The Athletic Student Leaders are halfway through their 6-week intensive.

- **Week 1** they worked on being detail-oriented and focused on making their bed, picking up trash, saying “Yes, sir; yes, ma’am,” refraining from using foul language, and being the first to say “Bless you?” when someone sneezes.
- **Week 2** they worked on having a healthy mindset by texting an accountability partner 3 things they’re thankful for, 3 things that would make today great, and an “I am...” positive affirmation statement daily.
- **Week 3** they worked on being effective communicators by utilizing Voice-to-Text on their devices. Check in with our Athletics Student Leaders and ask them what they’ve learned so far!

**Coaches’ Breakfast Meeting** - ”November meeting moved”
December 10  8:00am

**Topic:** How to best connect with our players during on-line learning
Zoom link: [https://kentdenver.zoom.us/j/99014716254](https://kentdenver.zoom.us/j/99014716254)

**Athletics’ Calendar November-June subject to change**

**SEASON B:** Basketball, Ice Hockey, and Girls’ Swimming begin on January 4th

**SEASON C:** Field Hockey, Football, Boys’ Soccer and Volleyball begin on March 1st.

**SEASON D:** Baseball, Boys’ and Girls’ Lacrosse, Girls’ Soccer, Girls’ Tennis, Girls’ Golf, and Track and Field begin on April 26th

**Middle School Sports**
Middle School Winter Sports are on hold while Tri-County is in Level Orange and KDS transitions to remote school through January 8th.

MS coaches and the Athletics Department are excited and ready to get started as soon as we get the green light!

Our primary goal is keeping our students active, healthy, and safe during these unprecedented times.