## October 23, 2015

Lake Washington School District

### Vote - November 3

Want to teach your children a civics lesson? November 3 is Election Day. Think about involving your children in the voting process. And be sure to mail your ballot by the November 3 deadline. For more information about the November 3 election or eligibility, visit the <u>Secretary of State website</u>.

Connections

### "Bully Free Zone!" is theme for National School Bus Safety Week

The week of October 19-23 is National School Bus Safety Week, sponsored by the National Association for Pupil Transportation. The week's theme is "Bully Free Zone!" It reminds students that buses should be a safe place for everyone. LWSD bus drivers have been trained in how to intervene if they witness bullying.

### Safety Spotlight: Being prepared takes practice

On October 15 at 10:15 a.m., schools in LWSD participated in the Great Washington ShakeOut, a state-wide earthquake drill. This is not the only time that schools practice what to do in an emergency. State law requires six fire drills each year. Lake Washington School District adds three more drills yearly, including an earthquake drill and a lockdown drill.

These drills are entered into the Rapid Responder system, a statewide online system that tracks safety efforts and also documents school building information for use by first responders in case of an emergency. The ultimate goal is to have students and staff who are prepared should an emergency occur on campus.

# Final Reminder: Elementary and Middle School Applications for Highly Capable Programs due October 30

Online applications for Kindergarten-1st Grade Highly Capable (K-1HC) services, Elementary Quest and Middle School Quest are now available on the district website. Applications will be accepted until **October 30, 2015, at 4 p.m.** Late applications will not be accepted. More information can be found on the district website.

### Training Opportunity: Practical tips for supporting unmotivated students

Want to learn how to support unmotivated students? Join us **Thursday**, **October 29, at 6:15 p.m**. at the Lake Washington School District Resource Center (16250 NE 74th Street, Redmond) for a free training with **Ken Wong**, Teen Programs Administrator for the City of Redmond. This event was designed for LINKS volunteers, but is open to anyone who wants ideas on how to support struggling or unmotivated students. Wong's training will focus on the balance between building connections with students and getting work done. He will also share practical tips for supporting unmotivated youth and dealing with off-task students. The event is limited to 40 people, so RSVP to <u>Nanci Wehr</u>, LINKS Program Coordinator, to reserve your space.

### School News

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Student safety: Preventing and managing concussions High school sports can offer formative and life-long lessons but they also come with risks. In recent years, research has added to the knowledge about the dangers of concussion and head injuries in high school sports. This fall, Lake Washington School District took several steps to reduce the risk of concussion, beginning with the sports with the highest incidences of concussion -football and girls' soccer. Read more.



#### Juanita High School students participate in National Manufacturing Day

Thirty Juanita High School students visited Cascade Engineering Services, Inc., on National Manufacturing Day, October 2. Students toured six areas of the company. They talked with employees who performed testing in each area. The students represented engineering, architecture, material science, and computer science classes. <u>Read more</u>.

Quick Links
Upcoming Events
Peachjar e-flyers

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