



Dinner Menu 1

• RISHWORTH SCHOOL •

MONDAY

BUTTERNUT SQUASH DHANSAK & INDIAN RICE
SPANISH PORK WITH BUTTER BEANS & CHORIZO
NEW POTATOES & BROCOLI
ICE CREAM CUPCAKES

TUESDAY

HOMEMADE FISH PIE
ROAST PEPPER QUICHE
GARDEN PEAS & POTATO WEDGES
CHOCOLATE MUFFINS

WEDNESDAY

SPICY MEATBALLS IN ARRABIATA SAUCE, PASTA & GARLIC BREAD
MOZZERELLA & CHERRY TOMATO PANINI
OVEN ROASTED COURGETTES & ROASTED NEW POTATOES
FRESH FRUIT MERINGUE

THURSDAY

HONEY CHILLI CHICKEN & PAK CHOI & RICE
HALLOUMI BURGER
CURLY FRIES
TOFFEE RICE CRISPY BUNS

FRIDAY

SIRLOIN STEAK WITH ALL THE TRIMMINGS
VEGETABLE LASAGNE
CHIPS & HOUSE SALAD
ICE CREAM



Dinner Menu 2

• RISHWORTH SCHOOL •

MONDAY

GRILLED GAMMON WITH A FRIED EGG
CREAMY GARLIC MUSHROOM PANCAKES
GARDEN PEAS & CHIPS
LEMON MUFFINS

TUESDAY

CHICKEN KATSU CURRY & VEGETABLE RICE
STUFFED PEPPERS
ROASTED VEGETABLES & HALF A JACKET POTATO
MARS BAR CAKE

WEDNESDAY

SPAGHETTI BOLOGNESE & CHEESY GARLIC BREAD
ROASTED VEGETABLE TART
BAKED BEANS & CURLY FRIES
HOMEMADE FLAPJACK

THURSDAY

STICKY CHILLI SALMON & NOODLES
FALAFAL BURGER & COLESLAW
ROASTED CAULIFLOWER & NEW POTATOES
FRUIT KEBABS & CHOCOLATE SAUCE

FRIDAY

BBQ CHICKEN WRAPS
BBQ QUORN WRAPS
CHARRED SWEETCORN & DAUPHINOISE POTATOES
FRESH FRUIT TRIFLE



Dinner Menu 3

• RISHWORTH SCHOOL •

MONDAY

BUILD YOUR OWN BURGER
SKINNY FRIES
HOMEMADE SHORTBREAD BISCUITS

TUESDAY

CHICKEN & BLACKBEAN STIR FRY & NOODLES
BUTTERNUT SQUASH & SPINACH LASAGNE
HERBY DICED SALAD
FRESH FRUIT SALAD JELLY

WEDNESDAY

LAMB MOUSSAKA
QUORN SAUSAGE & ONION GRAVY
STIR FRIED SPINACH, CABBAGE & NEW POTATOES
ICED BAKEWELLS

THURSDAY

WINGS & RIBS, ASIAN SLAW
SWEET POTATO CURRY, ROAST PEPPER RICE
MIXED SALAD & WEDGES
FRUIT WAFFLES TOFFEE SAUCE & ICE CREAM

FRIDAY

SALMON GOUJONS & SWEET CHILLI SAUCE
ROASTED MEDITERRANEAN VEGTABLE PIZZA
GARDEN PEAS & ROASTED NEW POTATOES
HOMEMADE COOKIES



Dinner Menu 4

• RISHWORTH SCHOOL •

MONDAY

SPICED LAMB PILAF
CHEESY RIGATONI BAKE
NEW POTATOES & MANGE TOUT
LEMON MUFFINS

TUESDAY

JERK CHICKEN RICE & PEAS
HOMEMADE CHEESE & ONION PIE
HALF A BAKED POTATO & BAKED BEANS
HOMEMADE SHORTBREAD BISCUIT

WEDNESDAY

OVEN BAKED LASAGNE
HALLOUMI BURGER SERVED IN A SEEDED BUN
CURLY FRIES & ROASTED MEDITERRANEAN VEGETABLES
FLAPJACK

THURSDAY

THE GREAT BRITISH TAKEAWAY
ICE-CREAM & TOFFEE SAUCE

FRIDAY

AUTHENTIC CHICKEN KORMA
VEGETABLE KORMA
NAAN BREAD, RICE & HERBY DICED SALAD
FRESH FRUIT MERINGUE



Dinner Menu 5

• RISHWORTH SCHOOL •

MONDAY

SOUTHERN FRIED CHICKEN BURGER & FIRECRACKER SAUCE
FALAFAL PITTA POCKETS
HOUSE SALAD, COLESLAW & CAJUN WEDGES
MARS BAR CAKE

TUESDAY

SZECHUAN PORK & VEGETABLE RICE
BROCCOLI AND CHEDDAR CHEESE QUICHE
NEW POTATOES, SWEETCORN & PEPPERS
FRESH FRUIT JELLY

WEDNESDAY

SELECTION OF PIZZAS
CURLY FRIES & HOUSE SALAD
MILLIONAIRES SHORTBREAD

THURSDAY

CUMBERLAND SAUSAGE & RICH ONION GRAVY
BUTTERNUT SQUASH & SPINACH CURRY WITH RICE
MASHED POTATOES & ROASTED CALIFLOWER
CHOCOLATE BROWNIE

FRIDAY

SPICY BEEF STIR-FRY & NOODLES
VEGETABLE STIR-FRY & NOODLES
SAUTÉED POTATOES IN GARLIC HERB BUTTER & CHARRED CORN
ARTIC ROLL



Dinner Menu 6

• RISHWORTH SCHOOL •

MONDAY

ROASTED CAJUN CHICKEN
QUORN CHILLI & RICE
SPICY WEDGES & MANGE TOUT
CHOCOLATE CHIP MUFFIN

TUESDAY

BREADED SCAMPI SERVED WITH HOMEMADE TARTAR SAUCE
HOMEMADE CHEESE AND ONION PASTY
CHIPS & GARDEN PEAS
ICED FINGERS

WEDNESDAY

SLOPPY JOE PANINI
ROASTED MEDITERRANEAN VEGETABLE FLAN
CURLY FRIES & CHARRED SWEETCORN
WAFFLES AND CHOCOLATE SAUCE

THURSDAY

GRILLED PORK STEAK IN HONEY & SOY SAUCE WITH NOODLES
QUORN SAUSAGE IN A RICH ONION GRAVY
MASHED POTATOES & BUTTERED CARROTS
LEMON CHEESECAKE

FRIDAY

HOMEMADE LAMB & MINT BURGER WITH MOZZERALLA
HOMEMADE BEAN BURGER ON A SEEDED BUN
OVEN ROAST POTATOES, COLESLAW & HOUSE SALAD
HOMEMADE COOKIES