

Wellness Committee Meeting



Meeting Date:	November 5, 2020
Meeting Start/EndTime:	3:30-4:30
Meeting Location:	Zoom Meeting https://zoom.us/j/92811758724?pwd=QmZvb0twQnZDeDFIS25peElmbHIGZz09
Members Present:	Deb McClellan, Jennifer Walters, Cristen Schultz, Linda Jacobs
Other Attendees:	
Members Absent:	

<p><i>Our Vision:</i> One community of lifelong learners, engaged in creating our culture, where all are safe, valued and accountable to one another for success.</p>	<p><i>Our Mission:</i> Expect excellence, grounded in compassion, to meet the needs of all learners.</p>
<p><i>Strategic Directions: Strategies to Achieve Our Vision</i></p> <ul style="list-style-type: none"> A. Expecting high achievement for all students by improving our practices and building positive relationships B. Understanding and meeting everyone’s social-emotional, mental health, and cultural competency needs C. Operating with and communicating clear expectations, support, and accountability D. Implementing safe and secured schools and environments E. Engaging and partnering with parents, families and community F. Securing and managing all of our resources: people, money, facilities, time 	<p><i>Core Values:</i></p> <p>Excellence: Be my best and expect the best of others Kindness: Concern, compassion, and advocacy for others Respect: Acceptance of self and others as we work together Honesty: Say and do the right thing, even if no one is watching Responsibility: Do my part and be accountable for what I say and do</p>
<p><i>Committee Purpose and Collective Commitments:</i></p>	

<u>Agenda Item:</u>	<u>Type:</u> <u>(Procedural, Information, Briefing, Action)</u>	<u>Discussion/Action:</u> <u>(Minutes)</u>	<u>Person Responsible:</u> <u>(Reports to Superintendent)</u>
Call to Order	Procedural		
<i>Welcome</i>	Information		Jennifer Walters
<i>Wellness Committee Guidelines & Procedures</i>	Briefing	Guidance & Procedures	Jennifer Walter
Triennial Assessment Review	Briefing	Discussed Wellness Policy and adding --Class parties over mealtime should be ordered through School Nutrition Department.	Jennifer Walters
Staff Wellness	Briefing	Flu Shots - October 8, 2020 = 96 given Discounts on CE fitness/wellness classes are still available to staff. Blood Drives on hold - 2 tentatively planned for 2021 Online fitness classes	Linda Jacobs
School Nutrition	Briefing	Hydroponic Garden--FFA and Ag Class Insulated Containers used to safely distribute to classes	Jennifer Walters
Grants Available	Informational		Deb McClelland
Wellness Initiatives at the Schools	Action	Walk/Bike to School - October 2020 - virtual through social media. Painting of playgrounds - some has been completed. Need pictures for SHIP grant. Barrier Pads for Playroom at WK - SHIP mini grant	Committee Input

Student & Parent Involvement	Action	Ask John Casper to post something.	Committee Input
Other business	Informational	Mental Health for Staff Deb---Will help look for material. Help Local Businesses Request administrators from each school to assign a member. Next meeting end of January	
Adjournment	Procedural		