WEEKLY WORD

Oct. 30, 2020



Reflections and Sisterhood

This week's Freshman Retreat allowed the newest IWA class to learn about themselves, each other and their faith. The annual event was reimagined to accommodate pandemic precautions. <u>Read more here</u>.

The Upcoming Week

November 2

- All-School Mass (see below)
- Basketball tryouts 5:30- 7 p.m.

November 3

Soccer tryouts 4 - 5:45 p.m. (place TBD; details:<u>email Coach Gonzalez</u>)
November 4

- Sophomore Retreat
- Soccer tryouts 4 5:45 p.m. (place TBD; details: email Coach Gonzalez)
- Basketball tryouts 5:30 7 p.m.

Important Dates

November 13

Senior Retreat

November 14

- Fall into Sisterhood Pajama Night (*see below*) November 18
 - Senior PwC Young Women's Leadership Conference

NOTE: Because of the Senior Retreat on Nov. 13, we will have a special schedule during the week of Nov. 9 - 13. Monday and Tuesday, Nov. 9 and 10, will be odd block days, with Group A on campus on Monday and Group B on campus on Tuesday. Wednesday and Thursday, Nov. 11 and 12, will be even block days, with Group A on campus on Wednesday and Group B on campus on Thursday. On Friday, Nov. 13, we will follow the Wednesday schedule.

Cool News



IWA Students Named Buzz Correspondents

Two Incarnate Word Academy seniors are covering high school life for "The Buzz" magazines. <u>Read what they're writing and how they got the opportunity here</u>.

General Announcements



Fall into Sisterhood Pajama Night | Nov. 14, 2020

Class of 2024 and Class of 2023 4 - 6 p.m. Class of 2022 and Class of 2021 7 - 9 p.m.

Join us for an evening of fun, sisterhood and games. *Students* <u>must register here</u> *by 3 p.m., Wednesday, Nov. 11, 2020* in order to participate.



The Yearbook Class Needs Your Help!

The members of our yearbook class are looking for photos of IWA student's pets dressed in fall fashion or Halloween costumes. Please email photos to <u>Ms.</u> <u>Beretto</u>, the yearbook teacher. Your pet may be featured in next year's yearbook!

Athletics

Cross Country The Cross Country State Meet is Monday Nov. 2 at Midway ISD in Hewitt, Tex.

Volleyball

Last week, our freshman, JV and varsity volleyball teams all won their matches with Monsignor Kelly High School in Beaumont. The final scores were: Freshman: IWA 2 Kelly 0 JV: IWA 2 Kelly 1 Varsity: IWA 3 Kelly 2

Good luck to all our Falcons teams!

College Counseling News

Stanford University Pre-College Winter Break Program

Al Scholars Live Online is presented by Stanford University Ph.D. students and exposes high school students to fundamental Al concepts and guides them to build a socially impactful Al project in interest areas such as healthcare, robotics, finance, and sustainability to showcase the skills they learned. Students of all levels <u>may apply here</u>. The application deadline is Oct. 31.

Upcoming Week's Virtual College Representative Visits

Monday, Nov. 2 Rensselaer Polytechnic Wednesday, Nov. 4 Belmont University

Tuesday, Nov. 3 Franklin & Marshall College Thursday, Nov. 5 Champlain College

Friday, Nov. 6 College of William & Mary

Campus Ministry

Nov. 2, 2020 | All Souls Day

We will celebrate an All School Mass Mass of remembrance. Group A juniors and seniors will attend in person. Group A sophomores and freshmen will participate from the classroom. Group B will follow the event via livestream.

All are invited to <u>watch our Mass via</u> live stream here.





Upcoming Retreats

Our classification retreats are an important part of life here at IWA. The offer opportunities for prayer and reflection, and allow our students to grow closer to God.

Sophomore Retreat | Nov. 4 Details about our Sophomore Retreat are here.

Senior Retreat I Nov. 13 Seniors will find everything they need to know about this special day here

Please join us in prayer for our young women as they take these important steps on their faith journeys.

Teens for Unity News | Penny Wars are Back!

IWA TEENS4UNITY PRESENT

PENNY WARS

October 30 - November 6



This popular event continues through Nov. 6! Proceeds collected benefit care kits for the homeless.

Penny Wars works like this:

Students place pennies in the jar for their classification.

They can also place other coins or dollars in the jars of other classifications. Only pennies count toward winning the competition.

For instance, if a student places 50 pennies in the sophomore class Penny War jar, the sophomore class earns 50 points. However, if a junior places a quarter in the sophomore class' Penny War jar, 25 points will be deducted from the class total.

The class with the most points at the end of next win wins the Penny Wars!

Wellness



Last week, during our Freshman Flex session, the students learned how to identify their sources of stress and ways to manage that stress.

We felt the advice was helpful for all of our students. Check out some of the stress-busting strategies that were discussed:

- Find a good support system
- Get organized and take charge
- Take breaks and give yourself "me" time.
- Take good care of yourself.
- Get a hobby, do something different.

IWA Snapshots - Red Ribbon Week Edition



Monday and Tuesday were "Boot Out Drugs" days here at IWA. Thursday and Friday saw groups A and B taking part in "Say Boo to Drugs" days. We also captured some members of our faculty and staff in costume on Thursday and Friday. We love everyone's school spirit and creativity in fashion choices! Stay safe, and Happy Halloween!





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MISSION

Incarnate Word Academy provides young women with a Catholic college preparatory education helping them grow in their relationship with Jesus, the Incarnate Word, and live according to His values.

Incarnate Word Academy www.incarnateword.org | 713.227.3637



