

North Hill News

December 10, 2020

Upcoming Dates

12/11-12—PTA Sponsored Outdoor Holiday Shoppe

12/14—18—Remote Learning, schedule included in this newsletter

12/21—1/1 - NO SCHOOL—Holiday Recess

1/4—School resumes via Remote Learning

Per Dr. Shaner's Community Update of November 19, the decision has been made to continue serving our students in a remote learning environment through Friday, Jan. 15, 2021.



North Hill Elementary
1385 Mahaffey
Rochester Hills, MI 48307
248.726.4300

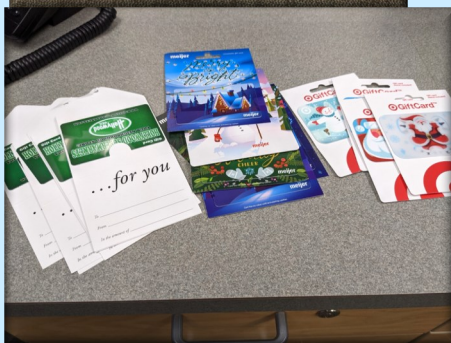
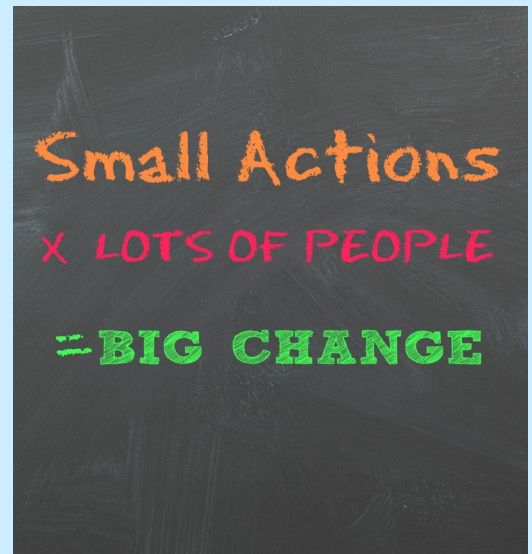
Follow RCS on social media:



Friends Helping Families



Thank you to all of our NH friends and families who donated gift cards to help our fellow NH families in need. We received almost \$3,000 in donations. The spirit of kindness and giving is so prevalent in our NH school community.



Our friends at Troy Family Practice on Square Lake Road dropped off a bundle of gift cards. They have supported our program for over 10 years. Thank you Troy Family Practice, you are amazing!



ROCHESTER
COMMUNITY SCHOOLS

PRIDE IN EXCELLENCE



[#PositivityInAction](#)



TODAY & TOMORROW!!!

NORTH HILL PTA PRESENTS

The Outdoor Holiday Shoppe

WE'RE THRILLED TO ANOUNCE THE OPPORTUNITY FOR STUDENTS TO COME TO NORTH HILL AND SHOP FOR HOLIDAY GIFTS IN AN OUTDOOR, SOCIALLY-DISTANCED SETTING. MASKS REQUIRED.

FRIDAY, DEC. 11 2:30—5:30PM
SATURDAY, DEC. 12 10AM—3PM

MORE INFORMATION TO COME VIA EMAIL

**Stay tuned for
Pay It Forward
Spirit Week
next week!!**

**INTRODUCING
“STEAM TEAMS!”
A science YouTube Channel
produced by
RCS Students
Scroll down to the flyer
for more information!**

**NEXT PTA
MEETING**
TUESDAY, JAN. 26
@ 7PM VIA ZOOM

UPCOMING MEETINGS:
Jan. 26th
March 9th
April 13th
May 11th

**ZOOM INFO
WILL BE
EMAILED AS IT
GETS CLOSER**

**Are you interested in being a part of the
PTA Executive board? All positions are open!**

**We'd be happy to talk to you if you have
any questions about it! It's a one-year
commitment and tons of fun!**

**Email nhillpta@gmail.com
for more information!**

Questions? Comments? Concerns?
Email the PTA at: nhillpta@gmail.com
Follow us on Facebook: North Hill Elementary PTA
<https://www.facebook.com/NorthHillPTA/>
www.northhillspiritwear.com Open 24/7

Our Amazing Owls

Let's Create Something!

This week, our kindergartners were given the task to make gingerbread playdough at home! Here is a picture of Bradley in Mrs. Bury's class hard at work, and his little brother even joined in! Here is the recipe if you want to do it with your own little people for the holidays! (And it stays good for about a month if you keep it sealed!)

GINGERBREAD PLAYDOUGH RECIPE

- 1 cup Flour
- 1/4 cup Salt
- 2 tsp Cream of Tartar
- 1 cup Water
- 1 1/2 or 2 TBSP Vegetable Oil ~ I love how soft it makes the dough feel.
- 1 – 2 tsp ground Cinnamon
- 1- 2 tsp ground Ginger
- 1 tsp ground Nutmeg
- 1 tsp ground Cloves



Kindness Challenge Accepted by 2nd Graders!

The second grade students in Mrs. Mattei's class have been challenged again by the kindness elves and have met the challenge! Way to go 2nd graders!



Happy Birthday !



More December birthdays posted next week!

Look WHOO is having a birthday!

11—Andreas M.	19—Joshua H.
11—Evelyn V.	22—Benjamin J.
12—Grace P.	24—June E.
13—Mallory I.	30—Samantha G.
16—Henry G.	30—Alice L.
17—Eian K.	31—Karson B.
18—Andrei B.	31—Mia C.
18—Nicholas J.	31—Aidan W.

North Hill Staff—Good News!



Our two student teachers are graduating and moving on! They will both graduate from Oakland University on December 19 with a degree in elementary education with an endorsement in Math. Ms. Peters student taught in our 2nd grade class with Mrs. Mattei and has accepted a long term sub position at Hugger. Ms. Wheeler taught in our 3rd grade class with Ms. Mack and is planning to substitute teach as well. Thank you ladies for your hard work and good luck to you both! We will miss you at North Hill!



STUDENT

Did your child accomplish something special outside of NH? We would love to recognize their accomplishments in our newsletter! Send a picture and a small blurb to Mr. Murphy and look for it in a future edition!

[#PositivityInAction](#)

Elementary Remote Learning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 a.m. - 12:00 p.m. Instructional block <ul style="list-style-type: none"> 30-minute break built in by teacher 30-minute special per class schedule 	8:00 a.m. - 12:00 p.m. Instructional block <ul style="list-style-type: none"> 30-minute break built in by teacher 30-minute special per class schedule 	8:00 a.m. - 11:00 a.m. Instructional block <ul style="list-style-type: none"> 30-minute break built in by teacher 	8:00 a.m. - 12:00 p.m. Instructional block <ul style="list-style-type: none"> 30-minute break built in by teacher 30-minute special per class schedule 	8:00 a.m. - 12:00 p.m. Instructional block <ul style="list-style-type: none"> 30-minute break built in by teacher 30-minute special per class schedule
12:00 p.m. - 1:00 p.m. Lunch	12:00 p.m. - 1:00 p.m. Lunch		12:00 p.m. - 1:00 p.m. Lunch	12:00 p.m. - 1:00 p.m. Lunch
1:00 p.m. - 2:30 p.m. Instructional block <ul style="list-style-type: none"> 30-minute special per class schedule 	1:00 p.m. - 2:30 p.m. Instructional block <ul style="list-style-type: none"> 30-minute special per class schedule 	11:00 a.m. - 11:30 a.m. Staff meetings as scheduled 2nd and 4th Wed. of month 11:30 a.m. - 12:10 p.m. Staff lunch 12:10 p.m. - 3:00 p.m. Staff planning	1:00 p.m. - 2:30 p.m. Instructional block <ul style="list-style-type: none"> 30-minute special per class schedule 	1:00 p.m. - 2:30 p.m. Instructional block <ul style="list-style-type: none"> 30-minute special per class schedule
2:30 p.m. - 3:00 p.m. Professional meetings/staff collaboration	2:30 p.m. - 3:00 p.m. Professional meetings/staff collaboration		2:30 p.m. - 3:00 p.m. Professional meetings/staff collaboration	2:30 p.m. - 3:00 p.m. Professional meetings/staff collaboration

- Students
- Staff

Parent Advisory Committee (PAC) News

Learning during the time of a pandemic has proven tricky for all, especially affecting our Special Education (SE) students. Parents have gained a higher level of understanding and appreciation for the process of educating our children, beyond what already existed amongst our children's teams, as we now are hands-on like never before. This unexpected mode of learning is 'new' to all - students, teachers, and parents alike! We encourage every parent struggling to support their children with IEPs or 504s to reach out to Michigan Alliance for Families, and look into the many free offerings of webinars in support of SE parents during this time. (michiganallianceforfamilies.org) As always, we also encourage you to stay in touch with the PAC for news! Find us on Facebook at: Rochester PAC.

Tech Support



<https://www.rochester.k12.mi.us/pages/156551/remote-learning-rcs>

I Matter Because...

2020-2021



CONGRATULATIONS!

Photography

Division K-2

1st Place: Rishith Cherukara

2nd Place: Kaia Lam

3rd Place: Rishith Cherukara

Division 3-5

1st Place: Mariajose Morfin-M

2nd Place: Alina Ju

3rd Place: Sophie Castellanos

HM: Annie Castellanos

Literature

Division K-2

1st Place: Rishith Cherukara

2nd Place: Gayun Kim

3rd Place: Kaia Lam

HM: Rishith Cherukara

Division 3-5

1st Place: Riya Gupta

2nd Place: Mariajose Morfin-M

3rd Place: Nico Lam

HM: Aashi Upadhyay

HM: Alina Ju

Film Production

Division K-2

1st Place: Evelyn Vavrick

Division 3-5

1st Place: June Ehlert

2nd Place: Alina Ju

3rd Place: Leigh Sapp

HM: Nico Lam

Visual Arts

Division K-2

1st Place: Rishith Cherukara

2nd Place: Gayun Kim

3rd Place: Aahna Upadhyay

HM: Maria Xydax

Division 3-5

1st Place: Jasmine Ng

2nd Place: Alina Ju

3rd Place: Jamie Ng

HM: Alina Ju

HM: Irina Bondarchuk

Music Composition

Division K-2

1st Place: Adalena Trachsel

2nd Place: Kaia Lam

Division 3-5

1st Place: Alina Ju

2nd Place: Emma Garland

3rd Place: Sophia Xydax

HM: Delaney Trachsel

HM: Regina Gonzalez

Dance Choreography

Division K-2

1st Place: Kaia Lam

Division 3-5

1st Place: Annie Castellanos

2nd Place: Sophie Castellanos

3rd Place: Alina Ju

Mr. Murphy's Choice Award:

Regina Gonzalez

Mrs. Peasley's Choice Award:

Alina Ju

PTA's Choice Award:

Rishith Cherukara

* HM: Honorable Mention

I Matter Because...

2020-2021



NORTH HILL
PTA
everychild.onevoice. 

YOU ARE CORDIALLY INVITED

Reflections Prize Pick-up

- Date:** Saturday, December 12
- Where:** North Hill Elementary (Main door by the buses loop)
- Time:** come anytime between 1:00 - 3:00 pm

If you are not available let us know at:
marumunozs@gmail.com

**Please wear your facemask and practice social distancing*



SELF-CONTROL

VIA Survey calls this strength *Self-Regulation*

Parent virtue: Temperance. Strengths of temperance protect us from excess. Strengths comprised in this virtue are forgiveness, humility/modesty, prudence, and self-control.



WHAT DOES SELF-CONTROL MEAN?

You have the ability to control your emotions and behaviors. You think before you act.

Self-control is the act of managing behavior in a way that positively influences goal attainment and living up to standards. Possessing this strength protects people from destabilizing emotional extremes. Those with self-control are able to limit impulsive behavior. They have the ability to experience and navigate difficulty while remaining poised.

They understand that through discipline and restraint, there are greater, long-term goals that they can accomplish. Self-control is related to prudence, in that people with this strength are able to implement extended planning techniques in pursuit of difficult task completion. Self-control does not mean a lack of thoughts, feelings, or impulses; it just means you have command over them.

WHY DOES IT MATTER?

For individuals, self-control helps them delay the short-term gain in pursuit of a greater, long-term success. This strength is associated with having an "internal locus of control;" of being in control of (and responsible for) your own personal choices – and the outcomes of those choices. It gives people the power to diet, study for an exam, or practice a musical instrument. Some psychologists have likened self-control to a muscle: it gets stronger the more it's used.

A group's ability to demonstrate self-control often appears in the form of "self-monitoring." This means that individuals demonstrate honesty with one another about successful group practices. When things are unsuccessful, group members have the ability to adjust roles in the interest of overall group success. It's a crucial strength in our modern society and its mentality of impulsivity and consumption.

Individuals with this strength might be described as:

- Disciplined
- Poised
- Composed
- Cool
- Measured
- Restrained

Individuals with this strength are likely to think, feel, or behave in the following ways:

- I can wait.
- If I do this now, I will benefit from it later.
- I'm going to do this, even though I would rather not.
- I can control my anger and emotions.
- I am disciplined.
- The more I practice self-control, the better I get at it.
- I have the ability to consider the situation before responding.
- I know that my actions now have an impact on my success later.

QUOTES ON SELF-CONTROL

"Temperance is a disposition of the mind which binds the passions."

-THOMAS AQUINAS

"You have power over your mind – not outside events. Realize this, and you will find strength."

-MARCUS AURELIUS

"Today I will do what others won't, so tomorrow I can accomplish what others can't."

-JERRY RICE

"The first and best victory is to conquer self."

-PLATO

"The best fighter is never angry."

-LAO TZU



ANNOUNCING STEAM TEAMS




A SCIENCE YOUTUBE CHANNEL PRODUCED BY RCS STUDENTS

To celebrate the launch of the channel the Rochester PTA Council is running a promotion.

1. Check out the YouTube Channel between December 5 -20 and follow along with the experiments.

https://www.youtube.com/channel/UCC5vY_apSONXnLZeDSWFXvQ

- 
2. Vote for your favorite using this link:
<https://forms.gle/46u1rxfhVkJHDcv6R8>

This promotion is for kids PreK-5th grade. Each child who watches the videos and then fills out the form will be entered in a drawing to win an Amazon Gift Card. The drawing will be on December 22. You will receive notification via email if you have won.



For more information about the program check out the Rochester PTA Council STEAM Committee web site:

<https://sites.google.com/view/rochester-community-pta-council/home>





RCS IS A RECYCLEBANK FINALIST

**Donate your Recyclebank points to our
Recycle Bin Project!**

Scan the QR code or visit

<https://www.recyclebank.com/recycling-rewards/green-deals/rcs-recycles-12961>

**Donation period ends
January 31, 2021**



Questions? Please email HartGreenSchool@gmail.com