



December 11, 2020

SPIRIT WEEK DECEMBER 14 - 18

Next week: Winter spirit week! Check out these themes and send in your photos or videos by tagging @GoStangsBaby on Instagram. Next Friday, December 18th, we will host a virtual winter spirit assembly during homeroom.

Media Monday: Post your favorite winter or holiday movies, books, or TV shows!

Tasty Tuesday: Show off your seasonal baking skills or tutorials!

Winter Decor Wednesday: Showcase your winter/holiday decorations!

Snow-Back Thursday: Post throwback photos of your favorite winter traditions, activities, or celebrations!

Flurry Friday: Show whatever your favorite holiday clothes are, or wear all white!

WEATHER EVENTS & SERVICE OUTAGES

New: Weather events & internet/service Outages – What to expect

We know that our Pacific Northwest weather can be unpredictable. Please take a few minutes to review the information below so you know what to expect when there is a weather event or power outage during a school day.

Power and internet outages:

If a student/teacher experiences a power or internet outage:

- Contact your teacher or school to report the outage.

- If you lose power or connection during a Microsoft Teams class session and you are unable to connect, you should attempt to connect as soon as a connection is available.
- If your teacher is suddenly absent without notification from a Microsoft Teams class, you should leave the session and re-enter after 15 minutes. If the teacher is still absent from Microsoft Teams you may end class.
- The teacher will follow up with individual students or the class as soon as possible.
- You should take note of asynchronous activities you could do without an internet connection.
- You can also continue to work on previously assigned classwork.

Weather events (snow days)

Snow days during remote learning will work differently than a normal school year. If snow or inclement weather affects a school day, remote instruction will continue and in-person students receiving special services will shift to all remote learning for that day. There will not be late starts due to snow or weather events.

Announcements will be made to staff and families via our SchoolMessenger system (by phone, email, and by text messaging for those signed up), district website posting, and social media postings. We will also use FlashAlert.net, which reports directly to local media and provides text alerts to anyone who signs up.

STUDENT MENTAL HEALTH & SUICIDE PREVENTION

For families of students:

***New:* Student mental health & suicide prevention**

School breaks can open up a whirlwind of different emotions for students. The change in structure or loss of traditions, in an already odd year, can be tough for some students that may be already struggling. We want to share the follow resources from the UW Forefront project. Here are some tips specific for parents/guardians, should you find that your student is struggling with mental health or thoughts of suicide.

[Safety steps to keep your family healthy](#)

More local resources can be found here:

[Resources from Evergreen](#)
[Mental health resources](#)

RHS Counseling team

COMMUNITY FEEDBACK

RHS Equity Team Parent Outreach Survey

Thank you to the parents who responded so far. We really appreciate your input! We would love to see a higher participation rate. Please feel free to share this survey with other RHS parents in the community.

The RHS equity team is comprised of 29 certificated and classified staff members from every department in the school. Centering our work is the goal to make our school more equitable—a place where students, no matter their race, ethnicity, gender, sexual orientation, or ability, are able to access what they need to be successful. Specifically, this year one of our vehicles for this will be to engage the community more in our equity efforts. This survey is for info gathering purposes only.

Click [here](#) for survey.

BEST PRACTICES

Before winter break: Students, if you have a few minutes in the next week or so, please record your password in a secure, digital place---like a secure, cloud-based note app on your phone.

Each January we have many students who come to the library after winter break to have their passwords reset. This year, forgetting a password over break would be a lot more debilitating until we are able to reset it remotely.

Thank you, RHS Library Staff

FITNESS PLANS DUE

Reminder: The **Fitness Plan** is due by 11:59 pm on December 16th.

Students will need to have a completed Appendix E form on file with their counselor. You can find the Appendix E form [here](#).

Students need to submit to turnitin.com. Class IDs and passwords are located on the website. The [LWSD PE Credit website](#) has links to the plan, study guide, and other materials.

SENIORS: PLAN AHEAD FOR REQUESTS

Reminder: For all seniors applying to colleges through Common Application, Coalition, or other application platforms - *a reminder that counselors will not be checking email over winter break.* The letters of recommendation requests and transcript requests are due to your counselor no later than *2 school weeks before your first deadline.*

If your deadline is **January 15th** please have your information to your counselor no later than **December 14th.**

Thank you!
Have a wonderful winter break.
Counseling Center

RHS MATH TEAMS COMPETE

Congratulations to the **RHS Math Teams** for their stellar performance in the online *Math Is Cool* competition. This competition hosted hundreds of mathematics students around the state to show off their individual and team math skills.

Team Competition:

1st place in the State 9/10 division - Wilson Liu, Medha Venkatapathy, Aadit Ambadkar

1st place in the State 11/12 division - Conor Kennedy, Raghav Narula, Arnab Narula, Rayna Bhattacharyya

Individual Competition:

Algebra 2 Division:

Aryan Kondapally – 2nd place

Nishant Malpani – 4th place

Pre-Calculus Division:

Medha Venkatapathy – 2nd place

Pratyush Kore – 5th place

Joseph Kaim – 8th place

Calculus Division:

Wilson Liu – 2nd place

Conor Kennedy – 7th place

Raghav Narula – 12th place

PLAYGROUNDS, TRACKS, FIELDS

Update: All LWSD playgrounds, tennis courts and tracks are open to the public on evenings and weekends. These will be closed to the public during the school day from 7:30 a.m. - 4:00 p.m.

All LWSD fields remain closed 7 days a week/24 hours per day. This is in accordance with city, county and state guidance.

Reminders:

- Large, organized activities are not allowed.
- Play is limited to groups of 5 or fewer.
- Face coverings and 6 feet physical distancing are required.
- Hands should be washed after play.
- Please note that some elementary schools have childcare on site until 6:00 p.m. so play structures may be in use until that time.

LWSD will update our communities as more facilities become open to the public. Thank you for your cooperation in helping to slow the transmission of COVID-19.

STICKER CONTEST FOR SOPHOMORES!

Attention Class of 2023! Looking to build school spirit and express some creativity? Take part in our sophomore class sticker design competition! You have the opportunity to submit your designs, and the winning design will be voted on by the class of 2023 and sold as stickers for a class fundraiser! Don't forget - our Redmond colors are Redmond Green and Vegas Gold! *If you have questions or would like to use the official Redmond logo or symbols, please reach out to William Sugden at s-wsugden@lwsd.org.*

Click [here](#) for the submission form.

COUNSELING NEWS

***New video:* Mental Health & Resiliency Video from RHS Counselors!**

RHS counselors created a video presentation focusing on mental health that includes evidence-based strategies for coping with stress and anxiety, particularly during remote learning. In addition, the video highlights effective strategies for managing schoolwork during remote learning. Last month counselors presented this video to 9th grade Lifetime Fitness classes during their November mental health unit.

Click [here](#) for the video.

Want to make an appointment? RHS counselors want to let you know that **our appointment book is now up and running**. Need to talk to your counselor? Book a virtual appointment with your counselor! The process is all online and very simple.

- Go to our website, [RHS Counseling Center](#)
- Click on the BOOK HERE link at the top of the page, right hand side
- Find your counselor, fill in the questions, make an appointment that is convenient for you.

All meetings will be conducted through Microsoft Teams. Once you make an appointment, you will get an email invite for the meeting with the appropriate link to the Teams meeting. Questions? Reach out to your counselor.

Kimberly Herring (A—Ch')

kiherring@lwsd.org

Lindsey Hanson (Cha—Fot)

lihanson@lwsd.org

Sarah Gray (Fou—Jo)

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Molly Schwarz (Ju—Ku)

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Katie Bunyard (Kw—Mane)

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Ellen Zambrowsky-Huls (Mani—Pre)

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Justine Oshiro (Pri—Step)

joshiro@lwsd.org

Alisa Zemke (Ster—Z)

azemke@lwsd.org

RHS YEARBOOKS

Purchase now: Yearbook sales are open now and will close **on December 18**.

Parents or students may purchase yearbooks on the school website where they pay fees. To do this select the "yearbook" option. Yearbooks are \$65.

This is the first of three sales windows. The next two windows will open in winter and spring of 2021. Watch the newsletter for dates!

FREE INTERNET FOR ELIGIBLE FAMILIES

Reliable connectivity to the internet is critical for student success during remote teaching and learning. The state recognizes this need and has partnered with Ziplly Fiber, Comcast/Xfinity and Presidio to create [Washington's K-12 Internet Access Program](#), which gives eligible families free internet access so students can connect to online learning from home.

This internet access opportunity will potentially provide families with faster and more reliable connectivity than hotspots, which will better support our students. Eligible families can receive free internet access through June 30, 2021.

LWSD has developed the following [webpage for families to check eligibility](#), choose a provider in their area, request an access code and sign-up for service.

ATTENDANCE UPDATE

Reporting an Absence:

School attendance has always been important. Research has shown a correlation between student attendance and student graduation.

If your child is unable to attend school on either a synchronous or asynchronous day, please contact the school to report the absence. Each school has an "Attendance Line" phone number or email address for families to use to report the absence as excused. You can reach our school at rhsattend@lwsd.org. Or leave a message by phone at 425-936-1810.

[To see complete attendance information, click here.](#)

Informar de una ausencia:

La asistencia a la escuela siempre ha sido importante. Las investigaciones han demostrado una correlación entre la asistencia de los estudiantes y la graduación de los estudiantes.

Si su hijo no puede asistir a la escuela en un día sincrónico o asincrónico, comuníquese con la escuela para reportar la ausencia. Cada escuela tiene un número de teléfono o una dirección de correo electrónico de "Línea de Asistencia" para que las familias la usen para reportar la ausencia como excusada. Puede comunicarse con nuestra escuela en rhsattend@lwsd.org o llame al 425-936-1810.

[Para ver la información completa de asistencia, haga clic aquí.](#)

UPDATES FOR SENIORS

Reminder: Need a letter of recommendation or transcript in January?

For all seniors applying to colleges through Common Application, Coalition, or other application platforms - *a reminder that counselors will not be checking email over winter break.* See above article regarding deadlines for letters of recommendation and transcripts.

Senior photos are due February 1st!

Please take a photo of your senior to be used as their yearbook

portrait. Photos should clearly show the students face and not include any other people. Students must follow dress code and no words should be added to the image. The photo must be in portrait format. Please keep in mind that the image will be fairly small so it should be a close up of the student. Please check image size before uploading. Our program will not allow large scale photos, 5"x7" photos are preferable with a resolution between 75 PPI and 300 PPI.

To submit a photo, please use the link below. Select the image you want to share and fill in the student's information such as name, grade, and email. If guidelines are not followed, we will use the seniors school ID photo in the yearbook. If students have not taken a school ID photo and their senior photo does not meet the requirements listed above, they will not be pictured in the yearbook.

[Click here to submit photo](#)

Graduation date: LWSD has announced our Class of 2021 Graduation information. Redmond High School's graduation is scheduled for **Monday, June 14, 2021 at 5:00pm at the UW Alaska Airlines Arena.** Please note that this is still subject to change depending on safety/pandemic parameters this spring.

Cap & Gown: Be sure and fill out the information on the contact card. Once you submit your contact card, you will be directed to the National Achiever/Herff Jones ordering website to order your cap and gown.

Order deadline: January 31, 2021

[Contact card for ordering cap & gown](#)

Questions? Call National Achiever/Herff Jones at 425-357-1338.

Or email support@nationalachiever.com

If students cannot afford their gowns please reach out to Mrs. Zambrowsky-Huls for assistance through *RHS Help*.

Seniors: See the list of upcoming **college application deadlines** in the *College & Career Center* section of this newsletter.

RHS CALENDAR

Dec 14 - Dec 18: Spirit Week! See above information

Dec 18: Last day of yearbook sales (sales reopen in spring)

Dec 21 - Jan 1: Winter Break / No school

Jan 4: First school day of 2021

Jan 18: MLK Jr. Day / No school

Jan 22: Last day of 1st Semester

Jan 26: PSAT / NMSQT for 11th graders

Jan 31: Seniors - Cap & Gown orders due

Feb 1: Seniors - Photos due for the yearbook

TECH HELP AT RHS

When having software issues, students should still contact ftaccess@lwsd.org or phone 425-936-1322 for the Family Technology Access support line.

Two recent and crucial service improvements for families include offering an **automated call back and/or automated VM to ticket options** to the Family Technology Access line as well as **language interpretive services** during our 7 a.m. to 7 p.m. hours of support 7 days a week.

However, for hardware issues, Redmond High offers in-person tech help. To access this service, use the driveway east of the main entrance, labeled *Deliveries and Staff Only*. Park your car next to the sign for the library, and wearing a mask, walk up to the back door of the library.
Note: this is an outdoor service, so *come dressed for the weather*.

We are open from 2 p.m. to 4 p.m., Monday - Friday.

If students forget their computer password – go to the RHS Library Teams page or email the library at Library-RHS@lwsd.org

If students forget their Skyward password – go to Skyward and click on “Forgot Password”

For help with parent access to district tools – Email parentquestions@lwsd.org

COLLEGE & CAREER CENTER

Seniors –upcoming application deadlines:

These are just a few – visit individual institution admission webpages for more information on the school of your choice!

Arizona State: January 15, 2021

Central Washington: March 1, 2021

Digipen: Fall 2021 priority deadline February 1, General application deadline April 1

Eastern Washington: February 1, 2021 priority deadline, September 1, 2021 final deadline

Oregon State: February 1, 2021

Pacific Lutheran: January 15, 2021

Seattle Pacific: January 15, 2021

Seattle University: January 15, 2021

University of Arizona: May 3, 2021

University of British Columbia: January 15, 2021

University of Colorado – Boulder: January 15, 2021

University of Oregon: January 15, 2021

University of Puget Sound: January 15, 2021

USC: January 15, 2021 regular deadline

University of Washington – Bothell: January 15, 2021

Washington State: January 31, 2021

Western Washington: regular decision, January 31, 2021

Whitman: January 15, 2021

Whitworth: March 1, 2021



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