

Dear Parents,

Your child has expressed an interest in joining the 2023 track team. Following is time-sensitive information regarding participation in our program.

I recommend reading the **Team Disclosure** (there are changes from previous years) first and next completing the online registration process, which includes the submission of required paperwork. You will receive information on how to complete the registration process from our Athletic Department very soon. **Student-athletes are not allowed to participate until registration is complete and a parent meeting has been attended.**

Following is a timeline for track team membership.

Registration Deadline: Wednesday 4 January 2023

There will be two Options for the Mandatory Parent Meeting (a Zoom link will be sent):

Thursday 15 December, 6:00-7:00 p.m.

OR

Thursday 5 January, 6:00-7:00 p.m.

If you're unable to make either of these dates or times, please contact me to set up an alternative meeting as soon as possible.

Practice Start Dates

- 11 – 27 January / Wednesdays & Fridays / 3:30-5:00
- 30 January – 17 February / Mondays, Wednesdays & Fridays / 3:30-5:00
- 27 February – 20 May / All School Days, beginning and ending at the school / 3:30-5:30

Please note—

- Team membership is not possible if you are participating on another Rowland Hall spring sport team or participating on a club team outside of school.
- Rowland Hall basketball and swim team members begin on 27 February.
- Rowmark team members must start no later than 18 April.

Please read the Track Team Disclosure (attached to this email) before the parent meeting, as this may answer or create questions about our season. If you still have questions, please reach out via email, or ask during the parent meeting. Lastly, if your child has decided not to join the team, please let me know so you will not continue to receive emails about the track season.

I'm looking forward to an exciting and successful season of Winged Lion Track & Field and hope you are, too! Thank you in advance for your continued support of Rowland Hall Athletics.

Sincerely,

Mark Oftedal

Head Track & Field Coach

markoftedal@rowlandhall.org