

## **HELP LINES**

**BROWNSVILLE ISD CRIMESTOPPERS HOTLINE**  
**REPORT BULLYING - ANONYMOUS REPORTING**  
**(956)-408-0049**

**BULLYING & CYBERBULLYING HELP LINES**  
**STOP BULLYING NOW HOTLINE (USA) 1-800-273-8255**

- Helpline set up by U.S. Department of Health and Human Services
- Available 24/7

**EATING DISORDERS & NEGATIVE BODY IMAGE HELP LINES**  
**NATIONAL EATING DISORDERS ASSOCIATION (USA)**  
**1-800-931-2237**

- Monday-Thursday from 9am-9pm and Friday from 9am-5pm
- Closed for public holidays
- Help and advice for people affected by eating disorders

**LGBTQ2S+ HELP LINES**  
**THE TREVOR PROJECT (USA) 1-866-488-7386**

<https://www.thetrevorproject.org/>

Lesbian Gay Bisexual Transgender Questioning Youth or Two-Spirited (LGBTQ2S)

The Trevor line is a suicide prevention hotline for people who identify as LGBTQ2S. There is also the website for more information and interaction about

- Available 24/7
- Suicide prevention within the LGBTQ2S+ community

**LMHA/OSAR**  
**Substance Abuse Centers in Texas**  
**1-800-813-1233**

Outreach, screening, assessment and referral services help people get substance use services, case management and peer support. An OSAR service provider will stay in touch with people waiting for treatment and refer them to community services

**CRISIS TEXT LINE**  
**Help Line for Individual in Crisis Available 24/7**  
TEXT "HELLO" TO 741741

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