

STEELE HIGH SCHOOL

JANUARY



No School - Staff In-Service	4	5	6	7	8
	Chipotle chicken or beef	Tangerine chicken	Fettuccine w/ Chicken Alfredo or	Comet Burger Bar	
	Cilantro rice, black beans	Asian brown rice or Lo mein	Lasagna rolls	Seasoned potato wedges	
	Corn, salsa and cheese	Noodles, fortune cookie	Sicilian Vegetables	Topping Bar to include chili, cheese	
	Snickerdoodle cookie	Sesame broccoli	WG dinner roll	lettuce, onions, pickles	
	Salad bar	Salad bar	Salad bar	Salad Bar	
Fruit bar	Fruit bar	Fruit bar	Fruit Bar		
Milk	Milk	Milk	Milk		
11	12	13	14	15	
Waffle fries or baked Potato topped	Mexican Straw Hats	Sriracha chicken	Lasagna with meat sauce w/breadstick or	BBQ pork or Toasted Cheese	
Pulled pork or Chili and toppings or	Fritos with meat beans and cheese	Brown rice or lo mein noodles	Ravioli	Sweet Potato & Regular Tater Tots	
Meatloaf Sandwich	Shredded lettuce and toppings	Stir fry vegetables	Sicilian vegetables	Tomato soup with	
waffle fries	or Taco Salad Bowl	Fortune Cookies	Salad bar	Spicy Crackers	
Salad Bar	Snickerdoodle Cookie	Salad bar	Fruit bar	Salad bar	
Fruit Bar	Salad and Fruit bar	Fruit bar	Milk	Fruit bar	
Milk	Milk	Milk	Milk		
Martin Luther King Jr. Day	18	19	20	21	22
	Chicken quesadillas	Cherry blossom chicken	Spaghetti with meatballs or	Comet Patty Bar	
	Fiesta rice and beans, WG tortilla	Brown rice or lo mein noodles	Chicken Parmesan	Spicy grilled or breaded chicken	
	Chips and Salsa	Sesame broccoli	Italian green beans	Comet Stars	
	Snickerdoodle cookie	fortune cookies	WG cheese bosco stick	Toppings Bar	
	Salad Bar	Salad bar	Salad bar	Salad Bar	
Fruit Bar	Fruit bar	Fruit bar	Fruit bar		
Milk	Milk	Milk	Milk		
25	26	27	28	29	
Popcorn Chicken Bowl	Beefy cheese nachos or	Sweet Chili Thai chicken	Hot Italian sub sandwich or	Cavatappi mac and three cheese w	
Mashed Potatoes, corn, gravy and cheese	Taco salad bar	Brown rice or	Italian toasted cheese	Whole grain dinner roll or	
Berry Crisp	Snickerdoodle cookie	Lo Mein noodles	Tomato basil soup w/spicy goldfish	Loaded Footlong with baked beans	
Eight Grain dinner roll	Refried beans	Stir fry vegetables, Fortune cookies	Spiral fries	French Fries	
Salad Bar	Salad Bar	Salad bar	Salad bar	Salad Bar	
Fruit Bar	Fruit Bar	Fruit bar	Fruit bar	Fruit Bar	
Milk	Milk	Milk	Milk		
			<p><i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>		

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Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherstk12.org