



Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family.

WSPS

Dear Wolves,

We hope you had a restful and rejuvenating Thanksgiving Break and returned ready for the sprint until Winter Break. We continue to try and improve the remote school experience by talking with staff, parents and students. This week we resumed our Student Wolf Chats, where we talked with randomly selected students about their current experience and how we can improve as a school.

-Chris Bede, Principal

News From The Den

Eastlake Daily Schedule and Open Building Hours

Week of [December 7th thru 11th](#)

Semester 1 daily schedules are posted on the Eastlake website [here](#).

Parent/Student Access Into Eastlake During Open Hours

Hours and directions [here](#).

Technology Support While School is Remote - link [here](#)

Weather Events & Internet/Service Outages – What to Expect

We know that our Pacific Northwest weather can be unpredictable. Please take a few minutes to review the information [here](#) so you know what to expect when there is a weather event or power outage during a school day.

Introducing Eastlake's School Nurse - Shelley O'Rourke

Hi everyone! My name is Shelley O'Rourke, and I am so excited to be the new school nurse at Eastlake High School. I graduated from Valdosta State University with a B.S. in Exercise Physiology in 2006 and a B.S. in Nursing in 2007. I later earned a MSN in Clinical Nursing Education from Jacksonville University. I was a Neonatal Intensive Care (NICU) nurse for 12 years in Florida before my family relocated to Washington last year. I have been working as an elementary/middle school nurse with LWSD for almost a year and am eager to start working with your students at Eastlake. I am married and have 4 children: Zack, Matt, Jacob, & Lauren. Please contact me with any questions, comments, or concerns you may have at sorourke@lwsd.org. I can't wait to meet everyone!

NAMI

During the December 8th Wolf Time, the National Alliance on Mental Health (NAMI) will host their annual mental health presentation for all 10th graders through a Teams Live Event. This organization will educate students on the importance of mental health and provide tools and resources to utilize if they are struggling. All 10th graders are expected attend this NAMI presentation. Please note: Students who wish to opt-out due to the sensitive nature of some mental health topics can email mconroy@lwsd.org.

World Language Competency Test (January 27)

Most juniors will take the PSAT on January 26. Some students will take a test to assess their competency in a world language on January 27. Both tests will be held at Eastlake. If any students are taking both tests and are concerned that they are held on consecutive days, please know you can take the world language test on a different day. Our District will offer this test again in February and in March. The February test session will be at Redmond High School and is tentatively scheduled for Feb 17. The March test session will be at Lake Washington High School and the date has not been determined yet. Please see the [LWSD website](#) for more information and to register for the world language competency test.

-[Todd Apple](#)

The Hour of Code is coming Dec 7th-11th!

The [Hour of Code](#) is coming December 7-11! Join this global movement aimed to show that anyone can code! If you or your friends are curious what this whole CS thing is about, discover how much fun it can be with exciting hour-long coding activities, for both complete beginners and experienced coders alike! Teachers across the district will be hosting activities throughout the week for all students K-12 in LWSD, so you won't want to miss this cross-school community event! Check out the [activity schedule](#) and sign up at tinyurl.com/lwcsweek,

Over 100 million students around the world have tried an hour of code. Will you join us too? Watch this [video](#) to see who else has done the Hour of Code! 😊

Email [Eilene Klaka](#) for more information!

Eastlake Spirit Wear - New Online Store Closes Dec. 11th

Show your Eastlake spirit with new designs in sweatshirts, t-shirts, baseball hats, shorts, sweats, Nike items and more! Shop [here](#)



Please note - *Due to Covid-19 delays we cannot guarantee items will be shipped in

Equity at Eastlake

“Where, after all, do universal human rights begin? In small places, close to home — so close and so small they cannot be seen on any maps of the world. Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world.” -Eleanor Roosevelt

December is Universal Human Rights Month and commemorates the proclamation of the Declaration of Human Rights in 1948, which was written as a response to the Holocaust and other atrocities that occurred during the Second World War. “Universal Human Rights Month is an annual designation observed in December. This month and every month to follow, people all across the globe are encouraged to come together and stand up for equality, justice, and the dignity of all humans. [It]is a time to honor the [Universal Declaration of Human Rights](#) an international document stating the basic rights and fundamental freedoms to which all human beings are entitled. These rights include freedom from discrimination, the right to equality, and the right to be considered innocent until proven guilty (National Day).” The Declaration of Human Rights was written as a response to the Holocaust and other atrocities that occurred during the Second World War. Go to [Stand Up For Human Rights](#) to educate yourself and to learn how to take action.

-Alicia Egashira

Library/Technology

Headsets for Remote Learning

Does your student have multiple siblings at home all doing remote learning simultaneously and/or lack of a more private space to focus on their remote learning? If so you can request a headset for listening and speaking from EHS for your student to use during remote learning between now and December 18th. We have a limited number of headsets so requests will be filled on a first come first served basis. Fill out this Headset Request Form to request a headset. When the headset arrives a library staff member will contact you with details about when/how to pick it up in January.

[-Kathleen Story](#)

Counseling, College & Career News

Eastlake’s Counseling Center News

Bookings for Counselors:

Counselors are now using Bookings for meetings! To schedule a time to meet with your counselor, please visit our website to book a time to meet! <https://ehs.lwsd.org/counseling>



HSBP Requirement for Seniors

Hello students and families! Recently, seniors were emailed a list of resources on financial aid. As part of the High School and Beyond Plan (HSBP), students must indicate that they have received this information by completing the Xello Financial Aid lesson. Please have your student refer to the email sent to me. Additionally, the information will be posted on the College and Career Teams Channel. Please email me at bmuskavage@lwsd.org for any questions on completing the HSBP.

College and Career Events, Contests and Scholarships

Find the latest on area college and career events, contests and scholarships on the [College and Career Center calendar](#).

Spotlight--Virtual Volunteer Opportunities

- [JustServe](#): Multiple participate-from-home opportunities that exist in or near Redmond, WA
- [Smithsonian Digital Volunteers](#): The Smithsonian Institution is the world's largest museum, education, and research complex. Digital Volunteers take on assignments to expand access to the Smithsonian's massive collections and can participate in a variety of research programs.

Club News

National Honor Society Mandatory Meeting

There will be a mandatory NHS meeting for all club members on Thursday, December 10th 4:00-4:30pm via the NHS Teams page.

-[Shelby Ruge](#)

Rho Kappa Social Studies Honor Society

Rho Kappa Social Studies Honor Society is a national honor society focused on history/social studies. Interested students should fill out this form: <https://forms.gle/91ZF9eSXrro562Cg6> and join the remind by texting this code to 81010: @sshsehs

Drama

Audition for Edges

Auditions for Production Workshop Spring 2021 is now open until January 12, 2021. The musical will be Edges and all EHS students are encouraged to apply, no matter their performance experience. Auditions are accepted on Flipgrid with the following link <https://flipgrid.com/bff8d642>. If you have any questions, please email kawold@lwsd.org



Fall 2021 Production Workshop Auditions

This is an after school class for Art Credit. The play will be announced by the start of the 2021 school year. Incoming freshmen and all EHS students for the 2021-2022 school year are welcome to audition with the following pieces:

1. A memorized 1 minute comedic monologue from a published play
2. A memorized 1 minute dramatic monologue from a published play

Submit your pieces in one video on Flipgrid before February 8th. No submissions will be accepted after the deadline. <https://flipgrid.com/e35b7dc7>

Any questions, please email kawold@lwsd.org



Sammamish, WA 98074

Main office (425) 936-1500
Attendance (425) 936-1539

Calendar