

# SHADY SIDE

## ACADEMY

Senior School  
WEEK 1(JANUARY 11– JANUARY 17)

Gluten free options are available daily.  
\* denotes an upcharge for that item.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Day Breakers</b>	Loaded Scrambled Eggs Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Burritos Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Waffles Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Breakfast Taquitos Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits	Bacon Avocado Bagel Breakfast Meat Potato Assorted Breads Assorted Cold Cereal Assorted Fruits		
<i>Comfort Combo</i>		Italian Orzo Soup w/ Avocado Caprese Wrap Combo		Buffalo Chicken Chowder w/ BLT Combo		Breakfast Quesadilla or Maple Cinnamon Pancakes	Scrambled Eggs or Meat Lover's Breakfast Sandwich
<i>Deli Sandwich</i>	Beef & Cheddar on Kaiser	Beef & Cheddar on Kaiser	Beef & Cheddar on Kaiser	Beef & Cheddar on Kaiser	Beef & Cheddar on Kaiser	Assorted Scrambled Eggs	Chef's Choice
<i>A Little Extra</i>	Chicken Tenders or Tuna Salad (croissant, wrap, scoop)	Chicken Tenders or Tuna Salad (croissant, wrap, scoop)	Chicken Tenders or Tuna Salad (croissant, wrap, scoop)	Chicken Tenders or Tuna Salad (croissant, wrap, scoop)	Chicken Tenders or Tuna Salad (croissant, wrap, scoop)	Potato Breakfast Meat  Assorted Breads Fresh Baked Treats Assorted Cold Cereals	Potato Breakfast Meat  Assorted Breads Fresh Baked Treats Assorted Cold Cereals
<i>Main Plate</i>	Cajun "Chick'n" Salad or Corned Beef Grilled Cheese Onion Rings Green Beans	Enchilada Bowl or Chipotle Chicken w/ Bacon on Pretzel Bun Cheddar Sunchips Fruit Salad	Tortellini Alfredo Bowl or Beyond Greek Burger Pasta Salad Pears	Bacon Cheeseburger Salad or General Tso's Cauliflower Steamed Rice Broccoli	Antipasto Cobb Salad or Black & Bleu Portobello Sandwich BBQ Lays Orange		
<i>Evening Main Plate</i>	Fried Chicken or Stuffed Portobellos  Noodles Vegetable Medley	Cavatappi w/ Italian "Beef" or Potato Crusted Cod  Orzo Pilaf Vegetable Medley	Salisbury Steak or Spicy Stuffed Anaheim Peppers  Cauliflower Mash Vegetable Medley	CHEF'S CHOICE	<b>BYO Soup Bar</b>	Roasted Turkey or Stuffed Butternut Squash  Mashed Potatoes w/ Gravy Fresh Vegetable	Italian Stuffed Chicken or Cheese Ravioli  Garlic Knots Fresh Vegetable

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