

PARENT/GUARDIAN PERMISSION FOR PARTICIPATION IN A RESEARCH STUDY

YALE UNIVERSITY

Study Title: The Social and Emotional Developmental Benchmarks Project

IRB Protocol #: 2000025059

Principal Investigator (the person who is responsible for this research):

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Research Study Summary:

We are asking your child to join a research study. The purpose of this study is to learn about how students manage their emotions in school, and to help us develop and validate a new assessment tool for understanding and supporting students' emotion regulation skills (that is, what strategies they use to manage their emotions). Your child's school will receive a summary of the emotion regulation strategies students report using (averaged across all students in a grade, to protect their anonymity) and general recommendations for supporting students' development of healthy emotion regulation strategies.

Students in grades 6 to 12 who participate will benefit directly by receiving a report on their use of different emotion regulation strategies, with information about the helpfulness of these strategies and tips for developing healthy ways of managing their emotions. Participating students in grades 6 to 12 will also receive a \$10-\$15 Amazon e-gift card, depending on which research activities they participate in. Although students in grades 1 to 5 may not benefit personally from participating, their participation may help their school to provide better emotion regulation supports to students.

If your child participates, they will be invited to complete an online survey about how they would respond to emotional situations in school. If your child is in grades 3 to 12, we will also ask them to answer some questions about their emotional experiences. These activities should take about 30 minutes for children in grades 1 and 2, and about 45 minutes for youth in grades 3 to 12.

If your child is in grades 6 to 12, we may also invite them to join an online focus group to provide feedback on the assessment. This focus group would last up to an hour.

We will ask you to answer some questions about your family and your child, so we can better understand the families that are included in our study.

We do not anticipate any serious risks to your child from participating in this study, though it is possible your child could feel uncomfortable answering questions about their emotional experiences.

Allowing your child to take part in this study is your choice. You can choose to allow your child to take part, or you can choose not to allow your child to take part in this study. You also can change your mind at any time. Whatever choice you make will not have any effect on your

relationship with your child's school or teachers, or any relationship you may have with Yale University. Even if you give your permission for your child to participate, your child will also be given the opportunity to choose not to participate in any part of the study, with no consequences.

If you are interested in learning more about the study, please continue reading, or have someone read to you, the rest of this document. You can email the researchers with questions about anything you do not understand using the contact information provided at the bottom of this form. Once you understand the study, answer the question at the bottom of this form to indicate whether you would like your child to participate.

Why is this study being offered to my child?

We are offering this study to your child because the school he/she attends is participating in the study.

Who is paying for the study?

The Silicon Valley Community Foundation (Chan Zuckerberg Initiative) is funding this study.

What is the study about?

The study is about how students manage their emotions in school, and refining an assessment tool that can be used by educators to understand and support their students' emotion regulation skills.

What are you asking me and my child to do, and how long will it take?

If you agree to allow your child to take part, participation in this study will involve:

A Brief Online Survey for You

We will ask you to answer some questions about your child and your family (for example, your child's date of birth and gender and your family's annual household income). We will not share this information with anyone outside of the research team, and you will have the option to skip personal questions you do not want to answer.

If your child is in 6th grade or below, we will also ask you to answer some questions about your child's emotion regulation skills.

This will take about 5-10 minutes. We will invite you to complete this survey online immediately after completing this form.

An Online Survey for Your Child

We will ask your child to complete our emotion regulation assessment via an online survey. This will involve viewing short stories about situations that many students experience in school that might cause them to feel angry, anxious/nervous, sad, or bored (for example, being angry about a teacher punishing them unfairly or being nervous about an upcoming quiz), and answering questions about what they would do in those situations.

If your child is in grades 3 through 12, we will also ask them to answer questions about their emotional experiences and how they manage their emotions.

The online survey should take about 30 minutes for children in 1st and 2nd grade, and about 45 minutes for youth in grades 3 through 12.

Children may complete this survey while in school or during remote meetings with school staff, or we may ask if we can have a videoconference with your child during which they would complete the survey (you don't have to do a videoconference with us if you don't want to). If we schedule a videoconference, we may ask you to be present for the first 10-15 minutes of the session to help with setup. During this session, we may ask your child to tell us about what they're thinking while they complete the survey or ask for their thoughts about the survey, we may ask them to share their screen so we can see how they proceed through the survey, and we may video and audio record this session (we would ask your and your child's permission before we start recording). If your child is in 6th grade or higher, they may be invited to complete the survey independently, on their own time.

Possibility for your Child to Participate in a Focus Group

Some youth in grades 6 through 12 may be invited to participate in a virtual (online) focus group with the research team to provide us with feedback on our assessment. The focus group will last up to an hour and will be audio and video recorded, though your child may turn off their camera if they do not want to be video recorded.

Are there any risks from participating in this research?

We do not anticipate any serious risks to you or your child from participating in this research. Answering questions about emotions might make your child feel a little uncomfortable, but your child can stop participating at any time if he/she feels too uncomfortable. There is also the possible risk of loss of confidentiality. However, our research team will take active measures to keep your and your child's responses confidential.

How can the study possibly benefit my child or others?

Students in grades 6 to 12 who participate will benefit directly by receiving a report on their use of different emotion regulation strategies, with information about the helpfulness of these strategies and tips for developing healthy ways of managing their emotions.

Although students in grades 1 to 5 may not benefit personally from participating, their participation may help their school to provide better emotion regulation supports to students.

Are there any costs to participation?

You will not have to pay for taking part in this study. The only cost will be your time and your child's time participating in the research activities.

Will my child be paid for participation?

Youth in grades 6 to 12 who complete the online survey will receive a \$10 Amazon e-gift card to thank them for their time and effort. Youth in grades 6 to 12 who participate in a virtual focus group will receive an additional \$5 Amazon e-gift card.

How will you keep our data safe and private?

All of your responses and your child's responses will be held in confidence. Only the researchers involved in this study and those responsible for research oversight (such as representatives of the Yale University Human Research Protection Program, the Yale University Institutional Review Boards, and others) will have access to any information that could identify your child that you or your child provide. We will share it with others if you agree to it or when we have to do it because U.S. or State law requires it. For example, we will tell somebody if we learn that you or your child is hurting a child or an older person.

Your responses and your child's responses will be identified using a code number, and the file linking the code number with your and your child's personal information will be stored as a secure file separately from the responses. The audio recording of the focus group and the file linking your child's personal information to his/her code number will be destroyed within 5 years of study completion.

Your child's school will receive a summary of students' results, averaged across all students in a grade to protect their anonymity. To ensure students' privacy, grade-level data will not be shared with the school if fewer than 10 children participated in that grade level.

If your child is in 6th through 12th grade, they will receive an email with a link to access their personal data report. It will be your child's responsibility to maintain the security of their email account password and the confidentiality of the data report that they receive, if they wish to keep it private.

If your child participates in a focus group, we will ask that all focus group members not repeat any information shared during the focus group to others. However, we have no control over what happens outside of the group. Therefore, we will advise your child to be aware of what he/she shares in the group and to not share anything he/she hears from others outside of the group.

When we publish the results of the research or talk about it in conferences, we will not use your child's name. If we want to use your child's name, we will ask you for your permission. We may also share information about your child with other researchers for future research, but we will not use your child's name or other identifiers. We will not ask you for any additional permission.

What if I or my child wants to refuse or end participation before the study is over?

Allowing your child to take part in this study is your choice. You can choose to allow your child to take part, or you can choose not to allow your child to take part in this study. You also can change your mind at any time. Whatever choice you make will not have any effect on your relationship with your child's school or teachers, or any relationship you may have with Yale University. Even if you give your permission for your child to participate, your child will be given the opportunity to choose not to participate in any part of the study, with no consequences. You do not give up any of your or your child's legal rights by completing this form.

If you or your child chooses to end your child's participation in this study, his/her responses that we have already collected may be used for future research studies or shared with another investigator after your child's identifiable private information has been removed. We may do this without asking you or your child for additional permission.

Who should I contact if I have questions?

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Permission Form
Version 2

