

# RECRUITING CALENDARS

NCAA member schools limit recruiting to certain periods during the year. Recruiting calendars promote the well-being of college-bound student-athletes and ensure fairness among schools by defining certain periods during the year in which recruiting may or may not occur in a particular sport. Due to the COVID-19 pandemic, recruiting calendars may be adjusted. For the most up-to-date information, visit [ncaa.org/student-athletes/resources/recruiting-calendars](https://www.ncaa.org/student-athletes/resources/recruiting-calendars).

## Men's Basketball, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time. A coach may begin sending you recruiting materials and electronic correspondence June 15 between your sophomore and junior year in high school.
<b>Phone Calls to a Coach</b>	You or your family may call a coach at any time.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning June 15 between your sophomore and junior year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning the first day of your junior year in high school. Contacts made in your junior year may occur at your educational institution except for during the April recruiting periods, when off-campus recruiting contacts may be made at your educational institution or residence.
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense beginning Aug. 1 of your sophomore year in high school.
<b>Official Visit</b>	A college may pay for you and two family members to visit the college beginning Aug. 1 of your junior year in high school. Up to five official visits can be taken between Aug. 1 of your junior year and the completion of your junior year. An additional five official visits may be taken between the day following completion of your junior year and Oct. 15 following completion of high school.

## Women's Basketball, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time. A coach may begin sending you recruiting materials and electronic correspondence Sept. 1 of your junior year in high school.
<b>Phone Calls to a Coach</b>	You or your family may call a coach at any time.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning Sept. 1 of your junior year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning March 1 of your junior year in high school. Contacts made during your junior year may occur at your educational institution or residence.
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense at any time.
<b>Official Visit</b>	A college may pay for you and two family members to visit the college beginning the Thursday following the final game of the Women's Final Four during your junior year in high school.

## Football, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	<p>You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time.</p> <p>A coach may begin sending you recruiting materials and electronic correspondence Sept. 1 of your junior year in high school.</p>
<b>Phone Calls to a Coach</b>	You or your family may call a coach at any time.
<b>Phone Calls from a Coach</b>	A coach may call you one time between April 15 and May 31 during your junior year of high school. Beginning Sept. 1 of your senior year of high school, a coach may call you one time per week outside a contact period and make unlimited calls during a contact period.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning July 1 following the completion of your junior year of high school or opening day of classes of your senior year (whichever comes first).
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense at any time.
<b>Official Visit</b>	A college may pay for you and two family members to visit campus beginning April 1 of your junior year through the Sunday before the last Wednesday in June. After this date, a college may provide you the expense-paid visit after Sept. 1 of your senior year.

## Men's Ice Hockey, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	<p>You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time.</p> <p>A coach may begin sending you recruiting materials and electronic correspondence Jan. 1 of your sophomore year in high school.</p>
<b>Phone Calls to a Coach</b>	You or your family may call a coach beginning Jan. 1 of your sophomore year in high school.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning Jan. 1 of your sophomore year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning Aug. 1 of your junior year in high school.
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense beginning Jan. 1 of your sophomore year in high school.
<b>Official Visit</b>	A college may pay for you to visit the college beginning Aug. 1 of your junior year in high school.

## Lacrosse and Softball, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	<p>You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time.</p> <p>A coach may begin sending you recruiting materials and electronic correspondence Sept. 1 of your junior year in high school.</p>
<b>Phone Calls to a Coach</b>	You or your family may call a coach beginning Sept. 1 of your junior year in high school.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning Sept. 1 of your junior year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning Sept. 1 of your junior year in high school. Contacts made during your junior year may occur at your educational institution or residence.
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense beginning Sept. 1 of your junior year in high school.
<b>Official Visit</b>	A college may pay for you to visit the college beginning Sept. 1 of your junior year in high school.

## Baseball, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time. A coach may begin sending you recruiting materials and electronic correspondence Sept. 1 of your junior year in high school.
<b>Phone Calls to a Coach</b>	You or your family may call a coach at any time.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning Sept. 1 of your junior year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus immediately following July 1, following the completion of your junior year of high school or opening day of classes of your senior year (whichever is earlier).
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense beginning Sept. 1 of your junior year in high school.
<b>Official Visit</b>	A college may pay for you to visit the college beginning Sept. 1 of your junior year in high school.

## All Other Sports, Division I

Recruiting Method	
<b>Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)</b>	You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time. A coach may begin sending you recruiting materials and electronic correspondence June 15 between your sophomore and junior year in high school.
<b>Phone Calls to a Coach</b>	You or your family may call a coach beginning June 15 between your sophomore and junior year in high school.
<b>Phone Calls from a Coach</b>	A coach may call you or your family beginning June 15 between your sophomore and junior year in high school.
<b>Off-campus Contact</b>	A college coach may have contact with you or your family off the college's campus beginning Aug. 1 of your junior year in high school.
<b>Unofficial Visit</b>	You and your family may visit a college at your own expense beginning Aug. 1 of your junior year in high school.
<b>Official Visit</b>	A college may pay for you to visit the college beginning Aug. 1 of your junior year in high school.



## Divisions II and III

RECRUITING METHOD	DIVISION II	DIVISION III
<b>Recruiting materials</b>	You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time. A coach may begin sending you printed recruiting materials June 15 immediately preceding your junior year in high school.	You may receive printed materials any time.
<b>Telephone calls</b>	No limit on number of calls by college coach beginning June 15 immediately preceding your junior year. You may make calls to the coach at your expense.	No limit on number of calls or when they can be made by the college coach. You may make calls to the coach at your expense.
<b>Off-campus contact</b>	A college coach may have contact with you or your parents/legal guardians off the college's campus beginning June 15 immediately preceding your junior year. No limit on number of contacts off campus.	A college coach may have contact with you or your relatives or guardians off the college's campus after your sophomore year. No limit on number of contacts off campus.
<b>Unofficial visit</b>	You may make an unlimited number of unofficial visits any time, except during a dead period.	You may make an unlimited number of unofficial visits any time.
<b>Official visit</b>	A college may pay for you to visit the college beginning June 15 immediately preceding your junior year. Between June 15 before your junior year and the end of your senior year in high school, you may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.	A college may pay for you to visit the college beginning Jan. 1 of your junior year in high school. There is no limit to official visits to Division III colleges. However, you may only be provided one visit per college.



## QUESTIONS TO ASK

While you are on a campus visit, consider asking questions about these topics to learn more about the school, athletics program and life on campus. You also can get suggestions of questions to ask coaches and administrators at [ncaa.org/student-athletes/future/choosing-college](http://ncaa.org/student-athletes/future/choosing-college).

- Academic resources.
- Scholarship renewals.
- Financial aid and cost of attendance.
- Admissions requirements.
- Study abroad/internships.
- Athletic training and medical expenses.
- Degree programs and graduation rates.
- Team time demands.
- On-campus housing.
- Coaching philosophy and style.
- Injuries and rehabilitation.
- Graduation rates.
- Schedule planning and time management.
- Playing time.
- Mental health resources.

### REMEMBER



In addition to receiving your academic and amateurism certification from the NCAA Eligibility Center, you also must apply and be accepted to your DI or DII college before you can compete on campus.