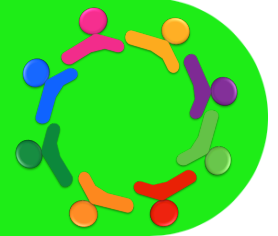


Online Safety Newsletter for Parents



Welcome to the second in a series of newsletters to support parents of primary aged children with online safety risks, issues and concerns. If you have any serious concerns or issues, please contact school as usual.

Advice

As the school year ends (and what a year it has been . . .) children in year 6 are moving to a new school. This often involves the acquisition of a new mobile phone. This short list of links below may be helpful for the transition period into year 7...

A new phone?

Many children have a new phone around this time of year. It is recommended that you put restrictions in place before you hand the phone over. This excellent advice from Internet Matters, provides information for a wide range of devices -

<https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/>

Smartphones and other devices

Children are using devices at a younger age so it's important to consider setting controls on the devices they use. We've pulled together a number of guides to give you simple steps to set controls on a range of devices.



and <https://www.internetmatters.org/resources/digital-resilience-toolkit/digital-resilience-toolkit-11-13-year-olds/>

Social media overload?

As our children have more access to online devices, there is an increase in pressure to communicate with friends through social media.

The Children's Commissioner report 2018, 'A life in Likes' reported on the issues raised by 8-12 year old children

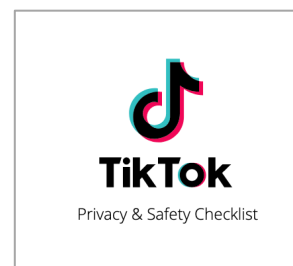
"...many Year 7 children are finding social media hard to manage and becoming over-dependent on 'likes' and 'comments' for social validation. They are also adapting their offline behaviour to fit an online image and becoming increasingly anxious about 'keeping up appearances' as they get older."

Get familiar with social media safety. This short video talks you through the areas to consider <https://www.internetmatters.org/resources/social-media-advice-hub/>

Page 7 of the Digital Parenting magazine from Vodafone gives some good advice regarding a safer start to social media

<https://www.vodafone.co.uk/cs/groups/public/documents/webcontent/vfcon096227.pdf>

TikTok have been taking steps to make the app a safer space for users. Children often start jumping on the TikTok-ing bandwagon when they're around eight or nine years old, despite the app's 13+ age restriction. Further advice and information can be found here <https://www.vodafone.co.uk/mobile/digital-parenting/tiktok-controls> or here <https://swgfl.org.uk/assets/documents/tiktok-checklist.pdf>



Gaming

This article provides a positive view of how we can incorporate games into a healthy lifestyle from Parent Zone. Video games to help your child stay active.

https://parentinfo.org/article/video-games-to-help-your-child-stay-active?utm_source=Parent+Zone+Newsletter&utm_campaign=46b15ff133-EMAIL_CAMPAIGN_2020_07_02_02_24&utm_medium=email&utm_term=0_1ee27d9000-46b15ff133-179011393



The website <https://www.askaboutgames.com/> provides much useful information and handy tips.

Advice is posted regularly on the Warwickshire Online Safety Facebook page for parents <https://www.facebook.com/stayingsafeonline/>



Have a safe and happy summer break.

Ensure that children are adequately supervised and supported by an adult during any time they are online.