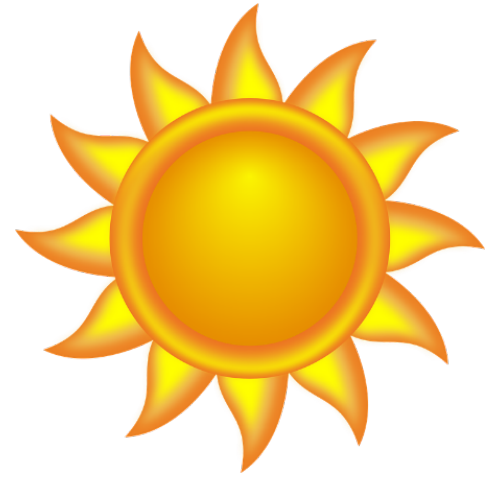


Counseling Partners of Los Angeles, 2020

Nourish to Flourish

**Weekly Counseling Group
where we can hang out &
support our classmates, get real
about how we're feeling, and
build connections.**



**How can we boost our confidence
and become our best selves?**

Who: PMA Students

Where: Zoom Meeting ID: 958 0024 4604 & Passcode: T0inKK

<https://zoom.us/j/95800244604?pwd=blA0UkxwUFVJbzBpNlVHOWtqdzl1Zz09>

When: Starting January 6, 2021

Every Wednesday, 3:30-4:30pm

Counselors: Sandrinha Cruz & Karina Gallardo

Sign me up!!!

***Please email BOTH counselors**

Include full Name & grade

sandrinha.pma@counselingpartnersofla.org

karina.pma@counselingpartnersofla.org

