



Parent Information Night

Winter Season

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Morristown-Beard School



WINTER SEASON OVERVIEW

- Winter changes/COVID-19
 - Captains Practices
 - Opening Day for each winter sport
 - COVID-19 Guidelines and Protocols
 - Transportation
 - Spectators
 - General Policies
- Athletics Mission and Philosophy
- Educational-Based Athletics
- Nuts and Bolts
- Partnership-Communication
- Website
- Meet Your Coaches *ZOOM LINKS



WINTER SEASON-PRE-SEASON PRACTICES/GAMES

- Pre-Season
 - Mandatory for team evaluation
 - **Practice begins Monday, December 14th for Boys Hockey, Girls Hockey and Ski**
 - Practice begins Monday, January 11th for Boys and Girls Basketball
 - Practice begins Monday, February 1st for Winter Track and Swimming
 - Student-Athletes must be present for the entirety of the pre-season (approximately 2-3 weeks depending on sport) to be eligible for participation on a Winter team
- Games:
 - **Monday, January 4-Wednesday, February 17- Boys Hockey, Girls Hockey and Ski**
 - Tuesday, January 26- Saturday, March 6- Boys and Girls Basketball
 - Tuesday, February 16- Saturday, March 26-Winter Track and Swimming
 - Each program assigned 1 scrimmage
 - Season will be 6 weeks (approx. 2-3 games per week). Max number of contests is 15 for each sport
- Season 2A and 3 overlap



WINTER SEASON- COVID-19 GUIDELINES

- Guidelines established by CDC, NJDOE, NJDOH, NJSIAA
- General Guidelines will mirror the Fall guidelines
- Venue Guidelines and Team Specific Guidelines and Policies forthcoming
- MBS General Guidelines for Parents/Student-Athletes
 - Face masks for student-athletes
 - No out of state competitions
 - No spectators allowed at scrimmages, games, meets or races at this time
 - No food provided to student-athletes, no banquets or team dinners
 - Locker room/weight room policy is being finalized
 - Shuttle to twin oaks for Ice Hockey is still being finalized
 - All winter student-athletes, faculty, staff and coaches will be screened weekly through the mandatory saliva pool testing



WINTER SEASON- COVID-19 POLICIES

- Training Room
 - Form will be created for students to sign up for treatment
 - Social distancing and face coverings
 - Cleaning schedule similar to restrooms
- Restrooms
 - Designated restroom for student-athlete use
 - Cleaning schedule
- Weight Room
 - Protocols and guidelines are being established
 - Hopeful we can open weight room soon
- Locker Rooms
 - As of 11/30/20 are not available for use , hopeful we can open soon
 - Students must come to school with athletic clothing
- Transportation
 - MBS will utilize MBS busses as well as contracted busses
 - Busses will be filled from back to front and follow social distancing protocol (50%)
 - Face coverings
 - Shuttle to Twin Oaks for Hockey- times being finalized
- Spectators
 - As of 11/16/20 NJ Executive Order 196 spectators prohibited at this time



MISSION

- Athletics is a vital part of the whole MBS experience
- Promote physical and educational well-being of student-athletes
- Commitment to values of fair play and sportsmanship
- Provide quality facilities and an outstanding staff
- Participation goes hand-in-hand with academic growth
 - Educational-based athletics



PHILOSOPHY

- Provide competitive athletic environment within education-based athletics
- No cut but roster limitations for certain sports
- Programmatic philosophy
 - Varsity
 - Sub Varsity
 - Freshman
- Have fun!



EDUCATIONAL-BASED ATHLETICS





MBS ATHLETICS PAPERWORK

- Magnus Health
 - Physical Forms
- School Nurse Forms
 - Dental
 - Emergency Medical Info
 - Consent to treat
 - Immunizations
- Online Sign Off (Athletic Department)
 - Health History Update
 - Cardiac
 - Steroid
 - Concussion
 - Sharing
 - Medication info and Action plans
 - COVID forms *new 2020
 - Banned Substance
 - Eye Injury
 - Opioid
 - ImPact testing



MBS ATHLETICS INJURIES

- Assumption of risk as a member of a sports team
- Must notify Head Coach and see School Athletic Trainer immediately
 - Daisuke Sato
 - If you take your child to the ER or physician please notify school immediately
 - Need doctor's note to clear for return to practice/play
 - Injury off-site must notify coach, see the Athletic Trainer at the site
 - See Daisuke next school day



COMMUNICATION

- 24-hour rule
 - Please allow 24 hours after a contest to approach a coach with any concerns you may have. If you are not satisfied with the meeting you may express your concerns to the Athletic Department in writing.
I am happy to meet with any parent at anytime!
- Encourage son/daughter to speak with coach first
- Please refrain from daily emails to coaches
- Excessive texting is discouraged
- Refrain from posting on social media
 - Be very careful of your online footprint
 - Any Twitter page used for a team must be approved by the school



SPORTSMANSHIP

- NJAC conference Code of Conduct
- Player's play, coaches coach, officials officiate, parents watch and have fun
- Sportsmanship Message – emailed to all families when our game season begins
- 3 B's for All-Star Parents
 - Be There
 - Be Positive
 - Be Seated



SOCIAL MEDIA

- MBS SOCIAL MEDIA POLICY

- As student-athletes, each individual is expected to portray themselves, their team and the School in a positive manner at all times. MBS enforces a “do-no-harm” policy of social media use, with “harm” broadly defined as a misuse of social media towards any individual, the MBS Community, the School and its reputation. The students are aware that we have a strong stance against any derogatory remarks that may hurt their teammates, coaches or disrespect opponents. And, any instances of abuse will be met with potential consequences within the team as well as disciplinary action here at school. We do however, have regular conversations with the students about being mindful of their digital footprint, and we aim to empower students to make responsible and ethical decisions when using social media. Finally, we take pride in celebrating the success of our athletes through several different platforms, so we encourage you all to follow us online as we support each team in their endeavors.

- Parent Twitter and Instagram accounts are not “official pages of MBS”
- @AthleticsMBS is official twitter page for MBS Athletics
- @MorristownBeard is official Twitter page for MBS School



LOCKER ROOM/ TEAM ROOMS

- AS OF 11/30/20 LOCKER ROOMS ARE NOT AVAILABLE FOR USE ON OR OFF CAMPUS

*COVID-19 REGULATIONS

- MBS Locker Room
 - Team rooms
- Lock items at all times
 - Please encourage your son/daughter to purchase a lock from the bookstore
- Expectations for students
 - Be responsible
 - Be respectful
 - Be committed



WEBSITE

- www.mbs.net
 - Athletics
 - Link on homepage for **MBS rSchool**
 - Teams
 - Schedules
 - Scores
 - Subscribe to notifications and link to your calendar
 - Coaches Letters, Resources and Links- now can be accessed through the parent portal



rSchool

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Morristown-Beard
School

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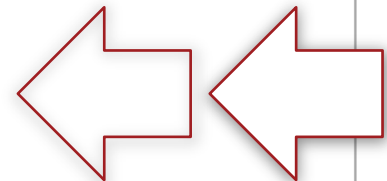
[ATHLETICS](#)

[STUDENT LIFE](#)

Athletics are a vital part of the Morristown-Beard School experience. The opportunities to play, coach, or otherwise support our teams allow our athletics to embrace the entire community, including students, faculty, staff, and parents.

More than 80 percent of our students play at least one sport. Our athletes honor the same values we embrace in the classroom. Our coaches aspire to the same ideals as our teachers: to help all our young people find the very best in themselves. We put great emphasis on participation, with an unwavering commitment to the fundamental values of fair play and sportsmanship.

[VIEW PRACTICE, GAME AND MEET SCHEDULES FOR ALL TEAMS AND SEASONS](#)





rSchool-Page 2

https://www.nwjerseyac.com/public/genie/235/school/22/



Morristown-Beard School Athletics

CALENDAR

SCORES AND STANDINGS

< Today > July 2019 ▾

Week Month

COLLAPSE MENU

GO

JULY 2019

SU	MO	TU	WE	TH	FR	SA
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

VIEW BY TYPE

VIEW SCHEDULES

GET THE MOBILE APP

NOTIFY ME

LOGIN

Tuesday, July 23, 2019

TIME	EVENT	DETAILS
3:30pm- 5:00pm	Summer Weight Room Hours	MBS Weight Room
4:30pm- 6:30pm	Volleyball Open Gym	MBS Auxillary Gym, MBS Main Gym
5:00pm- 7:00pm	Scarlet Aquatics	MBS Rooke Pool
5:00pm- 6:30pm	Soccer Girls Captain's Practice	MBS Fessenden Soccer Field
6:00pm- 7:30pm	FC USA	MBS Billings Turf Field
6:30pm- 8:30pm	FC USA	MBS Fessenden Soccer Field
7:30pm- 9:00pm	FC USA	MBS Fessenden Soccer Field

Wednesday, July 24, 2019

TIME	EVENT	DETAILS
3:30pm- 5:00pm	Summer Weight Room Hours	MBS Weight Room
4:00pm	Basketball Boys Summer Open Gym	
4:00pm- 6:00pm	Scarlet Aquatics	MBS Rooke Pool





rSchool-Page 3

← → ↻ <https://www.nwjerseyac.com/public/notify/genie/235/school/22> ☆ 🛡️ 👤 🔴



Morristown-Beard School Athletics

Welcome to Morristown-Beard School Athletics's Notify Me!

← Back

Set yourself up to receive automatic text and email notifications for schedule changes and reminders for those activities you want to track. Log back in anytime to modify your settings

Already have an account? Login Now

Email Address

Please enter your registered email address

Password

🔒 Login

Forgot your password?

Enter your Email Address and click [here](#)

Don't have an account yet? Create it now!

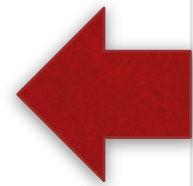
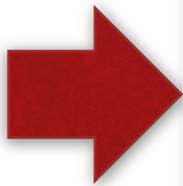
Email Address

Please enter your preferred email address

Password

Create a password

🔒 Create My Account





MBS ATHLETICS EQUIPMENT AND UNIFORMS

- Online Store/Apparel
 - On-line store closed, all orders should be received at your home address
- Most equipment needed by student-athlete issued by School, however, many sports students will purchase equipment on their own
- School issued uniforms are required for all sports
 - Some purchase elements to uniform (socks)
 - Others are collected back at end of season
 - Failure to turn in uniform by deadline will result in a bookstore charge to replace



MBS ATHLETICS CONCUSSION POLICY

- NJSIAA CONCUSSION POLICY
- ImPACT CONCUSSION TESTING
 - 9th and 11th grade
- MBS Concussion Management Team
- Return to Play and Return to Learn Protocol
 - Student/Parent Handbook
- “Concussion in Sports – What You Need to Know”
 - www.nfhslearn.com
 - Free





COLLEGE ATHLETICS

College Counseling Department

- Student Athlete – College Planning Info
- NCAA Eligibility Center
- Division 1 Signing Days
- Visit the MBS College Counseling Page on Website
 - Great information for Prospective Student-Athletes
 - Links
 - Noreen Cassidy – Director of College Counseling
 - ncassidy@mbs.net



MEET THE COACHES

Questions- jdzama@mbs.net

Log into your sport via ZOOM. Specific questions can be asked at this time.

- Boys Basketball
- Girls Basketball
- Boys Hockey
- Girls Hockey
- Winter Track
- Swimming
- Ski