

## Information on Assistance in the Renton area

St. Vincent de Paul (variety of assistance): <http://svdpseattle.org/get-help/>

Salvation Army (variety of assistance – food, clothes, electric bill, and holiday gifts, etc):  
[https://www.resourcehouse.info/win211/Providers/Salvation\\_Army\\_Social\\_Services\\_Department\\_Renton/Water\\_Bill\\_Assistance/1?returnUrl=%2Fwin211%2FSearch%2FTopics%2FBT-8300.1000%2FBus\\_Fare%3F%253fstart%3D81](https://www.resourcehouse.info/win211/Providers/Salvation_Army_Social_Services_Department_Renton/Water_Bill_Assistance/1?returnUrl=%2Fwin211%2FSearch%2FTopics%2FBT-8300.1000%2FBus_Fare%3F%253fstart%3D81)

211

<https://www.resourcehouse.info/win211/> (has info on any assistance needed or questions on where to get help with anything – good resource) You can also just dial the number **2-1-1** and ask your questions.

If you do not have and would like to apply for food benefits:

<https://www.washingtonconnection.org/home/>

Light Bill-COVID-19 Relief Fund-

Apply through PSE, very simple to apply and no SS number required:

<https://www.pse.com/pages/bill-and-weatherization-assistance>

Rent & Utility Assistance:

<https://mschelps.org/gethelp/rentalemergencyassistance/>

[Centro Rendu](#) – for food and rent assistance to the Latino community

Catholic Charities – can help with a variety of things, like food, clothes, etc.

<https://ccsww.org/get-help/shelter-homeless-services/emergency-assistance/>

Energy Assistance offered by Salvation Army's Social Services Department in Renton

<http://renton.salvationarmy.org>

425-255-5969

[Para Los Niños](#) – for grocery cards for their community family members

RAYS (Renton Area Youth & Family Services) – provides assistance with a lot of things – diapers, food, parent support & education, free play & learn groups for children, etc.

1025 South 3rd St, Renton, WA 98057

425-271-5600 – call for an appointment

Free Grocery Store address is St Matthew's Lutheran Church at 1700 Edmonds Ave NE Renton, WA 98056

Every Monday from 5:30-7:30pm

Drive-through only, no-contact. No ID needed.

Free Grocery Event – 12643 Renton Ave S, Seattle WA 98178 (Skyway area)

Saturdays from 10a – 12pm, no ID needed

Breakfast/lunch meals offered on Mondays and Wednesdays 11 a.m.-12:30 p.m. The student does not need to be with you to get the free meal. You do not have to sign up in advance. Find the site closest to you.

**MEALS ARE SERVED AT THESE SCHOOLS AND COMMUNITY LOCATIONS:**

**LIST OF SCHOOLS TO GO TO AND RECEIVE YOUR FREE MEALS FOR THE WEEK:**

- [Benson Hill](#)
- [Bryn Mawr](#)
- [Campbell Hill](#)
- [Cascade](#)
- [Hazelwood](#)
- [Highlands](#)
- [Honey Dew](#)
- [Kennydale](#)
- [Lakeridge](#)
- [Maplewood](#)
- [Renton Park](#)
- [Sartori](#)
- [Sierra Heights](#)
- [Talbot Hill](#)
- [Tiffany Park](#)
- [Dimmitt Middle School](#)
- [McKnight Middle School](#)
- [Hazen High School](#)

**COMMUNITY SITES (APARTMENT COMPLEXES):**

- Creston Point, [13445 Martin Luther King Jr. Way, Seattle](#)
- Green Tree, [6900 S 125th St, Seattle](#)
- Plum Tree Park, [200 SW 5th Pl, Renton](#)
- Royal Hills, [3000 Royal Hills Dr SE, Renton](#)
- Stonebrook, [12210 SE Petrovitsky Rd, Renton](#)