January.

I am also including with this letter The CIF plan for return to Education-Based Athletics, COVID-19 Modifications and Guidelines, and all sports guidelines so that you can better prepare to return to activity when that time comes. I hope these are helpful.

In conclusion, the information we received today is a small step in the right direction, a direction that we have been going away from the past few months. This coupled with the excitement of a vaccine and the hope that our state can follow the proper guidelines this holiday season gives us some hope for a return to fields of play for our student-athletes.

My staff and I wish you a wonderful holiday season, and hope that you all get to take some time to refresh and remember what is important in our lives. When the new year hits, we will be ready to tackle the final hurdles of getting our sports back up and running.

All the best, Happy Holidays!

Pat