

George Kelly Elementary School Safety and Operations Plan 2020-2021



*The George Kelly Elementary School COVID Safety plan integrates California, San Joaquin County, and Tracy Unified School District COVID guidelines into one document that also considers the site specific needs of George Kelly School. The plan was created with input from teachers, Food Services, and classified staff members at George Kelly School.

School Site Safety and Operations Plan

School Name: George Kelly Elementary School

PLAN

Opening of the Day

Conduct a Self-Health Assessment before Entering the Building

- Utilize TUSD self-symptom checklist daily prior to coming to school
- Teachers to take temperatures of students prior to students entering classrooms. Each classroom will have a designated space for students to line up.

Social Distancing While Entering Campus

- Gates are to be entered in one-direction only
- Kinder enter campus and line up outside the gates until the 7:50 AM and 10:40 AM start times respectively
- Social distance signage will be posted at both entrance gates and main office

Identify Drop off Zones, Entry Points, and student line up locations with Social Distance

Parameters

- Parents may drop off students beginning at 7:50AM along the car line as well as approaching the side gate along Blackstone Drive.
- Gates are to be entered in one-direction only

Establish one directional foot traffic patterns in hallways, offices, and classroom buildings

- KES directional arrows for walking within the school grounds considers the following:
 - o See attached map
- Classrooms located within the galleries will have directional arrows indicating entry/exit points.
- Students will line up on their designated class lines located on the blacktop while social distancing as much as possible

During School Hours

Social Distancing during Lunch/Recess/Breaks

- Recess will be scheduled one grade-level at a time.
- Encourage limited numbers of students playing a game and/or waiting in line to play.
- Students practice social distancing to the best extent possible
- Students will be encouraged to play games that include social distancing
- Encourage limited number of students playing a game and/or waiting in line to play

Establish Restroom Procedures

- Laminated signs in all bathrooms & classrooms for hand washing
- Door of restrooms propped open
- Guidelines and Recommendations for “no more than 4 people at a time in restrooms” (signs on doors, number determined by size of restroom)
- No more than 2 people in the student use restrooms in building B and building C.
- Wash hands after all restroom use; Sanitize hands when hand washing is not practicable.
- Students will hang magnetic restroom pass on restroom door, to indicate whether it is safe to enter. If restroom use is at capacity, students will wait outside of the restroom door, on assigned markers, until one or more people leave the restroom.
- Two socially distant markers will be placed outside of each student use restroom (both boys and girls restrooms)

Establish Signage locations for Social Distance Parameters

Input necessary signs here

- Restrooms—Limited to not more than 4 people—based on number of stalls/urinals
- Office
 - Strongly encourage families to utilize email & phone communication
 - Office visitors must wear masks in office to conduct business
 - Number of visitors in KES Office Lobby shall not exceed two (2) visitors.
 - Entry/Exit procedures, and social distancing markers for lines
 - No birthday food/treats @ KES
 - Office staff members must wear masks and/or face coverings when interpersonally communicating with visitors.
- At this time facility use will not be made available for outside vendors

Physical Distancing in the Classroom

- Desks and group tables seated in rows with one directional faced seating
- Music—Chairs in rows with one directional faced seating
- Seating on carpet will be one directional—all students facing forward—and contingent on available classroom space.
- PE—To be conducted with social distancing in effect
- Social distancing as much as possible

Protecting Self and Others

- If student needs to come to the office
 - K-2nd students should be escorted by adult on campus or another student(s) in class
 - 3rd-8th escort oneself to office.
 - Teacher to notify office ahead of time so custodial staff can prepare to clean surfaces that came in contact with ill student

- COVID-19 Symptom Room will be the Speech room in the KES Office. Nurse's room utilized for non-COVID symptoms
- At this time, parent volunteers, member of PTO, Art Docents, and other vendors will not be permitted onto KES campus

Sanitation Practices and Protocols

- Sanitize/Wash hands before & after lunch, restrooms, recess, library & computer lab visits (teacher supervised)
 - Below are some specific guidelines to ensure proper handwashing
 - Please wash hands for a minimum 20 seconds
 - Create a lather using soap and water
 - Be sure to wash the tops of hands as well
 - It is important to wash between fingers
 - Be sure to dry hands once finished
 - Students are encouraged to wash hands regularly as a universal precaution.
 - Classrooms that are equipped with sinks have hand-washing soap and paper towels available.
 - Classrooms without sinks have hand sanitizer dispensers.
 - For best results, KES encourages handwashing as a primary precaution, and sanitization as a secondary precaution.
 - These procedures are routinely communicated with all students (both in classrooms, and during morning announcements).
- Follow TUSD Guidelines, and work with Custodial staff to implement and sustain an ongoing sanitization practice for each of the above mentioned school areas.

After School Release of Students and Staff

Social Distancing during release time

Identify pick up and exit points with social distance parameters

- Dismissal in one-direction at Exit Gate
- 1st-3rd students placed in pickup area seated facing forward, by class.
- 4th – 8th students may enter vehicle along car line as long as vehicles pull all the way forward.
- Identify and demarcate specific areas for families to wait and collect children during dismissal from school (outside scope of driveline)
- Cones and Signs to notify families to stay backed away from dismissal gate. Encourage Social Distancing amongst families outside of driveline

Communication Plan

- Email, School Messenger, Social media (Facebook & YouTube)
- Written procedures regarding KES COVID-19 Plan in School Handbook
- Welcome Back “Assembly”/BTSN presentations/Zooms include this same information or YouTube video link
- Monthly/weekly reminders sent out

Training

- Staff: Site Pre-service on COVID-19 plan & protocols, Keenan Training
- Students: Administrators create YouTube video of above guidelines. Share video with all teachers to show video in class on first day of school.
- Parents: YouTube video, newsletters, social media posts, school messenger system

George Kelly Elementary School

(Key = North)



George Kelly Elementary School

(Key = North)

Entry and Exit Procedures and Information:

- Drive Line Procedures from Mabel Josephine Drive—(1st – 8th Grade)
 - Enter via North Driveway
 - Loop past the KES Child Development Center
 - Stay to right along drive line
 - Students Exit Vehicle on Passenger Side
 - Exit by turning Right onto Mabel Josephine Drive—via South Driveway
- Main Entry Points: (1st – 8th Grade Students will enter via either the South Gate Entrance (Blackstone Ave.), or the Admin/Library Gate from the Driveline (Building A)
 - **AM/PM Kindergarten** will enter campus via Kindergarten Gate—Identified on the KES map with this symbol—
 - **AM/PM Kindergarten** will exit via the Kindergarten Gate or Play Gate—Identified on the KES map with this symbol—
 - **1st Grade, 2nd Grade, and Mrs. Brown/Mrs. Schaf (3rd Grade)** will line up outside of Buildings B & C—Identified on the KES map with this symbol—
 - **Mrs. Olson & Mrs. Gasior/Mrs. Fetterman (3rd Grade)** will line up on the Blacktop—Identified on the KES map with this symbol—
 - **4th Grade** will line up outside of portable buildings 15 – 18—Identified on the KES map with this symbol—
 - **5th Grade** will line up near the Amphitheater Steps—Identified on the KES map with this symbol—
 - **6th Grade** will line up in between Building E and the KES Media Center—Indicated on the KES map with this symbol—
 - **7th Grade/First Period PE** will line up on the Blacktop, on the North Basketball Courts—Indicated on the KES map with this symbol—
 - **8th Grade** will line up on the Blacktop, under the Shade Structure—Indicated on the KES map with this symbol—
- Main Exit Points:
 - 1st – 3rd Grade students will be walked through the Admin/Library Gate at dismissal, and seated to wait for parent pick-up.
 - 4th – 8th Grade Students will exit via either South Gate or Admin/Library Gate
 - Social Distancing will be strongly encouraged where practicable.

*** During Morning Line Up—teachers' classrooms will be marked with cones, and signs identifying specific lines within the noted areas.

**VISITORS
MUST REPORT
TO THE
OFFICE**

**VISITANTES
REPORTENSE
A LA
OFICINA**

**THE JUDICIAL COURT
OF THE COUNTY OF LOS ANGELES
NOTICE
TOLACENTRUS
FREE ZONE**

**NO SMOKING
NO ALCOHOL
NO SKATEBOARDS
NO ROLLER BLADES
NO BICYCLES
ON CAMPUS
T.M.C. 4-218(c)**

NO TRESPASSING
**ACCESS ON TUSD
GROUNDS BY
TRACY UNIFIED
SCHOOL DISTRICT
PERMIT ONLY
T.M.C. 4.12.1200
ANY PROVISIONS OF PC 602**

**1ST - 8TH GRADES
ENTRY/EXIT GATE**
**PLEASE STAY TO YOUR RIGHT
ALONG ARROWS!**

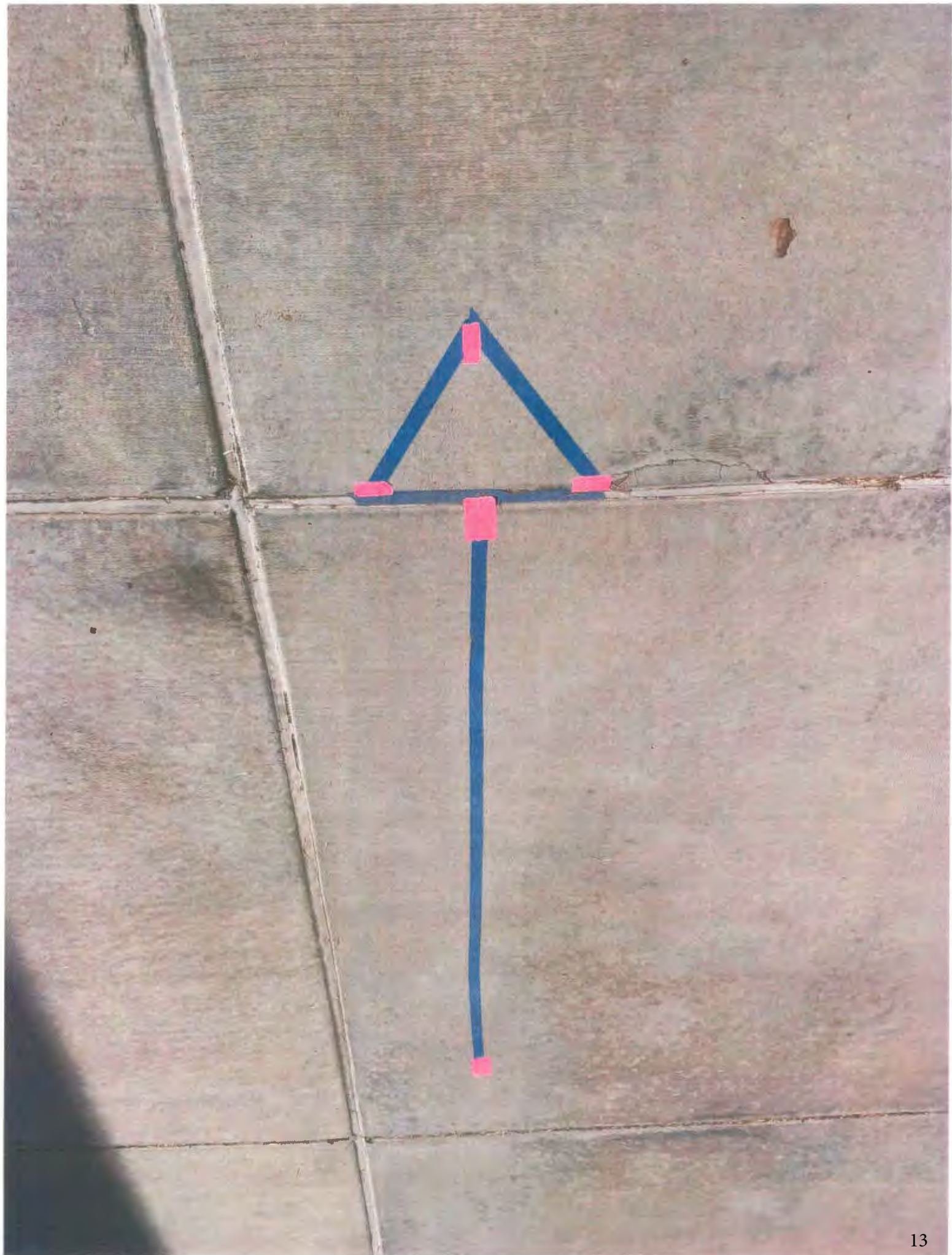












George Kelly Elementary School Safety & Operations Plan

	ARRIVAL Staff & students conduct self-health assessment each day prior to coming on campus.	DURING THE DAY K-5: Classes will stay with their own cohort throughout the day without mixing. There will be no rotation until further notice. 6-8: Students will follow their normal sequence of classes.	DISMISSAL Students practice as much social distance as possible given space available.
WELCOME BACK OHANA!	Start Time TBD Supervision of Students - Students will be allowed on campus starting at 8:10 a.m. The campus will be closed until 8:10 a.m. - All families are asked to drop off their children in our car line. Only students get out of their car. - Only staff and students can enter campus. No visitors or volunteers are allowed until further notice. - All students who arrive earlier than 8:10 AM, will be required to wait in their car/or outside of the school gates until 8:10 AM - KES Principal, AP, Security Personnel, and Parent Liaison will welcome students as they exit their car from the car line and direct them to their line. - Kindergarten students will be directed to the Kindergarten gates for both AM/PM 1st – 8th Grade Students will enter through either the Admin/Library	Materials in Class - Your child's teacher(s) will provide a recommended list of classroom supplies. Students will not share supplies in the classroom. We strongly suggest that classroom supplies be brought to and from school daily or kept in a classroom cubby. PPE and Cleaning - Please send your children to school wearing a mask every day. All students will receive a cloth facemask and face shield (We encourage keeping these face coverings at school and used as contingency should a student arrive to school without a mask or face covering). - County's Guidelines: -K-2 face coverings strongly recommended -3-5 face covering required -Daily disinfecting -George Kelly Elementary School is asking all students to wear a face covering for everyone's safety.	Dismissal Times TBD based on negotiations Lunch Students may choose to receive a grab and go lunch from the KES cafeteria. Lunch times are TBD based on negotiations. Exits/Dismissal Procedures - Teacher will walk their class to the designated pickup area. - Parents will pick up students in the car line. - Students will be placed in rows by class to wait for their car. - Kindergarten students will exit KES campus via the Kinder Exit Gate (see map) - Teachers will walk 1st – 3rd Grade students through the Admin/Library Gate to the KES driveline. 4th – 8th Grade students may exit KES via either the Admin/Library Gate (at the driveline), or via the South Gate (on Blackstone Ave.) to walk home.

	or South Entry Gates (Blackstone Ave.), and be directed to their identified queue (see enclosed map, and sample pictures). • If families have multiple children, please drop off all your children at the area assigned to your youngest child. • All students will go directly to their line up queue as they arrive and meet their teacher for temperature checks. • _____ will take the temperature of each student as they wait in their outside queue, and assess for any symptoms indicating the child is ill: ▪ 100.4 or higher is considered a fever and child will be sent to the office. ▪ If child has a temperature of below 100.4 and indicates other symptoms of being sick, will also be sent to the office. ▪ Students will be required to remain in either the KES nurse station, and/or COVID symptoms room while parents are contacted. • Please do not send children to school if they are not feeling well.	• Please report any medical needs of your child to our school so we can prepare a plan of action to ensure they are safe. • All rooms have disinfectant and spray hand sanitizer. Students will wash their hands or use hand sanitizer each time they enter and exit their classroom. You may also send a small hand sanitizer to school with your child. • Our KES Custodial Staff will clean and disinfect classrooms daily. In addition, custodians will provide a more thorough cleaning twice each week. Restrooms/Water Fountains • Restrooms are disinfected and cleaned regularly throughout the day. • Restrooms are set up to respect social distancing and only two students allowed inside at one time. • <u>Drinking fountains are not available.</u> • Please send your child with a water bottle. One directional Facing/Seating • Students will sit all in one direction facing the front of the class. • All classrooms have student desks facing forward. Desks will be spaced apart to ensure social distancing. • Room S-1 and S-2 (7th – 8th Science Labs) have front facing tables.	• If a family has multiple children, they will need to be picked up at their designated area to ensure everyone's safety. We ask for your full support in this matter. We understand this takes more time but will ensure everyone's safety. Thank you for your support in this matter.
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	• Please do not send children to school if they are not feeling well.	Students will seat two per table to ensure social distancing. • Students are allowed to bring their backpack. Recess • Recess will consist of supervised breaks where students and their teacher may go outdoors for fresh air, and to access restroom facilities. • Recesses are divided one grade-level at a time. • KES assigned all classes, within a particular grade level, a specific location on the blacktop for Recess. • As such, students will not comingle, and teachers are able to ensure social distancing while outside. • Drinking fountains and shared playground equipment and structures will be unavailable.	
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Tracy Unified School District School Site Safety Plan
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Cleaning and Disinfection:

All trained TUSD employees will clean and disinfect commonly touched surfaces within school and on school busses, as frequently and practicable throughout the day. When using air-conditioning, use the setting that brings in fresh air and check air filters to ensure optimal air quality.

- a. Ensure staff clean and disinfect frequently touched surfaces within school and on school busses daily and as practicable throughout the day by trained staff
- b. TUSD has suspended student use of all playground equipment until further notice
- c. Use approved cleaning products intended to minimize exposure to COVID-19 by CDC (Centers for Disease Control) and follow product instructions
- d. Establish a cleaning and disinfectant schedule in order to avoid both under and overuse of cleaning products
- e. Ensure safe and correct application of disinfectant and keep products away from students
- f. Ensure proper ventilation during cleaning and disinfecting
- g. All TUSD air conditioning units are equipped with economizers allowing 10%-20% outside fresh air depending on outside temperatures. Fresh air from outside of the buildings replenishes the oxygen level and reduces the carbon dioxide level in the room, helping to maintain good quality air.
- h. TUSD uses high quality anti-microbial air filters with a MERV 9 rating to filter any particulates exiting the room to avoid returning to the room. Air filters will be regularly checked for replacement as needed.

Cohorting:

TUSD Students will return to school within a Hybrid Model. The purpose of this instructional design serves to minimize the numbers of students interacting in class, and at school:

- a) Group A (student last name beginning with A-L) cohort shall attend in person learning on Monday and Thursday of each week. During weeks that do not have five student days so that half of the week's days will be assigned for cohort A to attend in person learning.
- b) Group B (student last name beginning with M-Z) cohort shall attend in person learning on Tuesday and Friday of each week. A calendar will be created for weeks that do not have five student days so that half of the week's days will be assigned for Group B to attend in person learning.

- c) TUSD identified Wednesday (each week) for both Cohort A, and Cohort B to engage in distance learning. Thus, Unit Members may perform all professional duties for both the in-person and distance learning. Teachers will have the option to work from home on this day, including attendance at professional development and staff meeting activities.
- d) TUSD suspended students' use of all shared playground structures and equipment until further notice.
- e) All shared classroom supplies will be limited and strongly discouraged.

Face Coverings and Other Essential Protective Gear:

COVID-19 Face Covering Quick Guide for TUSD Students

Face coverings may help reduce the spread of potentially infectious droplets within the community when combined with physical distancing and hand washing.

Per California Department of Public Health (CDPH) guidance dated August 25th, 2020: Physical distancing, in combination with the use of face coverings, decrease the risk of COVID 19 from respiratory droplets. Physical distancing between adults must be maintained as much as possible, and adults and students must use face coverings at all times, pursuant to the CDPH Schools Guidance. See the CDPH Guidance on Schools and School Based Programs (PDF) and Child Care (PDF) for additional considerations regarding, face mask, meals, cleaning, drop off/pick up, and health screenings.

Face Coverings must be used in accordance with CDPH guidelines unless a person is exempt as explained below. Face Coverings are particularly important in places such as indoor environments, on school buses, and areas where physical distancing alone is not sufficient to help prevent disease transmission.

How to Use:

The San Joaquin County Department of Public Health encourages the public to wear a face covering over your nose and mouth when you must be in public for essential activities (e.g., shopping at the grocery store). Face Coverings are for those who cannot maintain a minimum of 6 feet distance with other people in their work environment and require little to no interaction with the general public. Wearing a face covering does not eliminate the need to physically distance yourself from others and to wash your hands frequently.

Cloth Face Covering Care:

Wash cloth face covering frequently, ideally after each use, or at least daily - Launder with detergent and hot water - Dry on hot cycle - Wash your hands when putting on and removing your face covering and avoid touching your face.

Some examples of Face Coverings:

Homemade sewn cloth, Scarf, Tightly woven fabric, cloth mask, disposable mask, etc.

Per California Department of Education, at a minimum face covering should be worn:

- While waiting to enter the school campus.
- While on school grounds (except when eating or drinking).
- While leaving school

- While on a school bus

The following individuals are exempt from wearing a face covering per CDPH Guidance dated June 18, 2020

- Persons younger than two years old. These very young children must not wear a face covering because of the risk of suffocation.
- Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing or who are unconscious, incapacitated, or otherwise unable to remove a face covering without assistance.
- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication.
- Persons for whom wearing a face covering would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines.
- Persons who are obtaining a service involving the nose or face for which temporary removal of the face covering is necessary to perform the service.
- Persons who are seated at a restaurant or other establishment that offers food or beverage service, while they are eating or drinking, provided that they are able to maintain a distance of at least six feet away from persons who are not members of the same household or residence.
- Persons who are engaged in outdoor work or recreation such as swimming, walking, hiking, bicycling, or running, when alone or with household members, and when they are able to maintain a distance of at least six feet from others.

Note: Persons exempted from wearing a face covering due to a medical condition who are employed in a job involving regular contact with others should wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.

STUDENTS

Age	Face Covering Requirement
Under 2 years old	No
2 years old-2 nd grade	Strongly Encouraged**
3 rd grade - High School	Yes, unless exempt by MD

**Face coverings are strongly encouraged for young children between two years old and second grade, if they can be worn properly. A face shield is an acceptable alternative for children in this cohort who cannot wear them properly.

Resources:

California Department of Education (2020, June). <https://www.cde.ca.gov/ls/he/hn/documents/strongertogether.pdf>

CDPH (2020, June). <https://www.cdph.ca.gov/Programs/OPA/Pages/NR20-128.aspx>

CDPH (2020, August). <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/small-groups-child-youth.aspx>

Cloth Face Covers (CDC). <http://tiny.cc/cdc-diy-face-cover>

Health Screenings for Students and Staff:

All students will have their temperature checked daily, prior to entering their first period/homeroom class.

Students with a temperature of less than 100 degrees will be permitted to enter the class and participate in live instruction for the day.

Students with a temperature of 100 degrees or higher will be sent to the office, where they will sit in a quarantined area of the office, waiting to be picked up from school.

- a. Before students and staff come to school, they will need to conduct a self- check for signs and symptoms of COVID-19
- b. Anyone who has been exposed to someone with COVID-19 in the past 14 days, has COVID-19 symptoms, or who is not feeling well should not go to the school site
- c. Those who develop signs and symptoms throughout the day will be sent to an identified “sick room” when feasible. The identified “sick room” should be an area in which others do not regularly pass, where symptomatic individuals can remain until they can go home.

Healthy Hygiene Practices:

All schools will teach and reinforce washing hands, avoiding contact with one's eyes, hands, and mouth, and covering one's coughs and sneezes. Students and staff will have access to hand sanitizer throughout the school. The district will require all staff and students to wear cloth face coverings/masks (unless an individual has a health/medical condition that prohibits it, or other verifiable exemption reason), which are most essential when physical distancing is not possible. Food Service workers and staff in routine contact with the public should use gloves and facial coverings.

- a. All rooms with running water will have soap and paper towels available
- b. Liquid hand sanitizer will be available in all rooms
- c. Office space departments will have designated locations with hand sanitizer available
- d. All hand sanitizer bottles will be refilled as needed
- e. Cloth face coverings, masks, or face shields will be required (unless an individual had a health/medical condition that prohibits it), especially when social distancing cannot easily be maintained such as indoor facilities, school busses, or other settings where space may be insufficient
- f. Information will be provided to all staff and families in the school community on proper use, removal, and washing of cloth face coverings
- g. Ensure adequate supplies of the following to support healthy hygiene behaviors, including soap, tissue, no touch trash cans, face coverings, and hand sanitizers
- h. Provide staff with face coverings

Identification and Tracing of Contacts:

Presenting Symptoms While on TUSD Campus:

When an employee or student becomes ill and/or symptomatic while on campus/district, he/she will immediately, report to the sites dedicated health/isolation room and a school/district designee (see appendix A) will complete an incident/case form.

Once the employee or student arrives at the health/isolation room, immediately provide them with a mask and gloves. Explain that this is to help protect other employees and students and prevent the potential spread of the virus.

- The designated staff member must complete the attached HANDOUT: TUSD suspected COVID 19 case/incident form (appendix A). If medically safe, then direct the symptomatic individual to leave work, or call a parent/family member to transport home, or follow up with their health care provider. The designated staff member will determine if emergency services is to be called based on symptoms with the assistance of COVID-19 Screening Flow Chart (appendix C).
- The designated staff member and others attending to the symptomatic person is advised to wear personal protective equipment (PPE) while attending to the person displaying symptoms.

- The TUSD designated staff member will identify persons who may have come in close contact with the person displaying symptoms on a TUSD site/campus with the TUSD Cohort log (appendix B). Unless required by the local health authority, TUSD will maintain confidentiality, in accordance with State/Federal HIPAA and FERPA compliance laws.
- Individuals identified as a close contact (any individual within 6 feet for at least 15 minutes), with another individual who has been diagnosed with, or is suspected to have COVID-19, will be notified that they may have been exposed, using the attached letter (appendix D). Persons potentially exposed should follow current guidelines and advice from the San Joaquin County Public Health Officer.
- Human Resources staff will complete contact tracing protocols for staff members at risk of potential exposure to COVID-19.
- In determining next steps, please see Appendix E.

Following CA Public Health Department guidelines, the contaminated area(s)

- Area will sit idle for 24 hours
- Appropriate PPE equipment shall be utilized by cleaning staff

COVID-19 Illness and Quarantine Guidelines

In all cases please inform your school administrator and TUSD Health Services

PERSON A	PERSON B	PERSON C	PERSON D
 Any person who has tested positive for COVID-19. Confirmed with lab result. With symptoms: Isolation until the following requirements have been met ✓ 10 days since symptoms first appeared and ✓ 24 hours (1 day) with no fever (without the use of fever-reducing medicine) and ✓ Symptoms have improved The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days Without symptoms (Asymptomatic): Quarantine for 10 days from test date ✓ Monitor self for symptoms, take temperature twice a day ✓ Released from quarantine after 10 days have passed as long as no symptoms have been present	 Any person who lives in the same household with Person A NO symptoms: ✓ Quarantine immediately ✓ Quarantine while Person A is ill and isolated ✓ Quarantine an additional 14 days after Person A has recovered and been released only if the infected person living with you and cannot be isolated in a separate room ✓ Quarantine can last up to 24 days or longer	 Any person with close contact to Person A (>15 min, < 6 feet) Quarantine for 14 days following date of last exposure ✓ Contact your local Health Department with any questions ✓ Monitor self for symptoms, take temperature twice a day ✓ Notify Primary Care Provider if symptoms develop	 Any person who has had exposure to Person B or C NO QUARANTINE OR ACTION REQUIRED unless: Person B develops symptoms OR tests positive and Person D had contact with within 14 days then: ✓ contact Primary Care Provider to see about testing ✓ Contact Health Services with questions regarding timing and exposure ✓ Clear on daily self-health screening tool
 Recovered and Released Definitions: Isolation separates infected people with a contagious disease from people who are not sick Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Close Contact defined as anyone who was within 6 feet of an infected person for at least 15 minutes, starting from 48 hours before the person began feeling sick until the time the person was isolated			

Physical Distancing:

A Hybrid Learning Model will be implemented in the event of San Joaquin County Health Department providing guidance of required social distancing

- Social Distancing Model with two (2) day in person classroom attendance & three-day distance learning program
- All students and staff are required to wear masks, with the exception of those who have a medical/health condition that prohibit it again when attending the two (2) day in person of instruction at school.

Student engagement through instructional best practices with blended learning embedded

All TUSD school sites will implement Operational COVID-19 Safety Measure Plans

- a. Established arrival and departure processes & protocols
- b. Student desks are spaced to promote physical distancing where practicable—with one directional seating
- c. Remove all excess furniture to allow for maximum distancing within a classroom.
- d. Non-Classroom Space will have established processes & protocols for one directional foot trafficking

Staff Training and Family Education:

Staff and families will be educated on the application and enforcement of the plan.

- a. All staff and families will be provided TUSD Reopening Guidelines prior to the reopening of schools and will be trained to implement the guidelines that are relevant to them, upon their return to school.
- b. TUSD will follow San Joaquin County Health Guidelines regarding testing of students and staff.

Triggers for Switching to Distance Learning:

TUSD will follow all San Joaquin County Health Guidelines regarding triggers to switch to Distance Learning.

Criteria for closing a school

Individual school closure may be appropriate when:

- Within a 14 Day period:
 - The percentage of confirmed cases exceeds five (5) percent of the total number of teachers, students, and/or staff members on site—depending on the size and physical layout of the school.
 - The Local Health Officer may determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

Following a school closure, schools may reopen after a 14-day timeline—provided the following have occurred:

- Cleaning and disinfection
- Public health investigation
- Consultation with the local public health department

Criteria for closing the Tracy Unified School District

A superintendent should close a school district if 25% or more of schools in a district have closed due to COVID-19 within 14 days, and in consultation with the local public health department.

Following a school district closure, TUSD may reopen following a 14-day timeline, and consultation with the local public health department.

www.cdph.ca.gov

Communication Plans:

How the superintendent/site principals will communicate with students, staff, and parents about cases and exposures at the school, consistent with privacy requirements such as FERPA and HIPAA.

TUSD will utilize multiple methods of communication with students, staff and families such as: bimonthly informational sessions, automated phone calls, email, social media, and personal outreach.

TUSD also maintains a COVID-19 webpage that provides current information for the public.

TUSD will send home a notification of COVID-19 Exposure Letter (consistent with privacy requirements) found in Appendix D.

APPENDIX

Appendix A	Employee/Student Presenting Symptoms on Campus Form
Appendix B	Cohort Log
Appendix C	COVID-19 Screening Flow chart
Appendix D	Exposure Letter to Families
Appendix E	COVID-19 Illness and Quarantine Guidelines
Appendix F	PPE for TUSD Staff
Appendix G	PPE for TUSD Staff (Spanish)

Appendix A:

TRACY UNIFIED SCHOOL DISTRICT
EMPLOYEES/STUDENTS PRESENTING SYMPTOMS WHILE ON CAMPUS

Name: _____ Employee _____ Student _____

Date: _____

Location in District: _____

Symptoms noticed:

☐ Temperature 100.4 or higher

☐ Fatigue and/or muscle pain

☐ Shortness of breath and/or difficulty breathing

☐ Diarrhea

☐ Cough

☐ Chills

☐ New loss of taste or smell

☐ Congestion or runny nose

☐ Headache

☐ Nausea or vomiting

☐ Sore throat

Additional Notes or other COVID 19 signs or symptoms not listed above:

Date and time of fever or onset of symptoms:

Date _____ Time _____

Location and time of isolation at TUSD:

Location _____ Time _____

Where is employee/student being referred to (MD., E.R., urgent care, etc.):

Reporter Name/Title: _____

Appendix B:



Cohort_Logs.pdf

Cohort Logs

Cohort Identifiers

School: _____ Cohort Location: _____ Grade(s) _____

Dates of log: _____

[illegible]

Page _____ of _____

December 2, 2020

Guidance Amendment #6: 2020-2021 School Year Planning: A Guide to Address the Challenges of COVID-19

On July 17, 2020, the California Department of Health (CDPH) released its [COVID-19 and Reopening In-Person Learning Framework](#). The framework was developed to support school communities in making decisions about when and how to resume in-person instruction since mid-March, when schools in San Joaquin County and the state closed campuses and began to provide distance learning to reduce transmission of COVID-19.

The framework has been one of the guiding documents schools and school districts have followed during the 2020-21 academic year as they have resumed in-person instruction as allowed by the state. Schools have had options to resume in-person instruction, including:

- To provide instruction and specialized support services to small cohorts of students, such as students with special needs;
- If they successfully applied for a waiver allowing resumption of in-person instruction for students from transitional kindergarten through sixth grade;
- If a TK-12 school was located in a county that had been designated to be in the Substantial (red) tier under California's [Blueprint for a Safer Economy](#) for two weeks.

The CDPH framework from July 17 includes guidance for schools open to in-person instruction to follow when a confirmed COVID-19 case, suspected COVID-19 case, or exposure to COVID-19 is identified among students or school employees.

The San Joaquin County Office of Education (SJCOE) is issuing this December 2, 2020, Guidance Amendment #6 to the 2020-2021 School Year Planning: A Guide to Address the Challenges of COVID-19 to provide clarification and guidance for schools in San Joaquin County to follow when confirmed or suspected COVID-19 cases are identified in a school community. Guidance Amendment #6 was approved by the San Joaquin County Public Health Officer.

The steps schools in San Joaquin County should follow are outlined in the [San Joaquin County Public Health Services \(SJCPHS\) School Resource grid](#) to provide specific guidance based on the CDPH framework. The guidance document updates and replaces previous COVID-19 response flowcharts. For reference, the [Replaced COVID-19 Flowcharts](#) are available online.

The school planning document for San Joaquin County -- 2020-2021 School Year Planning: A Guide to Address the Challenges of COVID-19 -- was developed by the SJCOE and SJCPHS in collaboration with superintendents from the county's 14 school districts before its release on June

17, 2020. Aligned with CDPH recommendations and approved by the San Joaquin County Public Health Officer, the document was based on the best available information about COVID-19 in the county at the time of its development and publication. The guidance in the document was subject to revision as circumstances related to COVID-19 changed.

The original planning documents and all amendments can be found at <http://www.sjcoe.org/healthsafety>.

More information and guidance documents can be found at the state's COVID-19 information website at covid19.ca.gov and the CDPH website at cdph.ca.gov.



School Resource: Steps to take for COVID-19 symptoms (close contact or confirmed COVID-19)

Student or Staff	Action	Communication
1 Symptoms of COVID19 without known exposure	- Send home - Recommend testing - If positive, see #3 - if negative, see #4 School/classroom remain OPEN	No action needed
2 Close contact with confirmed COVID-19	- Send home and follow SJC PHS Quarantine Orders and Instructions - Quarantine for 14 days from last exposure. Recommend testing day 7-12 (negative result will not shorten 14- day quarantine) School/classroom remain OPEN	Consider notifying staff and families of children in the cohort.
3 Student or staff has confirmed COVID-19 infection	Notify SJC PHS: Phone: (209) 468-3822 or Email: schools@sjcphs.org - Keep home with instructions to isolate at home for at least 10 days since symptoms first appeared <u>and</u> there has been at least 24 hours of no fever, without using fever-reducing medication <u>and</u> symptoms have improved. Follow SJC PHS Isolation Orders and Instructions. - Identify close contacts to include the entire classroom/cohort of the person with COVID-19. - Instruct to Quarantine at home for 14 days after the last date the person with COVID-19 was at the school/ program while infectious. - Get COVID- 19 tested immediately if symptomatic. If no symptoms, testing recommended at 7-12 days after exposure (but will not shorten 14-day quarantine if negative). - Clean and disinfect spaces where the person with COVID-19 spent significant time. Classroom/cohort CLOSED for 14 days after last exposure. Non-exposed classroom/cohorts remain open.	Notify staff and families of children who are close contacts using the SJC PHS <i>EXPOSURE LETTER TEMPLATE</i>. Enter close contacts information into the School Portal for Outbreak Tracking (SPOT). Consider notifying all other staff and families about the COVID-19 case using the SJC PHS <i>NO EXPOSURE LETTER TEMPLATE</i>.
4 Negative test after symptoms of COVID19 without known exposure	Return when all the following are true: - May return to school 3 days after symptoms resolve - No fever for 24 hours, without using fever-reducing medication - Documentation of child's negative test result - Physician's note not required and does not allow an earlier return date School/classroom/cohort remain open	No action needed
5 Symptoms of COVID19 with or without known exposure and was not tested or is waiting for the test result	Return when all the following are true: - Symptoms have improved 10 days have passed since symptoms first occurred - No fever for 24 hours, without using fever reducing medications - Physician's note not required and does not allow earlier return date	If known exposure, see #3



Recurso escolar: Pasos a seguir para los síntomas de COVID-19 (contacto cercano o COVID-19 confirmado)

Alumnos o personal	Acción	Comunicación
1 Síntomas de COVID19 sin exposición conocida	- Enviar a casa - Recomendar pruebas - Si es positiva, ver # 3 - si es negativa, ver # 4 La escuela / salones de clase permanecen ABIERTOS	No se necesita acción
2 Contacto cercano con COVID-19 confirmado	- Enviar a casa, siga órdenes, instrucciones de cuarentena SJC PHS - Cuarentena 14 días desde última exposición. Prueba recomendada día 7-12 (resultado negativo no acortará cuarentena de 14 días) La escuela / salones de clase permanecen ABIERTOS	Considere notificar al personal y a las familias de los estudiantes del grupo.
3 El estudiante o el personal han confirmado una infección por COVID-19	Notifique a SJC PHS: Teléfono: (209) 468-3822 o Email: schools@sjcphs.org - Quedarse en casa. Aislamiento en casa durante al menos 10 días desde que aparecieron los síntomas por primera vez y no ha tenido fiebre por al menos 24 horas, sin usar medicamentos para reducir la fiebre y los síntomas han mejorado. Siga las órdenes e instrucciones de aislamiento de SJC PHS. - Identificar contactos cercanos para incluir a todo el grupo de la persona con COVID-19. - Indique que debe ponerse en cuarentena en casa durante 14 días después de la última fecha en que la persona con COVID-19 estuvo en la escuela / programa mientras estaba infectado. - hacer prueba de COVID-19 inmediatamente si presenta síntomas. si no hay síntomas, se recomienda realizar la prueba entre 7 y 12 días después de la exposición (pero si es negativa no acortará la cuarentena de 14 días). - Limpie y desinfecte los espacios donde la persona con COVID-19 pasó mucho tiempo. Salones CERRADOS durante 14 días después de la última exposición. Los salones no expuestos permanecen abiertos.	Notifique al personal y familias de estudiantes que sean contactos cercanos utilizando la PLANTILLA DE CARTA DE EXPOSICIÓN DE SJC PHS Ingrese la información de contacto cercano en el portal escolar para el seguimiento de brotes (SPOT). Considere notificar al resto del personal y las familias sobre el caso de COVID-19 utilizando la PLANTILLA DE CARTA DE NO EXPOSICIÓN DE SJC PHS.
4 Prueba negativa después de síntomas de COVID19 sin exposición conocida	Regrese cuando todo lo siguiente sea cierto: - Puede regresar a la escuela 3 días después de que se resuelvan los síntomas - Sin fiebre durante 24 horas, sin usar medicamentos para reducir la fiebre - Documentación del resultado negativo de la prueba del estudiante - No se requiere una nota del médico y no se permite una fecha de regreso antes Escuela / salones de clase / permanecen abiertos	No se necesita acción
5 Síntomas de COVID19 con o sin exposición conocida y no se evaluó o está esperando el resultado de la prueba	Regrese cuando todo lo siguiente sea cierto: - Los síntomas han mejorado - Han pasado 10 días desde que aparecieron los primeros síntomas - Sin fiebre durante 24 horas, sin usar medicamentos para reducir la fiebre - No se requiere una nota del médico y no se permite una fecha de regreso antes	Si se conoce exposición, consulte # 3



TRACY

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Date: _____

This is to inform you that a case of COVID-19 has been identified in our school. **All students and staff in your child's classroom(s) were exposed and must go home immediately, even if not ill.** The last date of exposure at the school was on _____.

COVID-19 is spread from person to person. This occurs between people who are in the same classroom or in close contact with one another (within 6 ft for 15 minutes or more) when an infected person coughs, sneezes or talks. There is a smaller risk of spread from touching a surface or object that has the virus on it and then touching your own mouth, nose, or eyes.

Symptoms can occur from 2 to 14 days after exposure. **Symptoms of COVID-19 are fever, chills, cough, difficulty breathing, tiredness, body aches, headaches, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, and respiratory difficulty.**

Your child must do the following:

- Stay home.
- Quarantine through _____.
- Follow San Joaquin County Public Health Services Quarantine Orders and Instructions http://www.sjcphs.org/Isolation_Quarantine.aspx

Covid-19 testing is strongly recommended for all exposed staff and students.

- COVID-19 testing is recommended immediately if symptoms develop. Call the school or TUSD Health Services to let them know about the symptoms.
- If there are no symptoms, testing is recommended at least seven to twelve days after exposure.
- Call your doctor to arrange testing. Free testing is available. Find information for testing sites in San Joaquin County at www.sjready.org
- Immediately notify the school or TUSD Health Services of a positive COVID-19 test result.
- A negative COVID-19 test result during quarantine does NOT allow an early release from quarantine.

If you have any questions, please contact TUSD Health Services (209)830-3241

Sincerely,

Erica Contreras

TUSD Health Services Coordinator

(209)830-3241

References

California Department of Education. (2020, June). Stronger together, a guidebook for the safe reopening of California public schools. <https://www.cde.ca.gov/ls/he/hn/documents/strongertogether.pdf>

CDPH. (2020, August). COVID-19 industry guidance for schools and school-based programs. <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Schools-FAQ.aspx>

CSNO. (2020, August). Health services recovery plan resource guide in educational settings. <https://docs.google.com/document/d/1s2EdTE7AHRaBxc4OOYJqr9cFOtjBRHLikOH5X5IJp0/edit?ts=5f4c5659>

San Joaquin County of Education. (2020, July). 2020-2021 School year planning: a guide to address the challenges of COVID 19. <https://www.sjcoe.org/newsDetails.aspx?ID=4942>

Protective Equipment Recommendations for TUSD School Staff

- When is it necessary?
- What kind is necessary?

Classification of Individual Wearing Protective Equipment:	N95 Mask	Face Shield	Disposable Gloves	Disposable Gowns/Other Body Coverings	Any Approved Face Coverings	Disposable Mask
Staff in care areas of students with suspected COVID-19	X	X	X	X (recommended)		X (with face shield if N95 mask is not available)
Staff in the same facility but not in the care areas for students with suspected COVID 19					X (including disposable mask)	
Staff providing or present during aerosol generating procedures such as nebulizer treatment.	X	X	X	X (recommended)		
Staff providing personal care to students WITHOUT suspected COVID 19 but who may potentially be exposed to bodily fluids.		X	X	X (recommended)		X
Transportation staff/riders who must come in direct contact with student-passengers (e.g. buckling/unbuckling, performing wheelchair services, etc.)			X		X (including disposable mask)	

*Information was gathered from resources listed below and is subject to change based on most current guidelines and recommendations.

**Not applicable for staff with medical exemptions.

Protective Equipment Recommendations for TUSD School Staff

Resources:

CDC. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

CDC Considerations for Schools. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html>

CDC Guidance for Optimizing PPE. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html>

CDC Guidance for Using PPE. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

California Department of Education. <https://www.cde.ca.gov/ls/he/hn/strongertogetherhealth.asp>

California Department of Public Health. <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/UseofPersonalProtectiveEquipmentduringCOVID19.aspx>

Emergency Use Authorizations for PPE. <https://www.fda.gov/medical-devices/coronavirus-disease-2019-covid-19-emergency-use-authorizations-medical-devices/personal-protective-equipment-euas>

FDA Emergency Use Authorization for Respiratory Protection. <https://www.fda.gov/medical-devices/letters-health-care-providers/certain-filtering-facepiece-respirators-china-may-not-provide-adequate-respiratory-protection-letter#1>

OSHA. <https://www.osha.gov/personal-protective-equipment>

Appendix G

Recomendaciones de equipo de protección para el personal escolar de TUSD

- ¿Cuándo es necesario?
- ¿Qué tipo es necesario?

Clasificación del equipo de protección de uso individual:	Mascarilla/máscara N95	Careta	Gautes desechables	Batas desechables / otras coberturas corporales	Cualquier Revestimiento facial Aprobado	Mascarilla desechable
Personal en áreas de atención de estudiantes con sospecha de COVID-19	X	X	X	X (recomendado)		X (con protector facial si la máscara N95 no está disponible)
Personal en la misma instalación, pero no en las áreas de cuidado para estudiantes con sospecha de COVID 19					X (incluida la mascarilla/máscara desechable)	
Personal que proporciona o está presente durante procedimientos que generan aerosoles, como el tratamiento con nebulizador.	X	X	X	X (recomendado)		
Personal que brinda cuidado personal a los estudiantes SIN sospecha de COVID 19 pero que potencialmente pueden estar expuestos a fluidos corporales.		X	X	X (recomendado)		X

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Personal de transporte / pasajeros que deben entrar en contacto directo con estudiantes-pasajeros (por ejemplo, abrocharse / desabrocharse, realizar servicios de silla de ruedas, etc.)			X		X (incluida la mascarilla/ máscara desechable)	
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* La información se obtuvo de los recursos que se enumeran a continuación y está sujeta a cambios según las pautas y recomendaciones más actuales.

** No aplica para personal con exenciones médicas.

Recursos:

CDC. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

CDC Considerations for Schools. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html>

CDC Guidance for Optimizing PPE. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html>

CDC Guidance for Using PPE. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

California Department of Education. <https://www.cde.ca.gov/ls/he/hn/strongertogethehealth.asp>

California Department of Public Health. <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/UseofPersonalProtectiveEquipmentduringCOVID19.aspx>

Emergency Use Authorizations for PPE. <https://www.fda.gov/medical-devices/coronavirus-disease-2019-covid-19-emergency-use-authorizations-medical-devices/personal-protective-equipment-euas>

FDA Emergency Use Authorization for Respiratory Protection. <https://www.fda.gov/medical-devices/letters-health-care-providers/certain-filtering-facepiece-respirators-china-may-not-provide-adequate-respiratory-protection-letter#1>

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OSHA. <https://www.osha.gov/personal-protective-equipment>

Tracy Unified School District Plan de seguridad de las Escuelas

Este documento sirve como un conjunto de precauciones que debe seguir cada escuela de TUSD si volvemos a abrir con el Modelo Híbrido. El director de cada plantel escolar está actualmente finalizando los planes operativos actualizados que son específicos para su plantel.

Limpieza y desinfección: cómo se limpiarán y desinfectarán periódicamente las superficies compartidas y cómo se minimizará el uso de elementos compartidos.

Todos los empleados capacitados de TUSD limpiarán y desinfectarán las superficies que se tocan comúnmente dentro de la escuela y en los autobuses escolares, con tanta frecuencia como sea posible durante el día. Se suspenderá el uso de equipos de juegos compartidos hasta nuevo aviso. Cuando se use aire acondicionado, use la configuración que trae aire fresco y revise los filtros de aire para asegurar una calidad de aire óptima.

- a. Asegurarse de que el personal capacitado durante el día limpie y desinfecte las superficies que se tocan con frecuencia dentro de la escuela y autobuses escolares diariamente y como sea posible.
- b. Las estructuras de juego del patio de recreo compartidas se suspenderán hasta nuevo aviso.
- c. Elija productos de limpieza que estén aprobados por los centros de control de Enfermedades (CDC por sus siglas en inglés) para el uso contra COVID-19 y siga las instrucciones del producto
- d. Establezca un programa de limpieza y desinfección para evitar el uso insuficiente y excesivo de los productos de limpieza.
- e. Garantizar la aplicación segura y correcta de desinfectantes y mantener los productos fuera del alcance de los estudiantes
- f. Asegure una ventilación adecuada durante la limpieza y desinfección.
- g. Todas las unidades de aire acondicionado de TUSD están equipadas con economizadores que permiten la entrada de un 10% y un 20% de aire fresco del exterior, dependiendo de la temperatura exterior. El aire fresco del exterior de los edificios repone el nivel de oxígeno y reduce el nivel de dióxido de carbono en el salón, lo que ayuda a mantener un aire de buena calidad.
- h. TUSD utiliza filtros de aire antimicrobianos de alta calidad con una clasificación MERV 9 para filtrar cualquier partícula que salga de los salones y evitar que regrese a ellos. Los filtros de aire se revisarán periódicamente para reemplazarlos según sea necesario.

Cohorte/Agrupamiento: cómo los estudiantes se mantendrán en grupos pequeños y estables con asistencia fija que permanecen juntos durante todas las actividades (por ejemplo, instrucción, almuerzo, recreo) y minimizan / evitan el contacto con otros grupos o individuos que no forman parte de dicho grupo.

TUSD implementará un modelo híbrido para asegurar que grupos pequeños de estudiantes:

- a) Grupo A (apellido de los estudiantes que comienza con A-L) asistirán al aprendizaje en persona los lunes y jueves de cada semana. Se creará un calendario para las semanas que no tengan cinco días hábiles para los estudiantes, de modo que la mitad de los días de la semana se asignarán para que el grupo A asista al aprendizaje en persona.
 - b) Grupo B (apellido de los estudiantes que comienza con M-Z) asistirán al aprendizaje en persona los martes y viernes de cada semana. Se creará un calendario para las semanas que no tengan cinco días hábiles para los estudiantes, de modo que la mitad de los días de la semana se asignarán para que el Grupo B asista al aprendizaje en persona.
 - c) Se asignará un día a la semana (miércoles) para que los grupos A y B reciban aprendizaje a distancia, de modo que los miembros de la unidad puedan realizar todas las tareas profesionales para la educación en persona y a distancia. Los maestros tendrán la opción de trabajar desde casa ese día, incluida la asistencia a actividades de desarrollo profesional y reuniones de personal.
- a. Todas las estructuras y el equipo del patio de recreo compartido serán suspendidos hasta nuevo aviso.
 - b. Todos los útiles del salón de clases compartidos serán limitados y se evitará al máximo el uso de ellos.

Cubiertas faciales y otro equipo de protección esencial:

cómo se cumplirán y harán cumplir los requisitos de cubrimiento facial del Departamento de Salud Pública de California (CDPH por sus siglas en inglés).

Guía rápida de cobertura facial COVID-19 para estudiantes de TUSD

Cubrirse la cara puede ayudar a reducir la propagación de gotitas potencialmente infecciosas dentro de la comunidad cuando se combina con el distanciamiento físico y el lavado de las manos.

Según la guía del Departamento de Salud Pública de California (CDPH por sus siglas en inglés) con fecha del 25 de agosto del 2020: El distanciamiento físico, en combinación con el uso de cubiertas faciales, disminuye el riesgo de COVID 19 a través de gotitas respiratorias. La distancia física entre las personas debe mantenerse tanto como sea posible, los adultos y los estudiantes siempre deben usar cubiertas para la cara, de acuerdo con la guía escolar del CDPH.

Consulte la guía de CDPH sobre escuelas y programas basados en la escuela (PDF) y cuidado infantil (PDF) para obtener información adicional con respecto a la mascarilla/tapabocas, comidas, limpieza, exámenes de salud, entrega / recogida de estudiantes.

Las cubiertas faciales deben usarse de acuerdo con las pautas del CDPH a menos que una persona esté exenta como se explica a continuación. Las cubiertas faciales/mascarilla son particularmente importantes en lugares como ambientes interiores, autobuses escolares y áreas donde el distanciamiento físico por sí solo no es suficiente para ayudar a prevenir la transmisión de enfermedades.

Como usar:

El Departamento de Salud Pública del Condado de San Joaquín alienta al público a cubrirse la nariz y la boca con una máscara/tapabocas cuando deba estar en público para realizar actividades esenciales (por ejemplo, comprar en el supermercado). Las cubiertas faciales/mascarillas son para aquellos que no pueden mantener una distancia mínima de 6 pies con otras personas en su entorno de trabajo y requieren poca o ninguna interacción con el público. El uso de una cubierta facial/mascarilla no elimina la necesidad de distanciarse físicamente de los demás y de lavarse las manos con frecuencia.

Cuidado del cubrimiento facial de tela/mascarillas de tela:

Lavar la cara con frecuencia usando una toallita idealmente después de cada uso o al menos una vez al día - Lavar con detergente y agua caliente - Secar en ciclo caliente - Lávese las manos al poner y quitar la máscara/mascarilla y evite tocarse la cara.

Algunos ejemplos de cubiertas faciales:

Máscara/tapabocas/mascarilla cosida hecha en casa, bufanda, tela de tejido apretado, máscara de tela, máscara desechable, etc.

Según el Departamento de Educación de California, se debe usar como mínimo una cubierta facial/mascarilla:

- Mientras espera para entrar a la escuela.
- Mientras se encuentre en los terrenos de la escuela (excepto cuando coma o beba).
- Al salir de la escuela
- Mientras está en un autobús escolar

Las siguientes personas están exentas de usar una cubierta facial/mascarilla según la guía del CDPH con fecha del 18 de junio del 2020:

- Personas menores de dos años. Estos niños muy pequeños no deben cubrirse la cara debido al riesgo de asfixia.
- Personas con una afección médica, una afección de salud mental o una discapacidad que les impida usar una cubierta facial/mascarilla. Esto incluye a personas con una afección médica para quienes el uso de una cubierta facial/mascarilla podría obstruir la respiración o que están inconscientes, incapacitados o que no pueden quitarse la cubierta facial/mascarilla sin ayuda.

- Personas con problemas de audición o que se comunican con una persona con problemas de audición, donde la capacidad de ver la boca es esencial para la comunicación.
- Personas para quienes el uso de una cubierta facial crearía un riesgo personal relacionado con su trabajo, según lo determinen los reguladores locales, estatales o federales o las pautas de seguridad en el lugar de trabajo.
- Personas que estén obteniendo un servicio que involucre la nariz o la cara para los cuales sea necesario remover temporalmente la cubierta facial/mascarilla para realizar el servicio.

Personas que estén sentadas en un restaurante u otro establecimiento que ofrezca servicio de alimentos o bebidas, mientras comen o beben, siempre que puedan mantener una distancia de al menos seis pies de personas que no sean miembros del mismo hogar o residencia.

- Personas que realizan trabajo o recreación al aire libre, como nadar, caminar, escalar, montar en bicicleta o correr, cuando están solas o con miembros del hogar y cuando pueden mantener una distancia de al menos seis pies de los demás.

Nota: Las personas exentas de usar una cubierta facial debido a una condición médica que estén empleadas en un trabajo que implique contacto regular con otras personas deben usar una alternativa no restrictiva, como un protector facial con una cortina en el borde inferior, siempre que su la condición lo permita.

ALUMNOS

Edad	Requisito de cobertura facial
Menores de 2 años	No
2 años-2do grado	Muy Recomendado**
3er grado - Preparatoria	Sí, a menos que esté exento por un médico

** Se recomienda encarecidamente que los niños pequeños entre dos años y segundo grado se cubran la cara si se pueden usar correctamente. Un protector facial es una alternativa aceptable para los niños de este grupo que no pueden usarlo correctamente.

Recursos:

California Department of Education (2020, June).

<https://www.cde.ca.gov/ls/he/hn/documents/strongertogether.pdf>

CDPH (2020, June). <https://www.cdph.ca.gov/Programs/OPA/Pages/NR20-128.aspx>

CDPH (2020, August). <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/small-groups-child-youth.aspx>

Cloth Face Covers (CDC). <http://tiny.cc/cdc-diy-face-cover>

San Joaquin County Public Health. <http://www.sjcphs.org/>

Exámenes de salud para estudiantes y personal: cómo se evaluará a los estudiantes y al personal para detectar síntomas de COVID-19 y cómo se separarán los estudiantes o el personal de los demás y se los enviará a casa inmediatamente.

A todos los estudiantes se les revisará la temperatura al ingresar a su primer período / clase, todos los días.

A los estudiantes con una temperatura de menos de 100.4 grados se les permitirá ingresar a la clase y participar en la instrucción en persona del día.

Los estudiantes con una temperatura de 100.4 grados o más serán enviados a la oficina en un área de la oficina en cuarentena para ser enviados a casa.

- a. Antes de que los estudiantes y el personal vengan a la escuela, deberán realizar un autoexamen para detectar signos y síntomas de COVID-19.
- b. Cualquier persona que haya estado expuesta a alguien con COVID-19 en los últimos 14 días, que tenga síntomas de COVID-19 o que no se sienta bien, no debe ir a la escuela.
- c. Aquellos que desarrollen signos y síntomas durante el día serán enviados a una “sala de salud” identificada cuando sea posible. La “sala de salud” identificada debe ser un área por la que otros no pasen con regularidad, donde las personas sintomáticas puedan permanecer hasta que puedan regresar a casa.

Prácticas de higiene saludable: cómo se promoverá e incorporará en las rutinas diarias la disponibilidad de estaciones para lavarse las manos y el uso de desinfectante de manos.

Todas las escuelas enseñarán y reforzarán el lavado de manos, evitando el contacto con los ojos, las manos y la boca, y cubriéndose al toser y estornudar. Los estudiantes y el personal tendrán acceso a desinfectante de manos en toda la escuela. El distrito requerirá que todo el personal y los estudiantes usen máscaras / cubiertas faciales (a menos que una persona tenga una condición médica o de salud que lo prohíba u otra razón de exención verificable), que son más esenciales cuando el distanciamiento físico no es posible. Los trabajadores del servicio de alimentos y el personal en contacto rutinario con el público deben usar guantes y cubiertas faciales/mascarillas.

- a. Todas las aulas con agua corriente tendrán jabón y toallas de papel disponibles.
- b. El desinfectante de manos líquido estará disponible en todas las aulas.
- c. Todas las oficinas en todos los departamentos tendrán sitios designados con desinfectante de manos disponible.
- d. Todas las botellas de desinfectante para manos se rellenarán según sea necesario.
- e. Se requerirán cubiertas faciales, máscaras o protectores faciales (a menos que una persona tenga una condición médica o de salud que lo prohíba), especialmente cuando el distanciamiento social no se puede mantener fácilmente, como en instalaciones interiores, autobuses escolares u otros entornos donde puede haber espacio insuficiente.
- f. Se proporcionará información a todo el personal y las familias en la comunidad escolar sobre el uso, remoción y lavado adecuados de las cubiertas faciales/mascarilla de tela.

- g. Asegurar suministros adecuados de jabón, pañuelos de papel, botes de basura sin contacto, cubiertas faciales/mascarilla y desinfectantes para manos para apoyar los comportamientos de higiene saludable.
- h. Proporcionar al personal cubiertas/mascarilla para la cara

Identificación y rastreo de contactos:

Acciones que tomará el equipo de administración de la escuela cuando exista un caso confirmado. Cada escuela tiene un equipo de administración de la escuela para apoyar el rastreo de contactos, como la creación y envío de listas de estudiantes y personal expuestos a la oficina del distrito de TUSD (servicios educativos y recursos humanos) y al departamento de salud local.

Si se presentan síntomas mientras está en alguna escuela de TUSD:

Cuando un empleado o estudiante se enferma y / o presenta síntomas mientras está en la escuela / distrito, él / ella se reportará inmediatamente a la sala de salud / aislamiento específica de la escuela y una persona designada por la escuela (ver el apéndice A) completará un formulario del caso / incidente.

Una vez que el empleado o estudiante llegue a la sala de salud / aislamiento, inmediatamente se debe entregar una máscara y guantes. Explique que esto es para ayudar a proteger a otros empleados y estudiantes y prevenir la propagación del potencial virus.

- El personal designado debe completar el FOLLETO adjunto: formulario del caso / incidente de sospecha de COVID 19 de TUSD (apéndice A) y, si es médicamente seguro, indicar al individuo sintomático que deje el trabajo o llame a uno de los padres de familia / familiar para que lo lleve a casa y haga un seguimiento con su proveedor de cuidados de la salud. El miembro del personal designado determinará si se debe llamar a los servicios de emergencia en función de los síntomas con la ayuda del diagrama de flujo de detección de COVID-19 (Apéndice C).
- El miembro del personal designado y otras personas que atienden a la persona sintomática también deben usar equipo de protección personal (EPP por sus siglas en inglés) mientras trabajan con la persona que presenta los síntomas.
- El miembro del personal designado de TUSD identificará a las personas que puedan haber estado en contacto cercano con la persona que muestra síntomas en una escuela / campus de TUSD con el registro de grupos pequeños de TUSD (Apéndice B). A menos que lo requiera la autoridad de salud local, la confidencialidad se mantendrá según lo indiquen las leyes de cumplimiento de HIPAA y FERPA estatales / federales.
- El miembro del personal designado evaluará el riesgo de exposición al COVID-19 y notificará a las personas identificadas como contacto cercano (cualquier persona dentro de los 6 pies durante al menos 15 minutos) que pueden haber estado en contacto con una persona que ha sido diagnosticada con o se sospecha que tiene COVID-19 usando la carta adjunta (Apéndice D)

debe seguir las pautas y consejos actuales del Oficial de Salud Pública del Condado de San Joaquín.

- ✓ El personal de Recursos Humanos completará la búsqueda de contactos de los miembros del personal diagnosticado
- Consulte el Apéndice E para obtener más ayuda para determinar cuál debe ser el siguiente paso.
Siguiendo las pautas del Departamento de Salud Pública de Ca, de las áreas contaminadas
 - *El área permanecerá inactiva durante 24 horas*
 - El personal de limpieza debe utilizar equipo de EPP apropiado.

COVID-19 Illness and Quarantine Guidelines

In all cases please inform your school administrator and TUSD Health Services

PERSON A	PERSON B	PERSON C	PERSON D
 Any person who has tested positive for COVID-19. Confirmed with lab result. With symptoms: Isolation until the following requirements have been met: ✓ 10 days since symptoms first appeared and ✓ 24 hours (1 day) with no fever (without the use of fever-reducing medicine) and ✓ <u>Symptoms</u> have improved The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days Without symptoms (Asymptomatic): Quarantine for 10 days from test date: ✓ Monitor self for symptoms, take temperature twice a day ✓ Released from quarantine after 10 days have passed as long as no symptoms have been present	 Any person who lives in the same household with Person A NO symptoms: ✓ Quarantine immediately ✓ Quarantine while Person A is ill and isolated ✓ Quarantine an additional 14 days after Person A has recovered and been released <i>only if</i> the infected person living with you and cannot be isolated in a separate room. ✓ Quarantine can last up to 24 days or longer	 Any person with close contact to Person A (>15 min, < 6 feet) Quarantine for 14 days following date of last exposure ✓ Contact your local Health Department with any questions. ✓ Monitor self for symptoms, take temperature twice a day ✓ Notify Primary Care Provider if symptoms develop	 Any person who has had exposure to Person B or C NO QUARANTINE OR ACTION REQUIRED <i>unless</i>: Person B develops symptoms OR tests positive and Person D had contact with within 14 days <i>then</i>: ✓ contact Primary Care Provider to see about testing ✓ Contact Health Services with questions regarding timing and exposure ✓ Clear on daily self-health screening tool
 Recovered and Released			
Definitions: Isolation separates infected people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Close Contact defined as anyone who was within 6 feet of an infected person for at least 15 minutes, starting from 48 hours before the person began feeling sick until the time the person was isolated.			

Distanciamiento físico: cómo se organizarán el espacio y las rutinas para permitir el distanciamiento físico de los estudiantes y el personal.

Se implementará un modelo de aprendizaje híbrido en caso de que el Departamento de Salud del Condado de San Joaquín brinde orientación sobre el distanciamiento social requerido

- Modelo de distanciamiento social con 2 días de clases de asistencia completa y programa de aprendizaje a distancia de tres días
- Se requiere que todos los estudiantes y el personal usen máscaras/mascarillas cuando asistan a los 2 días completos de instrucción en la escuela, excepto aquellos que tengan una condición médica o de salud que lo prohíba.
- Aprendizaje socioemocional integrado
- El plan de estudios adoptado y basado en los estándares de TUSD se centró en los estándares de prioridad críticos y esenciales
- Aprendizaje de los estudiantes alineado con el rigor, la relevancia y las relaciones

Participación de los estudiantes a través de las mejores prácticas de instrucción con aprendizaje combinado integrado

- *Todos los planteles escolares de TUSD implementarán planes operativos de medidas de seguridad COVID-19*
 - a. Procesos y protocolos de llegada y salida establecidos
 - b. “Classroom Space” recomendará separar más los escritorios para promover el distanciamiento físico cuando sea posible, con asientos unidireccionales
 - c. Retiro de todos los muebles sobrantes para permitir la máxima distancia dentro de un aula.
 - d. El espacio fuera del aula tendrá procesos y protocolos establecidos para el tráfico peatonal unidireccional/de una vía

Capacitación del personal y educación familiar: Cómo se capacitará al personal y cómo se educará a las familias sobre la aplicación y cumplimiento del plan.

- a. Todas las familias y el personal recibirán las pautas de reapertura de TUSD antes del regreso de los estudiantes a las escuelas y serán capacitadas para implementar las pautas que sean relevantes para ellos.
- b. TUSD seguirá las pautas de salud del condado de San Joaquín con respecto a las pruebas de los estudiantes y el personal.

Desencadenantes del cambio al aprendizaje a distancia: Los criterios que usará el superintendente para determinar cuándo cerrar físicamente la escuela y prohibir la instrucción en persona.

TUSD seguirá todas las pautas de salud del condado de San Joaquín con respecto a los desencadenantes para cambiar al aprendizaje a distancia.

➤ *¿Cuáles son los criterios para cerrar **una escuela**?*

Se recomienda el cierre individual de una escuela en función del número de casos, el porcentaje de maestros / estudiantes / personal que son positivos para COVID-19 y después de consultar con el oficial de salud local. El cierre individual de una escuela puede ser apropiado cuando hay varios casos en múltiples cohortes/grupos en una escuela o cuando al menos el 5 por ciento del número total de maestros / estudiantes / personal son casos dentro de un período de 14 días, según el tamaño y la disposición física de la escuela. El oficial de salud local también puede determinar que el cierre de la escuela está justificado por otras razones, incluidos los resultados de una investigación de salud pública u otros datos epidemiológicos locales.

➤ Si una escuela está cerrada para el aprendizaje en persona, ¿cuándo puede volver a abrir? Las escuelas podrían reabrir después de 14 días, si ha ocurrido lo siguiente:

- Limpieza y desinfección
- Investigación de salud pública
- Consulta con el departamento de salud pública local

➤ *¿Cuáles son los criterios para cerrar **un distrito** escolar?*

Un superintendente debe cerrar un distrito escolar si el 25% o más de las escuelas en un distrito han cerrado debido a COVID-19 dentro de los 14 días y consultando con el departamento de salud pública local.

➤ Si un distrito escolar está cerrado, ¿cuándo puede reabrirse?

Prevía consulta con el departamento de salud pública local los distritos pueden reabrir después de 14 días.

www.cdph.ca.gov

Planes de comunicación: Cómo el superintendente / directores de las escuelas se comunicarán con los estudiantes, el personal y los padres de familia sobre los casos y exposiciones en la escuela, de acuerdo con los requisitos de privacidad como FERPA y HIPAA.

TUSD utilizará múltiples métodos de comunicación con los estudiantes, el personal y las familias, como sesiones informativas quincenales, llamadas telefónicas automatizadas, correo electrónico, redes sociales y en persona.

TUSD también mantiene una página web COVID-19 que proporciona información actualizada para el público.

TUSD enviará una carta a casa notificando la exposición a COVID-19 que se puede encontrar en el Apéndice.

APÉNDICE

Apéndice A Empleado / estudiante que presenta síntomas en el formulario del campus

Apéndice B Registro de cohortes/grupos

Apéndice C Diagrama de flujo de detección de COVID-19

Apéndice D Carta de exposición a Covid19 para las familias

Apéndice E Pautas de enfermedad de COVID-19 y pautas de cuarentena

Apéndice A:

DISTRITO ESCOLAR UNIFICADO DE TRACY

EMPLEADOS / ESTUDIANTES QUE PRESENTAN SÍNTOMAS MIENTRAS ESTÁN EN EL CAMPUS/ESCUELA

Nombre: _____ Empleado _____ Estudiante _____

Fecha: _____

Ubicación en el distrito: _____

Síntomas notados:

☐ Temperatura de 100,4 o mayor

☐ Fatiga y / o dolor muscular

☐ Falta de aliento y / o dificultad para respirar.

☐ Diarrea

☐ Tos

☐

Escalofríos

☐ Pérdida del gusto u olfato
secreción nasal.

☐ Congestión o

☐ Dolor de cabeza
vómitos

☐ Náuseas o

☐ Dolor de garganta

Notas adicionales u otros signos o síntomas de COVID 19 no mencionados
anteriormente: _____

Fecha y hora de la fiebre o aparición de síntomas:

Fecha _____ Hora _____

Ubicación y tiempo de aislamiento en TUSD:

Ubicación _____ Hora _____

¿A Dónde se referirá al empleado / estudiante (MD., E.R., atención de urgencia, etc.):

CSNO (2020, August).

<https://docs.google.com/document/d/1s2EdTE7AHRaBxc4OOYJqr9cFOtjBRHLkOH5X5Ijp0/edit?ts=5f4c5659>

Apéndice D (página 1):

Estimadas familias de TUSD:

Nuestro distrito ha estado trabajando con el Departamento de Salud Pública local para monitorear el nuevo coronavirus del 2019 (COVID-19). Al responder a enfermedades infecciosas, es importante saber que nuestro distrito escolar sigue las instrucciones y recomendaciones hechas por los departamentos de salud del estado y del condado.

Tenga en cuenta que su hijo puede haber estado expuesto al COVID 19. La información proporcionada a continuación no reemplaza la conversación con su proveedor de atención médica si usted o su hijo están enfermos. Si usted o su hijo tienen síntomas, busque el diagnóstico y el tratamiento de su proveedor de atención médica lo antes posible.

El estudiante / miembro del personal que fue confirmado para COVID-19, asistió a las instalaciones de la escuela en las siguientes fechas _____. Si recibe esta notificación, es porque se requiere una cuarentena de 14 días según las pautas de los CDC y CPHD antes de que el estudiante que reciba esta notificación pueda regresar a la escuela. Por precaución, le recomendamos que controle su salud, siga las pautas de los CDC y de Salud Pública y que se comunique con su médico de atención primaria si tiene algún síntoma o inquietud. De acuerdo con las leyes de FERPA e HIPPA, no se nos permite divulgar más información sobre el estudiante / miembro del personal que dio positivo por COVID 19.

Se ha determinado que el final del período de auto cuarentena de 14 días para el estudiante que recibe esta notificación será _____.

¿Qué es COVID 19?

El coronavirus (COVID-19) es una enfermedad causada por un virus que puede transmitirse de persona a persona. El virus que causa COVID-19 es un nuevo coronavirus que se ha extendido por todo el mundo. Los síntomas de COVID-19 pueden variar desde tener síntomas leves (o ningún síntoma) hasta una enfermedad grave.

¿Cuáles son algunos de los síntomas?

- Fiebre o escalofríos
- Tos
- Falta de aliento o dificultad para respirar
- Dolores musculares o corporales
- Nueva pérdida de gusto y / u olfato
- Dolor de garganta
- Náuseas y / o vómitos
- Diarrea



School Resource: Steps to take for COVID-19 symptoms (close contact or confirmed COVID-19)

Student or Staff	Action	Communication
1 Symptoms of COVID19 without known exposure	- Send home - Recommend testing - If positive, see #3 - if negative, see #4 School/classroom remain OPEN	No action needed
2 Close contact with confirmed COVID-19	- Send home and follow SJC PHS Quarantine Orders and Instructions - Quarantine for 14 days from last exposure. Recommend testing day 7-12 (negative result will not shorten 14- day quarantine) School/classroom remain OPEN	Consider notifying staff and families of children in the cohort.
3 Student or staff has confirmed COVID-19 infection	Notify SJC PHS: Phone: (209) 468-3822 or Email: schools@sjcphs.org - Keep home with instructions to isolate at home for at least 10 days since symptoms first appeared <u>and</u> there has been at least 24 hours of no fever, without using fever-reducing medication <u>and</u> symptoms have improved. Follow SJC PHS Isolation Orders and Instructions. - Identify close contacts to include the entire classroom/cohort of the person with COVID-19. - Instruct to Quarantine at home for 14 days after the last date the person with COVID-19 was at the school/ program while infectious. - Get COVID- 19 tested immediately if symptomatic. If no symptoms, testing recommended at 7-12 days after exposure (but will not shorten 14-day quarantine if negative). - Clean and disinfect spaces where the person with COVID-19 spent significant time. Classroom/cohort CLOSED for 14 days after last exposure. Non-exposed classroom/cohorts remain open.	Notify staff and families of children who are close contacts using the SJC PHS <i>EXPOSURE LETTER TEMPLATE</i>. Enter close contacts information into the School Portal for Outbreak Tracking (SPOT). Consider notifying all other staff and families about the COVID-19 case using the SJC PHS <i>NO EXPOSURE LETTER TEMPLATE</i>.
4 Negative test after symptoms of COVID19 without known exposure	Return when all the following are true: - May return to school 3 days after symptoms resolve - No fever for 24 hours, without using fever-reducing medication - Documentation of child's negative test result - Physician's note not required and does not allow an earlier return date School/classroom/cohort remain open	No action needed
5 Symptoms of COVID19 with or without known exposure and was not tested or is waiting for the test result	Return when all the following are true: - Symptoms have improved 10 days have passed since symptoms first occurred - No fever for 24 hours, without using fever reducing medications - Physician's note not required and does not allow earlier return date	If known exposure, see #3



Recurso escolar: Pasos a seguir para los síntomas de COVID-19 (contacto cercano o COVID-19 confirmado)

Alumnos o personal	Acción	Comunicación
1 Síntomas de COVID19 sin exposición conocida	- Enviar a casa - Recomendar pruebas - Si es positiva, ver # 3 - si es negativa, ver # 4 La escuela / salones de clase permanecen ABIERTOS	No se necesita acción
2 Contacto cercano con COVID-19 confirmado	- Enviar a casa, siga órdenes, instrucciones de cuarentena SJC PHS - Cuarentena 14 días desde última exposición. Prueba recomendada día 7-12 (resultado negativo no acortará cuarentena de 14 días) La escuela / salones de clase permanecen ABIERTOS	Considere notificar al personal y a las familias de los estudiantes del grupo.
3 El estudiante o el personal han confirmado una infección por COVID-19	Notifique a SJC PHS: Teléfono: (209) 468-3822 o Email: schools@sjcphs.org - Quedarse en casa. Aislamiento en casa durante al menos 10 días desde que aparecieron los síntomas por primera vez y no ha tenido fiebre por al menos 24 horas, sin usar medicamentos para reducir la fiebre y los síntomas han mejorado. Siga las órdenes e instrucciones de aislamiento de SJC PHS. - Identificar contactos cercanos para incluir a todo el grupo de la persona con COVID-19. - Indique que debe ponerse en cuarentena en casa durante 14 días después de la última fecha en que la persona con COVID-19 estuvo en la escuela / programa mientras estaba infectado. - hacer prueba de COVID-19 inmediatamente si presenta síntomas. si no hay síntomas, se recomienda realizar la prueba entre 7 y 12 días después de la exposición (pero si es negativa no acortará la cuarentena de 14 días). - Limpie y desinfecte los espacios donde la persona con COVID-19 pasó mucho tiempo. Salones CERRADOS durante 14 días después de la última exposición. Los salones no expuestos permanecen abiertos.	Notifique al personal y familias de estudiantes que sean contactos cercanos utilizando la PLANTILLA DE CARTA DE EXPOSICIÓN DE SJC PHS Ingrese la información de contacto cercano en el portal escolar para el seguimiento de brotes (SPOT). Considere notificar al resto del personal y las familias sobre el caso de COVID-19 utilizando la PLANTILLA DE CARTA DE NO EXPOSICIÓN DE SJC PHS.
4 Prueba negativa después de síntomas de COVID19 sin exposición conocida	Regrese cuando todo lo siguiente sea cierto: - Puede regresar a la escuela 3 días después de que se resuelvan los síntomas - Sin fiebre durante 24 horas, sin usar medicamentos para reducir la fiebre - Documentación del resultado negativo de la prueba del estudiante - No se requiere una nota del médico y no se permite una fecha de regreso antes Escuela / salones de clase / permanecen abiertos	No se necesita acción
5 Síntomas de COVID19 con o sin exposición conocida y no se evaluó o está esperando el resultado de la prueba	Regrese cuando todo lo siguiente sea cierto: - Los síntomas han mejorado - Han pasado 10 días desde que aparecieron los primeros síntomas - Sin fiebre durante 24 horas, sin usar medicamentos para reducir la fiebre - No se requiere una nota del médico y no se permite una fecha de regreso antes	Si se conoce exposición, consulte # 3



TRACY
UNIFIED SCHOOL DISTRICT

*"The future belongs
to the educated"*

Dr. Brian R. Stephens
Superintendent
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www.tracy.k12.ca.us
[Facebook.com/TracyUnifiedSD](https://www.facebook.com/TracyUnifiedSD)

Fecha: _____

Esto es para informarle que se ha identificado un caso de COVID-19 en nuestra escuela. **Todos los estudiantes y el personal en el salón(es) de clases de su hijo(a) estuvieron expuestos y deben irse a casa de inmediato, incluso si no están enfermos.** La última fecha de exposición en la escuela fue el _____.

COVID-19 se transmite de persona a persona. Esto ocurre entre personas que están en el mismo salón de clases o en contacto cercano entre sí (a menos de 6 pies durante 15 minutos o más) cuando una persona infectada tose, estornuda o habla. Existe un menor riesgo de propagación al tocar una superficie u objeto que tiene el virus y luego tocarse la boca, la nariz o los ojos.

Los síntomas pueden ocurrir de 2 a 14 días después de la exposición. **Los síntomas de COVID-19 son fiebre, escalofríos, tos, dificultad para respirar, cansancio, dolores corporales, dolor de cabeza, nueva pérdida del gusto u olfato, dolor de garganta, congestión o secreción nasal, náuseas, vómitos, diarrea y dificultad respiratoria.**

Su hijo(a) debe hacer lo siguiente:

- Quedarse en casa.
- Cuarentena hasta el _____.
- Seguir las Órdenes e Instrucciones de Cuarentena de los Servicios de Salud Pública del Condado de San Joaquín http://www.sicphs.org/Isolation_Quarantine.aspx

Se recomienda encarecidamente que todo el personal y los estudiantes expuestos a COVID-19 se hagan la prueba.

- Se recomienda la prueba de COVID-19 inmediatamente si se desarrollan síntomas. Llame a la escuela o al departamento de Servicios de Salud de TUSD para informarles sobre los síntomas.
- Si no hay síntomas, se recomienda hacerse la prueba al menos 7-12 días después de la exposición.
- Llame a su médico para programar la prueba. Hay pruebas gratuitas disponibles. Encuentre información sobre los sitios de prueba en el condado de San Joaquín en www.sjready.org
- Notifique de inmediato a la escuela o al departamento de Servicios de Salud de TUSD si el resultado de la prueba COVID-19 es positivo.
- Un resultado negativo de la prueba COVID-19 durante la cuarentena **NO** quiere decir que se puede salir de la cuarentena antes de tiempo.

Si usted tiene preguntas por favor llame al departamento de Servicios de Salud de TUSD (209)830-3241.

Sinceramente,
Erica Contreras
Coordinadora de Servicios de Salud
Tracy Unified School District

- Dolor de cabeza

¿Qué está haciendo el distrito escolar?

Nos mantenemos en estrecho contacto con los funcionarios de salud locales y estatales para asegurarnos de que estamos tomando las medidas adecuadas en las circunstancias actuales, que incluyen:

- Limpieza y desinfección minuciosa y frecuente de superficies de alto contacto.
- Precauciones mejoradas para el control de infecciones, como usar Equipo de Protección Personal (PPE por su sigla en inglés) al trabajar con estudiantes y otras personas.
- Incrementar la disponibilidad de desinfectante de manos.

Apéndice D (página 2):

- *Detección de síntomas de COVID 19 de estudiantes y personal, así como de cualquier otra persona que deba ingresar a nuestras instalaciones.*
- *Proporcionar y exigir máscaras faciales/mascarilla para que las usen los estudiantes y el personal.*
- *Requerir que todos los demás que ingresen a nuestras instalaciones usen cubiertas faciales/mascarillas para ayudar a prevenir la propagación de COVID 19.*
- *Practicar el distanciamiento social como lo indican los CDC y Salud Pública.*

Nuestra principal prioridad es mantener a nuestros estudiantes y personal seguros. En nuestro distrito, estamos siguiendo altos estándares y procedimientos estrictos para una limpieza y desinfección frecuentes y exhaustivas.

¿Qué puedo hacer para mantenerme saludable?

- *Varias veces al día, lávese las manos con frecuencia con agua y jabón durante al menos 20 segundos, especialmente después de ir al baño, antes de comer y después de sonarse la nariz, toser o estornudar.*
- *Evitar el contacto cercano con personas que están enfermas.*
- *Evitar tocarse los ojos, la nariz y la boca.*
- *Limpiar y desinfectar los objetos y superficies que se tocan con frecuencia.*
- *Si no se siente bien quédese en casa y no vaya al trabajo o la escuela.*
- *Busque atención médica si tiene motivos para creer que ha estado expuesto al coronavirus o la influenza. Llame a su proveedor de atención médica antes de visitar el centro de atención médica.*
- *Controle su salud diariamente.*
- *Practique el distanciamiento social.*

También puede consultar el sitio web de los CDC para obtener información sobre COVID 19, incluidos sus síntomas, cómo se propaga y las acciones que puede tomar para proteger su salud:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Tenga en cuenta que el distrito está monitoreando esta situación. Nuestro enfoque es mantener la seguridad de los estudiantes y el personal. Continuaremos actualizando al personal y las familias con cualquier información nueva.

Para obtener información más detallada, comuníquese con los Servicios de Salud de TUSD o con el Departamento de Salud Pública local. A continuación, se proporcionan más recursos.

Sinceramente,

Erica Contreras

Coordinadora de Servicios de Salud

Distrito Escolar Unificado de Tracy

Apéndice E:

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