



December 16, 2020

Dear Parents,

As we are almost at the end of the first semester and begin Christmas break, please be cautious with your holiday plans and travel. With the rising number of Covid-19 cases, please wear your mask, physically distance when possible, wash your hands often, and avoid large gatherings. Please see the CDC's guidance for holiday planning:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

Let's start the second semester with everyone healthy.

Once we return to school in January, please remember:

1. *If over the break your child has had, or currently has any COVID-19 symptoms prior to returning to school, please keep your child home and notify me as soon as possible. We will develop the best plan of action for your child.*
2. *If any family member in your home develops symptoms related to COVID-19 and needs to be tested, please keep your child home until you have the results of the test. Notify me as soon as possible.*
3. *If you receive information that someone you were in contact with over the break develops COVID-19 symptoms or tests positive for COVID-19, please keep your child home and notify me as soon as possible.*
4. *Symptoms of COVID-19 may appear 2-14 days after exposure and may include: fever or chills, cough, shortness of breath, fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion, nausea or vomiting, diarrhea.*

See current quarantine/ Isolation guidelines:

Download [Quarantine Guidelines](#)

There is a lot of talk about the recent approval of the vaccine. While most of us are at the bottom of the list for getting the vaccine, please familiarize yourself with it and consider vaccinating your family once it is available. Here is the most recent CDC discussion on the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/8-things.html> .

Lynn Gray  
School Nurse