

Rokeby Primary School



Newsletter



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We kindly ask that you wear a mask when visiting the school office . Thank You.

It has been another busy week here at Rokeby, we are getting closer to the holidays but our learning hasn't slowed down. We had an amazing crazy hair day last week so thank you to everyone who participated and donated money towards our PTA. We raised a total of £72.65.

Warwickshire has now moved into Tier 3. For more information on what this means for you and your family, please visit WWW.GOV.UK. If you need any help or support, please reach out to us. We will continue to support the children through these difficult times and maintain everything we have put in place so far to stay a COVID safe school.

Please make sure you check the important dates section as we have some fun days coming up!

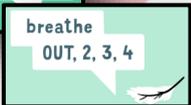
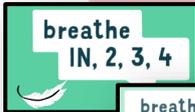
Mrs James

Useful Resources

We understand that this year has been different. There are lots of great resources available online to help everyone in the family. Childline have got tons of resources available such as their amazing 'Calm Zone'. The 'Calm Zone' features lot of brilliant activities and tools to help ease anxiousness and aid calming down. In the 'Calm Zone' you will find yoga videos, games, breathing techniques, advice videos on how to cope and much more.

There is also a feature called 'coping kit'. Here you can select from different options which help you focus your attention better to help cope with what is going on. It offers children, and adults, various ways to keep busy, advice on how to use your senses to stay calm, creative learning and physical activities.

To access these free resources, visit www.childline.org.uk and go to the toolbox tab.



Crazy Hair Day

Thank you to everyone who went all out for our crazy hair day last Friday. It was amazing to see everyone's greatest hairstyles! These were some of our favourites;





Remote Music Tuition



Warwickshire Music is now able to offer online teaching to all pupils.

This will be on a first come, first served basis and where possible, existing students will be matched up with their current teachers.

Register now for lessons!

Please visit warwickshiremusichub.org/online-tuition for more information and to submit your application.

What Have We Been Learning About?



Nursery: As part of their topic called Celebrations, this week the Nursery children have been thinking about birthdays. Activities have included listening to stories such as Teddy's Birthday, creating cards for teddy, making party hats, making playdough cakes, counting pom poms onto party hats and having role play birthday parties!



Reception: We have started to learn about the seasons as we move into winter. The children have been making bouncy snowmen and ordering the instructions of how they are made. They have also learnt all the phonemes for phase 2 in phonics and are now practising using them to read short words.



Practise the 5 Ways to Wellbeing this festive season

With Warwickshire under strict restrictions to prevent the spread of coronavirus, December this year will feel a little different. Because of this, it's really important to look after our wellbeing (that goes for children, young people and parents/carers too!). The 5 Ways to Wellbeing are research-based steps we can take to improve our wellbeing. They are:

Connect



Be active



Keep learning



Give



Take notice



Weekly Wellbeing Tip

Stay Active! Visit the National Trust website. Here you can plan wintery walks and learn new eco crafts! There are also lots of other activities to keep you active this winter.



SAVE THE DATE:
FRIDAY 11TH DECEMBER



NATIONAL



SANTA DASH

This December, don't grieve alone... Try Bereavement Point

NHS support group twice a week

Monday: meetings online

Tuesday: meetings 2 - 3.30 pm at

Moriartys Cafe, 28 Regent St, Rugby

To find out more, contact:

02476 965131 or 07500 782 658

uhc-tr.compassionatecommunities@nhs.net

Poppy Appeal

As a school, we raised £185.41 for The Royal British Legion. We are very proud and would like to thank everyone who donated.



Important Message to Parents

Please ensure that you are not crowding at the gates or gathering on the playground during drop off and pick up times. We ask that everyone adheres to the governments social distancing guidelines so we can keep our school as safe as possible. Thank you.

Confidential Help Line

Parents now have the opportunity to confidentially text Warwickshire School Health and Wellbeing Service on a dedicated Parent/Carer text number with any concerns they may have about their son/daughter's health and wellbeing.

The text only number is: 07520619376

Important Dates



DATE	EVENT	INFORMATION
11/12/2020	Christmas Jumper Day	Wear your most festive jumper!
16/12/2020	Christmas Dinner Day	Christmas Deli Bag, Festive Wear and Santa's Sleigh.
18/12/2020	Last Day of Term	Last day of school term before Christmas Break.
04/01/2021 & 05/01/2021	Teacher Training	School closed to students for teacher training.
06/01/2021	Start of Term	All students to return to school.

Rokeby Primary is part of the Stowe Valley Multi Academy Trust.

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Rokeby Primary School is committed to safeguarding and promoting the welfare of children and young people and expects everyone to share this commitment.

PART OF STOWE VALLEY MULTI ACADEMY TRUST