



# School Menu Reception - Year 4 Week Commencing 7th December 2020

It is the aim of the school to use **pure vegetable oil** for frying and to reduce the amount of **salt, fat & sugar** in all recipes

**Please note: These are sample menus and may be subject to change due to Covid-19**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course:</b>				
TBC  Crudities	Breaded Chicken  Rice Sweetcorn	Beef Lasagne  Roasted Root Vegetables	Toad in the Hole  New Potatoes Cauliflower	Fish Goujons  Chips Baked Beans
<b>Vegetarian Option:</b>				
Cheese and Tomato Panini	Stuffed Peppers	Vegetable Lasagne	Vegetable Sausages	Falafels
<b>Dessert:</b>				
Whole Fruit Flapjack	Cut Fruit Shortbread	Whole Fruit Yoghurt	Cut Fruit Scones	Whole Fruit Brownies